

## **Impact of the Internet on the Life of a Student**

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### **Abstract**

The modernization and difficulty of Internet technology not only benefit users but also have unfavorable effects on users, particularly on students. It is based on the following objective: to find out the times of using of internet and Impact of internet use. According to a study of 125 students, Internet use has become addictive, more likely to have negative effects, and provide less support for academic activities. This research adopted a survey-based design for the collection of all the questionnaire used. The collected data were analyzed using Microsoft Excel 2007 statistical software. The research found a negative relationship between internet addiction and motivation to study. Those having internet addiction are found to be more depressed, stressed and anxious, as compared to those who are not having internet addiction. In a study conducted at private secondary school in Udayapur district of Triyuga Municipality, researchers found that those who rely on the internet, 45.6% respondents access time in internet during the meal time and 35% student use internet for more than 6 hour, 38% students frequently use internet for social media and 80% students internet to watch YouTube as well as 44% student use the internet for online games activity. Internet's impact on education is that students may spend more time on internet than on learning.

**Keywords:** private school, internet use, NTA, social media, games

### **Introduction**

The internet has become an essential part of modern life, transforming the way we communicate, access information, and conduct various activities. For students, the impact of the internet is particularly significant, as it influences nearly every aspect of their academic and personal lives. From educational resources and research opportunities to social

interactions and entertainment, the internet has revolutionized the student experience in profound way.

Siraj et al., (2015) identified the Internet as the primary information and communication technology that has led to a quality shift in the global information situation.

The Internet is a network of millions of interconnected computers around the globe. It is a medium that does not place restrictions on the amount of information that can be accessed by a user, and it is used heavily by many people due to its many benefits for streamlining work and increasing effectiveness and efficiency. The effectiveness and efficiency of a specific Internet, like the Internet, may be seen in the way that it offers its users a wide range of services that make life easier and more enjoyable. The growth of information and communication technology is being facilitated by the existence of the internet.

According to Kim (2011), the fulcrum of teenage educational achievement is using the internet for academic reasons. This article aims to explore and examine the impact of the internet in the life of a student. It delves into the multifaceted effects of internet usage on students, shedding light on both the positive and negative aspects. By understanding these impacts, educators, parents, and policymakers can better support students in navigating the digital landscape and harnessing the full potential of the internet while mitigating any adverse consequences.

The internet's enormous quantity of educational resources and knowledge is one of its main advantages for students. Students can access a wide range of academic articles, e-books, online courses, and tutorials with just a few clicks, catching the limits of conventional classroom resources. Students can use the internet to research topics more thoroughly, take part in self-directed learning, and discover topics outside of their academic program. Furthermore, the internet has transformed collaboration and communication among students.

Online platforms and tools facilitate seamless interaction, enabling students to collaborate on group projects, share ideas, and provide feedback regardless of geographical boundaries. This opens up new avenues for global connections and cross-cultural learning experiences, fostering a sense of global citizenship and promoting diverse perspectives.

### **Statement of the Problem**

- Nowadays students become more dependent on the internet.
- The internet causes laziness and it hasn't made students smarter.
- The Internet provides knowledge, but students are usually playing games instead.
- The internet is responsible for changing the behavior of students, especially in the way they react and respond to their environment.
- It causes students to become slow and thoughtless since they are addicted to it. The Internet is a time waster and contains far too many distractions.

### **Objectives of the Study**

The main objective of this research was to find out the timings of using internet life of a student and the impact of internet use for the student life.

### **Limitation of the Study**

Since the study is based on original data obtained by questionnaires, the results are subject to all limitations associated with the primary data. As a result, the sample size was limited to 125 respondents due to time constraints. The information provided by the respondents served as the basis for the conclusions.

### **Literature Review**

The use of the internet draws users' eyes to the world's vastness around them. The internet gathers various types of data that college students and senior high school students use (Akin-Adaeamola, 2014; Yebowaah, 2018).

The term "Internet" or "Internetworking" refers to the global computer network that connects all of the other computer networks (such as the Intranet, Wide Area Network, Metropolitan Area Network, Personal Area Network, etc.) with all of the computers, connected devices (such as smart phones and tablets), switches, routers, hubs, and other connecting devices. Between 1996 and 2001, there was a significant increase in the amount of time spent using e-mail and surfing the web; different Internet usage patterns have been linked to both positive and negative outcomes; signs of the condition have been linked to a variety of internet activities, including shopping, playing games, and research; and the study's findings suggest that Internet use is one of the primary factors influencing students' academic performance and social lives. Studies now show that adolescents use the internet for different purposes that stem from an adolescent interest in leisure activities (Bragdon & Dowler, 2016; Ogedebe, 2012; Singh et al., 2013).

Social media platforms have proliferated, providing people with new avenues for interpersonal interaction and global communication. Between 2004 and 2006, social networking saw a surge in popularity because of the creation of Facebook and MySpace. For instance, Facebook, which has more than 500 million users and is continually expanding, has roughly 85% of students as users. These numbers are anticipated to rise as Facebook users increase. The internet is undoubtedly a technical advancement, but social networks are harmful to youngsters. Social networks have grown in popularity and recognition recently (Baria, 2021).

Ninety-one per cent of the country's population has access to the internet in the country, the Nepal Telecommunications Authority (NTA) says in a report (RSS, 2021). The usage of the Internet is currently becoming more and more common, not just in wealthy nations but also in a large number of emerging nations, such as Nepal, India, and China. Although most people's time spent online can be highly productive; excessive Internet use

can have a negative impact on family life, the workplace, and interpersonal connections. It's possible that you or your kids are already overusing the Internet (Internet addiction) if you or your kids feel more at ease with friends online than with friends in the real world, or if you can't stop playing online games or unlocking your phone or other device.

### **Methods**

Research design is defined as a framework of methods and techniques chosen by a researcher to combine various components of research in a reasonably logical manner. This research was based on quantitative research survey method. The Data was collected using primary data set through the distribution of questionnaire. Questionnaires to acquire primary data through the best suitable research are based on observation and survey. The researcher used non-probability sampling method of two private secondary schools in the Udayapur district of Triyuga Municipality. The researcher only Selected 125 student respondents by using purposive sampling method.

### **Results and Discussion**

#### **Internet uses time**

##### ***Student Access Time in Internet***

The survey conducted by the researcher of the 125 respondents said they have all been familiar with the internet and always use. Students can use internet in different access time which they want to use. There are no any time constraints to use of Internet. The time period of use by students in internet is presented in table 1.

**Table 1**

##### ***Student Access Time in Internet***

Student Access in Internet	Number of Students	Number of Students in(%)
During my free time	10	8
While at school	2	1.6
During meal times	57	45.6
Any Spare time	56	44.8
Total	125	100

Table 1 shows that 46% students (i.e) 57 used Internet during their meal times. This research found that 45 % used internet in their spare time. Similarly, 8% used internet in free time and other 2% used internet at school time. We can conclude that most of students used internet at their meal as well as at spare time.

### ***Amount of Time Spent by Students on Internet***

Students can use huge amount of time in internet in their own interest and need in daily life. The amount of time spent by students in internet is represented in table 2.

**Table 2**

### ***Amount of Time Spent by Students in Internet***

Amount of time spent by students in internet	Number of Students	of Number of Students in (%)
1 hour or less	5	4
2-3 hour	35	28
4-5 hour	41	32.8
6 hour or more	44	35.2
Total	125	100

Table 2, shows that 35% students used internet daily for 6 hours or more. This research found that 4% of students used internet less than one hour in their daily life. Similarly,33% that is 41 students used 4-5 hours internet to fulfill their own demand and 28 % used 2-3 hours in their daily life for different purposes. According to students response we can conclude that most of student used internet for 6 hours or more to meet their demands.

### **Impact of Internet Use**

#### ***Internet for Social Media***

At this time, social deviations such as less or a desire to avoid hanging out with peers are felt most strongly. Students are more likely to prefer being confined or cool on social media than hanging out with friends nearby because they are more concentrated there, regardless of what is going on in the real world. This is demonstrated by what the questioner did with the data.

**Table 3***Use of the Internet for Social Media*

Use of the internet for social media	Number of students	Number of students in %
Rarely	25	20
Frequently	48	38.4
Always	38	30.4
No idea	14	11.2
Total	125	100

Table 3, shows the responses of 125 respondents. Of these, 48 respondents (38.4%) said they frequently use the Internet for social media, 38 respondents (30.4%) said they always use it, 14 respondents (11.2%) said that no any idea for social media and 25 respondent (20%) said they rarely do so.

***Internet for online games***

He/she spends a lot of time playing this game. Additionally, the time that should be spent to assist kids who require assistance, parents presumably used the cafe to hunt for assignment materials. While parents may be aware of the opening times of gaming websites, they may not be aware if their children skip school, due to the normal farewell from home after wearing a school uniform and carrying a school bag. But it was in the bag already there is a change of clothes so as not to get caught out later in café. Students are nowhere. Parents only realized after a call from the school that their children skipped school often and when questioned they admitted, playing online games.

**Table 4***Use of the Internet for Online Games*

Use of the Internet for online games	Number of Students in (%)
Rarely	31.2
Frequently	6.4
Always	44
No idea	18.4
Total	100

The table 4, the answers of 125 respondents 55 respondents or 44% answered always utilize the internet for online games, 8 respondents or 6.4% answered they frequently use the

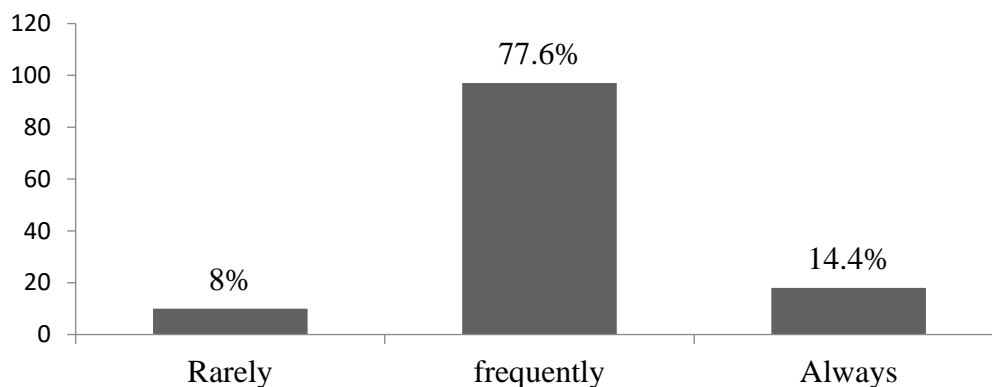
Internet for online games, 23 respondents or 18.4% answered said no idea for online games and 39 people or 31.2% of respondents who answered rarely utilize internet for online games.

### ***Internet to learn and search for information***

The internet is the best resource for meeting our needs in finding the information we need; news and a variety of necessary information can be found there, and doing so is very simple. By simply typing in a website address or searching for it using search engines, we could have the information we need in just a few seconds. This occurs primarily due to the fact that each person's needs are extremely varied, which motivates them to seek information on a medium that is widely regarded as accurate and quick. In this case, the Internet is widely used because it provides a variety of literature and knowledge references that are tailored to user needs.

**Figure 1**

*Use of the Internet to learn and search for information?*



The figure 1, lists the responses of 125 respondents. Of these, 10 respondents (8%) said they rarely used the internet to learn and search for information, 97 respondents (78%) said they frequently used it for online gaming, and 18 respondents (14%) said they always use the internet to learn and search for information.



### ***Internet to watch YouTube***

YouTube is a website that offers a variety of videos, from short videos to full-length films, as well as videos uploaded by users. It is currently one of the most popular video hosting services, but its negative aspects include the ability to search for pornographic and violent videos, which can damage people's reputations.

**Table 5**

#### *Use of the Internet to Watch YouTube*

Use of the internet to watch YouTube	Number of Students	Number of Students in(%)
Rarely	5	4
Frequently	100	80
Always	20	16
Total	125	100

From the table 5, with answers from 125 respondents, 5 persons or 4% of respondents answered they rarely use the Internet to watch YouTube, 100 respondents or 80% answered they frequently use the Internet to watch YouTube and 20 respondents or 16% always use the internet to watch YouTube.

### **Conclusions**

The study of Internet use among the life of students In private secondary school in Udayapur district of Triyuga Municipality leads to the following conclusion: Internet use has a negative influence because it has turned into an addiction, and it is less likely to promote learning activities. This is demonstrated by the findings of a study in which 125 respondents used social media as much as 48 respondents or 38% answered frequently and 38 respondents or 30% answered they always, use for online gaming activity, response of 125 respondents 55 people or 44% of respondents answered they always utilize the internet for online games, while utilizing the Internet for watching YouTube, 100 respondents or 80% answered they frequently use the Internet to watch YouTube and 20 respondents or 16% always use the Internet to watch YouTube.

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