



Pathibhara Journal of Multidisciplinary Research

Publication of Pathibhara Multiple Campus

A Peer Reviewed Journal

Editorial

It is with great pleasure that we present first volume of our multidisciplinary Journal, a publication dedicated to fostering academic discourse and informing policy perspectives within Nepal. This issue assembles twelve insightful research articles, each undergoing a rigorous peer-review process. Together, they reflect significant contributions within Nepal's academic community and address socio-cultural, economic, environmental and educational issues in Nepalese context and beyond.

First article, by Man Singh Rai, opens the volume with a vital ethnographic study on the Nachhiring cultures and festivals of the Kirat people residing in Solukhumbu. It provides a heartbreaking expression at an indigenous community's struggle to preserve its identity against the gravities of modernization, education, and governmental neglect.

Second article by Mahendra Kumar Anchangbo Limbu shifts focus to the financial sector, analyzing the mixed impacts of mergers and acquisitions on the performance of Nepalese commercial banks. The study underlines that while consolidation can bolster institutions, success is not guaranteed and depends on factors beyond the merger itself.

Third article by Raj Kumar Baniya examines socio-economic dynamics of large cardamom farming in Taplejung. Highlighting its role in improving rural livelihoods, the study suggest for implementing coordinated policy responses, including price stabilization and financial literacy programs, to ensure the sector's long-term sustainability.

Fourth article, by Indra Bahadur Gurung, presents a case study of Gurung community

residing in Fungling, detailing its socio-cultural practices and economic situations. The study captures dynamic changes in the community's traditions as it navigates the influences of Hinduism, migration, and modernization.

Fifth article by Nawaraj Acharya, explores role of motivation in enhancing English speaking skills. Through action research in a secondary school, it demonstrates the constructive impact of motivational strategies, positive teacher-student interactions, and technology, offering valuable insights for language educators.

Sixth article, by Rajan Kumar KC and Hemant Bahadur Thapa, assesses distributed leadership practices among head teachers in the Kathmandu Valley. Their quantitative study reveals significant correlations between leadership practices and factors like training and qualifications, arguing that collaborative leadership is essential for enhancing school productivity.

Seventh article, by Rahul Aryal and Prashant Shrestha, examines poverty reduction efforts from the perspective of slum residents in Kathmandu. Using a rights-based approach, the study finds that despite some improvements, structural barriers and weak participation perpetuate poverty, calling for more integrated and accountable governance.

Eighth article, by Basanta Rai and Pardeep Raj Kapadi provides a critical investigation into corruption allegations within the Nepal Red Cross Society following the 2015 earthquake. The research highlights a critical deficiency in integrity and compliance, urging for urgent reforms to restore trust in this key humanitarian organization.

Ninth article, by Sushmita Shrestha and Nanda

Kumari Kathyat, offers a critical review of how psychology is integrated into social work across global, South Asian, and Nepalese contexts. It advocates for moving towards decolonized, culturally grounded approaches in Nepal that influence community-based resources.

Tenth article, by Dhanya Prasad Poudel, appraised Nepalese women's struggle, identity and motherhood in '*Teen Ghumti*', Nobel. The study found contemporary capabilities of Nepali women, arguing that through self-awareness and empowerment, they can achieve lasting independence and contribute meaningfully to all state mechanisms.

Eleventh article, by Ghanashyam Bhattarai, is a literary analysis of the novel *Chuli* by Sarubhakta. It explores the theme of life's struggle, drawing parallels between the physical challenge of scaling Mount Everest and the existential journey of human life, concluding that struggle is an inherent and essential part of living.

Twelfth and final article, by Shantiram Nepal, evaluates the implementation of the Mid-day Meal Program in a community school in

Taplejung. While acknowledging its goals of improving nutrition and attendance, the research identifies practical challenges in management and funding that hinder the program from meeting its full potential.

Together, these twelve articles form a rich needlepoint of inquiry, reflecting on Nepal's journey at the intersection of tradition and modernity, policy and practice, and local challenges with global discourses. They reinforce the imperative of evidence-based, inclusive, and context-sensitive approaches of development. On behalf of the editorial board, I extend my heartfelt congratulations to all the authors for their valuable contributions. I am equally grateful to the reviewers and editorial team members for their purposeful academic efforts. The views expressed in these articles belong solely to the authors. With this volume, our journal reaffirms its pledge to be a committed platform for scholarly exchange, dedicated to nurturing academic excellence and policy innovations necessary for inclusive development.

Sajan Paudel
Editor-in-Chief