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Original Research Article

Quality Assurance in Higher Education Institutions: The Case of Tribhuvan University

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Abstract

The main objective of this paper is to illustrate the current status of quality assurance practices and identify challenges and opportunities facing Tribhuvan University (TU) in general and higher education institutions of TU in particular. Apart from a range of benefits and prospects from adopting and implementing the Quality Assurance and Accreditation (QAA) system within TU, it has been facing a number of challenges in maintaining quality in its higher education institutions. In return, the implementation of the system can create a number of opportunities, particularly it has to internationalize its higher education and show a strong presence in the world university rankings. In order to meet this objective, the study has used a descriptive-analytical approach to find out the issues related to quality assurance in higher education institutions. Finally, the paper has made important policy implications and recommendations to support the ongoing efforts of UGC, Nepal and maintain and ensure quality in higher education institutions of TU.

Keywords: Accreditation, higher education, quality assurance, world university rankings

Introduction: Where Does TU Stand Now?

Over the last three decades, the issue of quality assurance in higher education institutions has been one of the top concerns for almost all universities around the world as the quality assurance system has become a global trend that has compelled them to rethink about their status quo. The universities should increase the standards of their education that are "abreast with global university expectations" (Muchemwa 93). One of the reasons for this is largely due to the fact that the impact of quality higher education can contribute to the overall progress of the country (El-Khawas 10). Such progress includes economic growth, production of human resources, and internationalization of higher education.

In the new era of globalization today, higher education is also increasingly considered more globalized and competitive among the universities worldwide. So today's higher education is considered as global education (Altun 82). This increasing global trend has made the stakeholders such as academics, administrators, and governments more aware of quality assurance in higher education in order to improve

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their status among the universities in the world (Portnoi and Bagley). This global trend of quality assurance in higher education is being further escalated by the world university ranking systems, "changing the universities' landscape" (Sherwani 7). The QS World University Rankings, the World University Rankings by *The Times Higher Education*, and the Webometrics July 2020 by the *Ranking Web of Universities* are some examples of the system of ranking universities that have become attraction for many universities worldwide. As for Portnoi and Bagley, this system has fueled competition, which is considered as central to evaluate the excellence of universities in the world. In Nepal's case, as shown in Table 1, the Tribhuvan University (TU), established in 1959, is the single most important university to represent a nation in the reputed world university rankings.

Table 1 Status of Nepal's universities among universities around the world – 2020 & 2021

University	World University Asia University Rankings Rankings 2021 (<i>The Times Higher</i> Asia University Rankings 2020 (<i>The Times Higher</i>		Webometrics July 2020 (Ranking Web of Universities)	
	Education)	Education)		
	Out of Top 1,500	Out of Top 500	Out of 30,000	
	Universities from 93	Universities from 30	Universities	
	Countries	Asian Countries		
Tribhuvan University	801-1000	351-400	3804	
Kathmandu University	0	0	3169	
BP Koirala Institute of	0	0	4932	
Health Sciences				
Pokhara University	0	0	5651	
Purbanchal University	0	0	14400	
Agriculture & Forestry	0	0	15727	
University				
Mid-Western University	0	0	19367	
Lumbini Buddha University	0	0	20759	
Far-Western University	0	0	26312	

Source: Asia University Rankings 2020. *The Times Higher Education*, 18 July 2020, www.timeshighereducation.com/world-university-rankings/2020/; World University Rankings 2021. *The Times Higher Education*, 31 August 2020, www.timeshighereducation.com/ world-university-rankings/2021/world-ranking#!/page/0/ length/25/name/ tribhuvan%20 university/sort_byrank/sort_order/asc/cols/stats; Webometrics July 2020. *Ranking Web of Universities*, 12 August 2020, www.webometrics.info/en.

Table 1 demonstrates that TU has entered the top world university rankings as compared to other universities in Nepal despite that fact that TU bears the burden of almost 80% of the total higher education students' enrolment in the country (University Grants Commission 47). According to *The Times Higher Education* based in the United Kingdom has published its results for the year 2021 recently, TU is ranked 351-400 among top 500 Asian universities that covered 33 Asian countries. It was ranked 801-1000 among top 1,500 world universities representing 93 countries. The results of the Webometrics July 2020 published for the year 2020 by the *Ranking Web of Universities* shows that TU has also stood in the 3,804th position among 30,000 universities worldwide. Only a few other universities in Nepal have entered the reputed world

university rankings through the Ranking Web of Universities. They include Kathmandu University ranking highest with 3,169th position and Far-Western University ranking lowest with 26,312nd position among the universities in Nepal. The data displayed in Table 1 show that many universities in Nepal are currently not viable participants in this global reputation competition. So, in a world of increasingly global competition, TU has an important academic leadership role in national and international higher education as there is growing impact of world rankings on higher education.

Together, the world university rankings system and the higher education quality assurance system go hand in hand. For instance, the world university rankings system evaluates and ranks the best universities in the world based on quality assurance indicators of higher education institutions. In line with its plan to show its higher education standards and a strong presence in the global quality competition, the University Grants Commission (UGC), Nepal has established the Quality Assurance and Accreditation Council (QAAC) as a statutory body in 2007 that advises on quality in higher education institutions and recognizes "the quality of the programs and HEIs on the basis of reviews, assessments and audits of the programs and the HEIs" (Quality Assurance and Accreditation Division, *Quality Assurance* 2). In line with the same plan, TU established the Centre for Quality Assurance (TUQA Centre) in 2018 to monitor and facilitate its constituent campuses, faculty/institutes, and central departments participating in the Quality Assurance and Accreditation (QAA) process (TUQA Centre).

Therefore, this paper aims to map the status quo of quality assurance practices within TU and its higher education institutions (including campuses, faculty/institutes, and central departments) by describing policies and their impacts on improving the quality of higher education and reputation it has achieved in the world university rankings. The paper has also focused on the identification of challenges that higher education institutions of TU is facing while assuring quality of education and opportunities that the quality assurance practices have created for the future. Finally, the paper has made recommendations for future quality aspects to improve sustainable quality assurance culture within the university and to maintain a strong presence in the world university rankings.

Methodology

The study has been conducted by using a descriptive-analytical method to explore the issues related to quality assurance in higher education institutions of TU. Both primary and secondary data have been used for the study. For instance, it has used the analysis of documents retrieved from secondary sources and interviews with key informants, and observation of the site as primary sources of data. TU was selected to allow an in-depth study of the current status of quality assurance policies and practices, challenges and opportunities facing the university for the last two decades or so. It was selected as the study area because TU is within the reach of this author and has been an active participant in developing and implementing quality assurance system in one of higher education institutions of the university.

The data were collected over a period of six months by means of a study of both primary and secondary sources, information retrieved from the key informants and direct observation. Documents used in this study were collected from policy papers, reports, and other publications of the Government of Nepal and QAAC of UGC, Nepal.

Similarly, documents were also collected from both print and online sources such as journal articles, books, book chapters, and seminar/conference/workshop papers on quality assurance in higher education and related issues. The key informants included the officials of TU and UGC, Nepal, including the campus chiefs and the Internal Quality Assurance Committee (IQAC) members of different constituent, community, and private higher education institutions of TU. They were selected because quality assurance in higher education institutions is depended upon the role of quality managers (Seyfried and Pohlenz 258). They were interviewed in-depth in order to extract relevant data to the issues. 10 participating higher education institutions which were in the QAA process, both accredited and in the process of getting accredited, were visited by the researcher. The field visits were conducted mainly to observe the sites and acquire information about their status quo.

In this way, both quantitative and qualitative data were extracted, reviewed, and analyzed before they were included in this paper. They were mainly used for analysis that dealt with the issues of quality assurance in higher education institutions of TU.

Results and Discussion

With the establishment of UGC, Nepal in 1993, higher education in Nepal enters the global trend of assuring quality in higher education as it requires UGC to be responsible for "carrying out functions to motivate for providing quality education having determined academic standards of universities" (The University Grants Commission Act 1). In order to meet this mandate, UGC has been continuously working towards developing the national QAA system to ensure quality in higher education institutions through its QAAC, which is a step towards the international practice of accreditation system in higher education institutions in Nepal.

Currently, in Nepal, 11 universities and four university-equivalent higher education institutions are in operation. TU is the largest university in Nepal in terms of the number of students, teachers, and campuses. As shown in Table 2, out of 1,425 higher education institutions, TU holds 1,140 campuses across the country; out of 9,269 university teachers, it holds 7,592; and out of the total of 423,996 students in the country, it holds 335,126 students.

Table 2 Status of higher education institutions in Nepal 2017/18

SN	Name of University/HEI	Campuses	Teachers	Students
1	Tribhuvan University	1140	7592	335126
2	Nepal Sanskrit University	18	484	3742
3	Kathmandu University	23	388	17942
4	Pokhara University	62	133	29419
5	Purbanchal University	131	74	26128
6	Lumbini Buddha University	6	23	705
7	Agriculture & Forestry University	8	122	1978
8	Mid-Western University	16	128	3224
9	Far-Western University	15	109	3686
10	Nepal Open University	0	N/A	593

11	Rajarshi Janak University	1	N/A	81
12	National Academy of Medical		N/A	
	Sciences	1		441
13	Patan Academy of Health Sciences	1	216	540
14	BP Koirala Institute of Health		N/A	
	Sciences	1		361
15	Karnali Academy of Health Sciences	1	N/A	30
Total		1,425	9,269	423,996

Source: University Grants Commission. *Education Management Information System:* Report on Higher Education 2017/18. University Grants Commission, 2019.

The data displayed in Table 2 demonstrate that, though many universities are operating various academic programmes, TU holds the largest percentage of the total number of higher education students. According to Upadhyay, TU bears "the sole responsibility of providing higher education in the country" (97), meaning that the country cannot progress if TU does not produce quality human resources. For this purpose, it is necessary for TU to maintain and assure quality in higher education that it provides.

With the beginning of quality assurance system in Nepal, TU has continuously participated in the higher education reform initiatives as taken by UGC, Nepal. One of the higher education reform initiatives is the QAA system of UGC, Nepal through its QAAC. Regarding the role of quality assurance system, Saeed has argued that quality assurance plays an important role in improving the academic performance of the universities (178). Here, Figure 1 reveals the status of QAA activities as participated by higher education institutions in Nepal, which is the overall status of participating institutions representing all universities and their constituent and affiliated campuses.

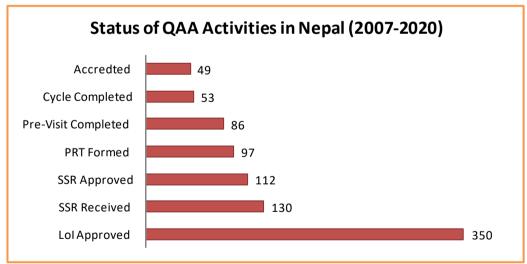


Fig. 1. Chaulagai, Nabina. "Status of QAA activities of higher education institutions in Nepal by university from 2007 to 2020." Received by Min Pun, 28 June 2020. Email Interview.

Note: These terminologies are used by UGC, Nepal. Accordingly, the full form of LoI is Letter of Intent; SSR is Self-Study Report; PRT is Peer Review Team.

As demonstrated in Figure 1 that covers higher education institutions of all universities in Nepal, 350 higher education institutions (including constituent,

community and private campuses, faculty/institutes/schools, and central departments) have received the Letter of Intent (LoI), showing their interest to participate in the QAA process. QAAC has approved 112 out of 130 Self-Study Reports (SSR), formed 97 Peer Review Teams (PRT), and completed 86 pre-visits to evaluate the participating institutions. Similarly, 49 participating institutions have received accreditation from UGC, Nepal and 53 institutions have completed the QAA cycle. The data shown in Figure 1 and 2 indicate that very few higher education institutions have participated in the QAA process. For instance, only 350 institutions participating in the QAA process and 49 getting accredited out of 1,425 institutions from 11 universities and four university-equivalent institutions is non-existent, but the participation trend is gradually growing day by day.

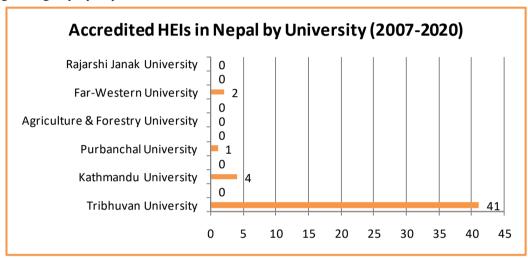


Fig. 2. Chaulagai, Nabina. "Accredited higher education institutions by university 2007-2020." Received Min Pun, 28 June 2020. Email Interview.

Note: The total number of accredited higher education institutions is 49.

Interestingly, Figure 2 shows a strong presence of TU in the national QAA system, showing its 41 constituent, community and private campuses, and central departments getting accredited by UGC, Nepal. It is believed that quality in higher education can be attained through the accreditation process (Cura and Ahmed Alani 72). Despite the fact that the accreditation system brings quality in higher education, there are still many universities such as Nepal Sanskrit University, Pokhara University, Lumbini Buddha University, Agriculture & Forestry University, Mid-Western University, Nepal Open University, and Rajarshi Janak University, which have not yet entered the QAA system. Apart from these universities, there are university-equivalent higher education institutions which are not included in this figure that are also not under this system as they are under various professional councils in relation to quality assurance and control system that include some of technical and professional academic programmes of universities of Nepal including TU.

Now, if we look into the QAA activities of TU higher education institutions, TU has a strong presence in UGC's efforts to maintain quality in higher education in Nepal as compared to institutions of other universities. In fact, UGC and TU have worked together in their efforts to reform higher education in Nepal. For instance, Figure 3 shows the data of accredited TU campuses and central departments from 2007 to 2020.

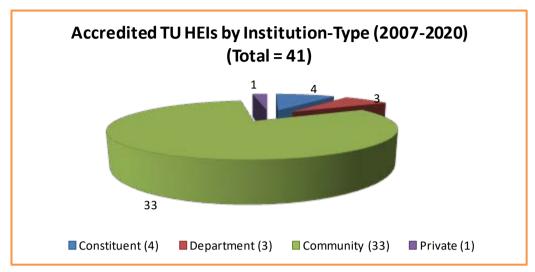


Fig. 3. Chaulagai, Nabina. "Status of Accredited TU Higher Education Institutions by Institution-Type from 2007 to 2020." Received by Min Pun, 28 June 2020. Email Interview.

As stated above, in Figure 3, TU holds a strong presence in the QAA activities of UGC, Nepal because out of the total of 49 accredited higher education institutions in Nepal, 41 such institutions belong to TU. To date, four constituent campuses, three central departments, 33 community campuses and one private campus are accredited institutions of TU.

Following the notice of UGC, Nepal for all higher education institutions operating in Nepal to come under the QAA system within the next five years (Notice), higher education institutions of TU have responded positively towards this directive. Figure 4 shows the comparative study of the participation of TU campuses and central departments in the accreditation process of UGC, Nepal.

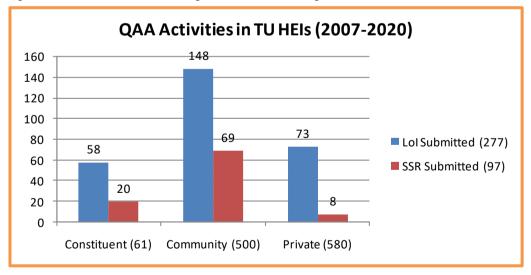


Fig. 4. Acharya, Gopal. "Status of QAA activities of TU higher education institutions from 2007 to 2020." Received byMin Pun, 8 June 2020. Email Interview.

As data presented in Figure 4 show, the participation of TU higher education institutions is still non-existent as compared to the number of campuses and central

departments that TU has. For instance, out of 61 constituent campuses of TU, only 58 have submitted the LoI and 20 have submitted their SSR. Among 500 community campuses of TU across the country, only 148 community campuses have submitted their LoI and 69 have submitted their SSR. Similarly, among 580 private campuses of TU across the country, only 73 and eight such campuses have submitted their LoI and SSR respectively. Among three types of TU higher education institutions, according to the data shown here, private higher education institutions have not shown their interest in the OAA system due to the grant support that has been "the main attraction in the OAA system to motivate many campuses toward the QAA system" (Quality Assurance and Accreditation Division, Higher Education 14). Since the QAA system is mandated through the Second Higher Education Project (SHEP) as funded by the World Bank that does not support the private institutions. So private campuses whether they are affiliated to TU or other universities in Nepal do not receive this grant support from UGC. Overall, as Hillman and Baydoun suggest, it is essential that all universities and governments across the globe need to provide an encouraging environment to maintain and ensure quality in higher education institutions (13-14). So do the universities of Nepal.

Conclusion and Recommendations

The need of quality assurance in higher education institutions is currently experienced by all universities around the world. As higher education has become increasingly competitive, universities and governments have to rethink about their higher education status quo so that they could improve their position on the global higher education context. With the recent advent of world university ranking system, they have also become more aware of quality assurance system in higher education institutions across the world. Nepal is not an exception to this trend.

Realizing the fact that quality assurance in higher education is a global trend, the Government of Nepal established UGC in 1993 and UGC established QAAC in 2007 to maintain, monitor and ensure quality in higher education institutions in Nepal. As discussed above, TU has closely worked with UGC's efforts to improve quality in higher education. For instance, out of the total 49 accredited higher education institutions in Nepal, 41 such institutions belong to TU. Similarly, out of the total 350 participating institutions in the QAA process, 277 such institutions are part of TU. So as compared to other universities and their higher education institutions, TU has a strong presence in the QAA system of the country.

In addition, TU has also entered the world university ranking system as no other universities in Nepal have done so. For instance, according to World University Rankings conducted by *The Times Higher Education* for the year 2020 and 2021, only TU represents a nation to be ranked 351-400 among top 500 Asian universities and 801-1000 among top 1,500 world universities respectively. Similarly, the Webometrics July 2020 by the *Ranking Web of Universities*, TU was ranked 3,804 among 30,000 world universities. Thus, TU's entry into the world university ranking systems is clear evidence that it is struggling hard to maintain quality in higher education in Nepal.

Despite the fact that its status as the largest university in Nepal, its active participation in the QAA system of the country, and the single most participation in the world university ranking systems, TU is facing many challenges while assuring quality in higher education that the QAA system has created for the future. Challenges include

assuring quality in a large number of its constituent and affiliated campuses across the country, lack of funding to implement the quality assurance system, reluctant attitude of university and campus managers to participate in the QAA system, highly centralized university system that regulates its purpose, powers, and governance, and lack of qualified human resources to implement the quality assurance system. At the same time, if these challenges are addressed by TU in a timely manner, it can enjoy opportunities that the quality assurance practices can create for the future. Opportunities include its contribution to the overall progress of the country, entry into the global university ranking system, recognition of its institutions in and out of the country, and internationalization of higher education in the context of globalization.

Based on the results discussed above, this paper provides some policy implications and recommendations to support the ongoing efforts of UGC, Nepal to assure quality in TU in general and TU higher education institutions in particular. They are as follows:

- The accrediting national body like QAAC should be autonomous and free from the government influence and the political influence. QAAC should be kept separate from UGC, Nepal and made a powerful authority to monitor and assure quality in all types of higher education institutions.
- Funding for the QAA system is a key for sustainable development of the quality
 assurance system in higher education. If the existing SHEP does not continue to
 provide grant support for the QAA activities, TU should think about funding the
 activities. It is necessary to maintain quality in higher education because it will
 contribute to the national development.
- All higher education institutions whether they are constituent campuses or central departments, community campuses or private campuses operating under TU regulations should mandatorily enter into the QAA system in order to guarantee the quality in TU higher education institutions.
- The role of TUQA Centre should be strengthened in order to facilitate higher
 education institutions operating under TU regulations to participate compulsorily
 in the QAA system. Additionally, TUQA should work to meet the requirements
 and standards of the national quality assurance framework as well as facilitate
 the adoption and implementation of internal quality enhancement within TU
 higher education institutions.

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ANNEX: Current Status of Accredited Higher Education Institutions in Nepal (2007- 2020)

S.N.	Name of the Institution	University	Туре	Status
1	Mahendra Ratna Multiple Campus, Ilam	Tribhuvan University	Constituent	Accredited
2	Prithvi Narayan Campus, Pokhara	Tribhuvan University	Constituent	Accredited
3	Pulchowk Campus	Tribhuvan University	Constituent	Accredited
4	Mechi Multiple Campus	Tribhuvan University	Constituent	Accredited
5	Central Department of Environmental Science, Kirtipur	Tribhuvan University	Department	Accredited
6	Central Department of Botany, Kirtipur	Tribhuvan University	Department	Accredited
7	Central Department of Biotechnology, Kirtipur	Tribhuvan University	Department	Accredited
8	Balkumari College, Chitwan	Tribhuvan University	Community	Re-accredited
9	Damak Multiple Campus, Jhapa	Tribhuvan University	Community	Re-accredited
10	Lumbini Banijya Campus, Rupandehi	Tribhuvan University	Community	Re-accredited
11	Kailali Multiple Campus, Kailali	Tribhuvan University	Community	Re-accredited
12	Makwanpur Multiple Campus, Hetauda, Makwanpur	Tribhuvan University	Community	Re-accredited
13	Janapriya Multiple Campus, Kaski	Tribhuvan University	Community	Re-accredited
14	Shaheed Smriti Multiple Campus, Chitwan	Tribhuvan University	Community	Accredited
15	Aadikabi Bhanubhakta Campus, Tanahun	Tribhuvan University	Community	Accredited
16	Sukuna Multiple Campus, Morang	Tribhuvan University	Community	Accredited

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17	Sindhuli Multiple Campus, Sindhuli	Tribhuvan University	Community	Accredited
18	Madhyabindu Multiple Campus, Nawalparasi	Tribhuvan University	Community	Accredited
19	Mahakavi Devkota Campus, Nawalparasi	Tribhuvan University	Community	Accredited
20	Saptagandki Multiple Campus, Chitwan	Tribhuvan University	Community	Accredited
21	Rupandehi Multiple Campus, Rupandehi	Tribhuvan University	Community	Accredited
22	Dibya jyoti Multiple Campus, Nawalparasi	Tribhuvan University	Community	Accredited
23	Janta Multiple Campus, Sunsari	Tribhuvan University	Community	Accredited
24	Triyuga Janta Multiple Campus, Udaypur	Tribhuvan University	Community	Accredited
25	Siddhartha Gautam Buddha Campus, Rupandehi	Tribhuvan University	Community	Accredited
26	Hari Khetan Multiple Campus	Tribhuvan University	Community	Accredited
27	Resunga Multiple Campus	Tribhuvan University	Community	Accredited
28	Rammani Multiple Campus	Tribhuvan University	Community	Accredited
29	J.S. Murarka Multiple Campus, Siraha	Tribhuvan University	Community	Accredited
30	Aishwarya Multiple Campus, Kailali	Tribhuvan University	Community	Accredited
31	Kavre Multiple Campus	Tribhuvan University	Community	Accredited
32	Kanchan Bidhya Mandir Samudayik College	Tribhuvan University	Community	Accredited
33	Jana Bhawana Campus	Tribhuvan University	Community	Accredited
34	Janamaitri Multiple Campus	Tribhuvan University	Community	Accredited
35	Manthali Sahid smriti Multiple ampus	Tribhuvan University	Community	Accredited
36	Myagdi Multiple Campus	Tribhuvan University	Community	Accredited
37	Ghodaghodi Multiple Campus	Tribhuvan University	Community	Accredited
38	Sahid Narayan Pokharel Rampur Campu, Rupendehi	Tribhuvan University	Community	Accredited
39	Siddhartha Campus, Kapilvastu	Tribhuvan University	Community	Accredited
40	Nilkantha Multiple Campus, Dhading	Tribhuvan University	Community	Accredited
41	Kathmandu BernHardt College	Tribhuvan University	Private	Accredited
42	Kathmandu University, School of Science	Kathmandu University	School	Re-accredited
43	Kathmandu University, School of Engineering	Kathmandu University	School	Accredited

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44	School of Education, KU	Kathmandu University	School	Accredited
45	School of Arts, KU	Kathmandu University	School	Accredited
46	Siddhanath Multiple Campus, Kanchanpur	Far-Western University	Community	Accredited
47	Tikapur Multiple Campus, Kailali	Far-Western University	Constituent	Re-accredited
48	College of Biomedical Engineering and Applied Business, Kathmandu	Purbanchal University	Private	Accredited
49	International School of Management	Foreign Affiliation Salzburg University	Private	Accredited

Tribhuvan University = 41

Kathmandu University = 4

Far-Western University = 2

Purbanchal University = 1

Foreign Affiliation Salzburg University = 1

Grand Total Accredited HEIs in Nepal = 49

Source: Chaulagai, Nabina. "Current Status of Accredited Higher Education Institutions in Nepal (2007- 2020)." Received by Min Pun, 28 June 2020. Email Interview.