Diversity of Wild Mushrooms in Chaukot, Panauti

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ABSTRACT

Exploration on mushroom is relatively limited compared to other organism. This study aim to explore and documentation of diversity of wild mushrooms in chaukot community forest. A field survey was conducted in between 1500 and 1700 m a.s.l., to assess wild mushroom diversity. Mushrooms were sampled using quadrats along transects, identified through morphological and microscopic characteristics, and their diversity was evaluated using Shannon - wiener index and Simpson diversity index. A total of 68 mushroom were identified belonging Basidiomycota, Ascomycota and Mycetozoa. Among mushroom species, most of the mushroom were belongs to Russulaceae family and Agaricales order, Russula genera Laccaria laccata species in terms of number of species The highest species of mushroom were found in soil. More than half percentage of the mushroom were saprobe which favored by high canopy cover. Out of 68 species found in study area 34 mushroom species were edible, 19 inedible, 10 poisonous and 5 having unknown edibility. The current study showed Laccaria laccata had highest density and abundance. The Shannon diversity index was 3.78 and Simpson diversity index was 0.97 underscoring significant diversity. These findings emphasize the role of soil, and forest type in shaping mushroom diversity and their potential for ecological and local community applications.

Keywords: Diversity index, *Laccaria laccata*, Mushroom, *Scleroderma cepa*

Introduction

Fungi play a critical role in maintaining ecological balance, with mushroom being one of the most viable representatives of this kingdom. Nepal has divers of several types of habitats and an immense variety of species in such a small area (Aryal and Budhathoki, 2012). Mushrooms are crucial decomposers, facilitating nutrient recycling in ecosystems, and they exhibit remarkable diversity across different ecological regions of the world (Chang and Miles, 2004). Even though Mushroom are incredibly beneficial, there has been relatively little research done on wild mushrooms compared to other types of plants (Muller *et al.*, 2007).

According to database of GBIF 2024, the total number of 173660 fungal species have been documented and cataloged in the GBIF database. Total of 3971 specimens of mushrooms from Nepal is digitized and published in GBIF portal (GBIF, 2021). Wild mushrooms of Nepal belong to 108 families, 357 genera, and 1291 species with 34 endemic species (Devkota and Aryal, 2020). Among them 159 species of mushrooms are edible in nature (Devkota and Aryal, 2020). Central Nepal has comparatively more investigations and studies regarding mycology as compared to eastern and western region (Adhikari, 1999; Adhikari, 2000; Adhakari and Bhattarai, 2014). Due to varieties of weather condition the distribution of macrofungal species is high in spring and autumn but low during the hot dry season (Sibounnavong et al., 2008). Hibbett, (2007) has described mushrooms have simpler forms of fruiting bodies consisting of pileus, stipe, gills, annulus, volva and mycelium. According to mushroom include a variety of ecology, including mycorrhizae (Russula, Boletus, Amanita, and Lactarius), saprophytic (Coprinus, Agaricus, etc.), hyperparasite (like Asterophora on Russula, etc.), and parasitic (like Polyporous, Fomes, etc.).

Although Nepal is known for its rich biodiversity, including a wide variety of macrofungi, comprehensive studies focusing on mushroom diversity in the Kathmandu Valley remain scarce and fragmented. Most existing research in Nepal has either concentrated on ethnomycological uses (Adhikari, 2000; Budha et al., 2009) or provided only localized checklists without broader ecological analysis (Thapa & Rai, 2012). There is a notable lack of systematic surveys that enumerate mushroom species across multiple habitats within the valley and assess how environmental variables—such as altitude, forest type, canopy cover, temperature, and humidity—influence species richness and distribution. This gap limits our ecological understanding and constrains conservation and sustainable utilization efforts. Addressing this void by documenting the macrofungal diversity and analyzing distribution patterns along environmental gradients is crucial to support future biodiversity monitoring, conservation strategies, and local livelihoods.

The chaukot community forest offers diverse range of habitat due to its varied altitude, climate and vegetation which supports a wide variety of mushroom. As a less studied area compared to other region, this study will help in the confirmation of current understanding and providing new information to the public about diversity of mushroom.

The objectives of this study were to enumerate mushrooms species found within study area and to assess the pattern of species diversity and distribution along environmental variables.

Materials and methods

Study site

The site for this study is situated around 30 km east of Kathmandu valley in the Panauti Municipality of Kavrepalanchok district, Bagmati Province, Nepal (Figure 1). Geographically, it is located between 27°37′N and 85°33′E. Chaukot Community Forest was selected for the mushroom survey. The forest is dominated by *Schima wallichii* and *Castonopsis* sp. with associated species like *Pinus roxburghii*, *Myrica esculenta*, and *Rhododendron arboretum*. Elevation range of the site was 1500 to 1700 meters above sea level, along the northern slopes of the hills.

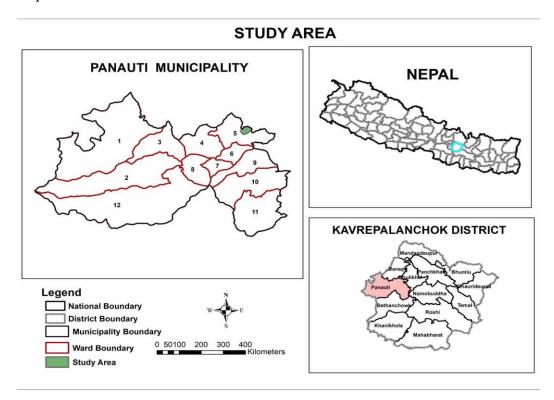


Fig. 1: Location map of Chaukot community forest located in Panauti Municipality of Kavrepalanchok district, Nepal

According to data obtained from the Department of Hydrology and Meteorology across eleven years (2013–2023), the maximum average precipitation occurs in July with average of 364 mm. January had the lowest recorded temperature of 4 °C with low precipitation (2mm). Based on the data, the maximum relative

humidity was determined to be in August and the minimum to be in April, with values of 91% and 62%, respectively.

Survey of mushroom

A total of 18 quadrats of size 10 x 10 m were sampled along three transects spaced 100 meters apart for survey of mushrooms. The mushrooms present in each plot were reported. They were properly dug up and the wood-rooting mushrooms were extracted from the host adhered to. Photographs were taken and morphological characteristics such as fruiting bodies, pileus color, pileus edge, scale, gill color, gill spacing, stipe length, width, color, veil, annulus, and volva were noted in the field (Srivastava and Bano, 2010).

The samples were collected for each species reported, labeled, preserved. Hard mushrooms were dried out and fleshy were preserved in liquid (25: 5: 70) ml of ethyl alcohol, formalin, and distilled water.

Microscopic study

For microscopic study, the spore prints were observed and observed under Olympus CX22 high power microscope with magnifications of 40x and 100x. Length and width of spores of each mushroom species were measured.

Identification of mushrooms

The mushrooms were identified based on morphological and microscopic characteristics such as spore size and shape, fruiting bodies, Pileus color, Pileus edge, scale, gill color, gill spacing, stipe length, width, color, type of veil, annuls, and volva.using following standard literatures (Watling, 1973; Philips, 1981; Adhikari, 2000). Edibility was assessed through literature review (Budha et al., 2009; Adhikari, 2000) and consultation with local foragers. Identifications were verified with taxonomic experts and herbarium specimens at TUCH.

Diversity Index, frequency and density

The Shannon-Wiener diversity index (H) and Simpson diversity index (D) were calculated following Magurran (2004) using the formula as given below

 $\mathbf{H} = -\Sigma P i \ln P i$

Where, H = Shannon-Wiener diversity index

Pi = ratio of individual of species i divided by all individuals

n = number of species

Simpson diversity index (D) = $\frac{\sum n (n-1)}{N (N-1)}$

Where, D = Simpson diversity index

N = Total number of individuals of all species

n = Total number of organisms of particular species

Frequency and density of the mushrooms also calculated using following formulae (Daubenmire, 1959).

Frequency % = $\frac{number\ of\ quadrates\ in\ which\ species\ present}{Total\ number\ of\ quadrates\ sampled}$ ×100%

Density = $\frac{Total\ number\ of\ individual\ of\ a\ species\ in\ all\ quadrates}{Total\ number\ of\ quatrates}$

Important Value Index = Relative density+ Relative Frequency+ Relative Abundance

Soil sampling and analysis

Soil samples were also taken from the quadrats sampled from depth of 15 cm. The samples were thoroughly mixed before being placed in a Zipper bag for analyzing in the lab. soil pH and moisture were determined following Zobel *et al.*, (1987).

Moisture content % =
$$\frac{\text{Weight of fresh soil-weight of oven dried soil}}{\text{Weight of oven dried soil}} \times 100\%$$

Canopy cover was determined following Lemmon, 1956.
Canopy cover (%) = $\frac{\text{Total filled squares}}{96} \times 100\%$

Statistical analysis

A regression analysis was performed to determine the link between environmental variables and the richness of mushroom species. Excel was utilized to assess the mean value of nutrients among species and conduct an independent sample T-test. Significance was recognized at the 5% significance level. To ensure that the results are accurate, the analysis was done three times.

Results and Discussion

Mushroom diversity

The study revealed 68 different species of mushroom resembled to the three phylum, twenty eight families, and fourteen orders.

Table 1: List of mushroom with their ecology, habitat, order, family,

edibility, frequency, density, abundance and IVI

S.N	Scientific Name	Ecolo gy	Habitat	Order	Family	Edibilit y		Densi ty	Abunda nce	IVI
1	Amanita farinose	Mycor rhizal	soil	Agaricales	Amanitaceae	Poisono us	16.67	0.28	1.67	1.5
2	A. fulva	Mycor rhizal	Soil	Agaricales	Amanitaceae	edible	27.78	2.06	7.40	5
3	A, caesarea	Mycor rhizal	Soil	Agaricales	Amanitaceae	edible	33.33	1.78	5.33	4.5
4	A, veginata	Mycor rhizal	Soil	Agaricales	Amanitaceae	edible	33.33	2.28	6.83	5.3
5	A. phalloides	rhizal	Soil	Agaricales	Amanitaceae	Poisono us	27.78	1.83	6.60	4.6
6	A. rubrovolvata	Mycor rhizal		Agaricales	Amanitaceae	Poisono us	44.44	3.78	8.50	7.4
7	A. sinensis var. sinensis	rhizal	Soil	Agaricales	Amanitaceae	Poisono us	16.67	0.39	2.33	2
8	A. strobiliformis	Mycor rhizal		Agaricales	Amanitaceae	Unknow n	16.67	0.17	1	1.2
9	Armillaria tabescens	Sapro be	Soil	Agaricales	Physalaciaceae	edible	33.33	3.89	11.67	5.3
10	Arcyria denudate	Sapro be	Leaf litter	Trichiida	Trichiidae	Inedible	5.56	0.06	1	0.6
11	Aureoboletus flaviporus	Mycor rhizal	Soil	Boletales	Boletaceae	edible	27.78	1.5	5.4	4
12	Bjerkandera adusta	Sapro bic	Deadwo od	Polyporales	Hapalopilacea e	Inedible	55.56	5.94	10.70	10.2
13	Boletus edulis	Mycor rhizal	Soil	Boletales	Boletaceae	Edible	33.33	0.89	2.67	3.1
14	Boletellus emodensis	Mycor rhizal	Soil	Boletales	Boletaceae	Inedible	11.11	0.22	2	1.3
15	Collybia confluence	Saprob e	leaf litter	Agaricales	Omphalotaceae	Inedible	33.33	2.56	7.67	5.7
16	Clitocybe gibba	Sapro be	Leaf litter	Agaricales	Tricholomatac eae	edible	38.89	2.33	6	5.3
17	C. odora	Sapro be	Leaf litter	Agaricales	Tricholomatac eae	edible	33.33	1.28	3.83	3.7
18	Coltricia cinnamomea	Mycor rhizal	Soil	Hymenochaet ales	Hymenochaeta ceae	Inedible	33.33	5.44	16.33	7.7
19	Craterellus cornucopioid es	Mycor rhizal	Soil	Cantharellales	Cantharellacea e	edible	33.33	1.89	5.67	4.6
20	Cuphophyllus virgineus	Sapro be	Deadwo od	Agaricales	Hygrophorace ae	unknow n	22.22	0.89	4	2.9
21	Dacrymyces spathularia	Sapro be		Dacrymycetal es	Dacrymycetac eae	edible	33.33	1.28	3.83	3.7
22	Ganoderma lucidum	Sapro be		Polyporales	Ganodermatac eae	edible	33.33	1.78	5.33	4.5
23	Gyroporous castaneus	Mycor rhizal		Boletales	Gyroporaceae	edible	11.11	0.11	1	0.9

24	Heterobasidi	Sapro	Tree	Russulales	Bondarzewiac	Inedible	22.22	c 22	20	10.2
	on annosum	be	stump		eae		22.22	6.22	28	10.3
25	Hygrocybe cantharellus	Mycorr hizal	Soil	Agaricales	Hygrophoracea e	edible	22.22	3.39	15.25	7.9
26	Hygrocybe miniata	Mycorr hizal	Soil	Agaricales	Hygrophoracea e	edible	38.89	3.44	8.86	7
27			Firewoo d	Hymenochaeta les	Hymenochaetac eae	Inedible	22.22	6.78	30.5	6.6
28	Hypholoma fasciculare	Saprob e		Agaricales		Inedible	33.33	6.11	18.33	8.1
29	Isaria sinclairii	Parasiti c	Soil	Hypocreales	Cordycipitacea e	Unknow n	33.33	6.06	18.17	11.3
30	Laccaria laccata	Mycorr hizal	Soil	Agaricales	Hydnangiaceae	edible	50	10.83	21.67	13.8
31	Lactarius corrugis	Mycorr hizal	Soil	Russulales	Russulaceae	edible	5.56	0.06	1	0.6
32	L. lilacinus	Mycorr hizal	Soil	Russulales	Russulaceae	Inedible	27.78	1.28	4.6	3.6
33	L. piperatus	Mycorr hizal	Leaf litter	Russulales	Russulaceae	edible	38.89	1.11	2.86	3.5
34	Leccinum crocipodium	Mycorr hizal	Soil	Boletales	Boletaceae	edible	5.56	0.06	1	0.6
35	Leotia lubrica	Saprob e	Leaf litter	Leotiales	Leotiaceae	Inedible	50	5.50	11	9.
36	Lepiota cristata	Mycorr hizal	Soil	Agaricales	Agaricaceae	poisonou s	16.67	0.44	2.67	1.9
37	Leucocoprinu s birnbaumii	Saprob e	Animal dong	Agaricales	Agaricaceae	Inedible	27.78	1.94	7	4.8
38	L. fragilissimus	Saprob e		Agaricales	Agaricaceae	Inedible	44.44	5.56	12.5	8.3
39	Lycoperdon pyriforme	Sapro be	Leaf litter	Agaricales	Agaricaceae	edible	55.56	3.44	6.2	6.6
40	Megacollybi a platyphylla	Sapro be	Leaf litter	Agaricales	Tricholomatac eae	poisono us	33.33	1.39	4.17	3.8
41	Microporus xanthopus	Sapro be	Wood	Polyporales	Polyporaceae	Inedibl e	61.11	6.89	11.27	10.7
42	Nigroporus vinosus	Sapro be	Tree stump	Polyporales	Polyporaceae	Unkno wn	33.33	1.89	5.67	4.6
43	Oudemansiel la radicata	Sapro be	Soil	Agaricales	Physalacriace ae	edible	16.67	0.17	1	1.2
44	Panus conchatus	be	Wood	Polyporales	Polyporales	Inedibl e	38.89	1.39	3.57	4
45	Paxillus involutus		Fallen tree	Boletales	Paxillaceae	poisono us	5.56	0.06	1	0.6
46	P. cuprinus	Myco rrhiza l	Soil	Boletales	Paxillaceae	poisono us	5.56	0.06	1	0.6
47	Polyporus arcularius	Sapro be	Wood	Polyporales	Polyporaceae	Inedibl e	44.44	1.72	3.88	4.6
48	Psathyrella candolleana	Sapro be	Wood	Agaricales	Coprinaceae	edible	50	6.33	12.67	10.4
49	Rhodocollyb		Leaf litter	Agaricales	Omphalotacea e	edible	27.78	0.61	2.2	2.4
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50	Russula aeruginea	Myco rrhiza l	Soil	Russulales	Russulaceae	edible	16.67	0.22	1.33	1.4
51	R. mairei	Mycor rhizal	Soil	Russulales	Russulaceae	Inedible	27.78	0.89	3.2	2.9
52	R. ochroleuca	Mycor rhizal	Soil	Russulales	Russulaceae	edible	11.11	0.22	2	1.3
53	R. foetens	rhizal	Soil	Russulales	Russulaceae	Poisono us	5.56	0.06	1	0.6
54	R. fragilis	Mycor rhizal		Russulales	Russulaceae	Inedible	16.67	0.22	1.33	1.3
55	R. mariae	Mycor rhizal	Soil	Russulales	Russulaceae	edible	33.33	0.78	2.33	2.9
56	R. nigricans	Mycor rhizal	Soil	Russulales	Russulaceae	edible	33.33	1.06	3.17	3.3
57	R. nitida	Mycor rhizal	Soil	Russulales	Russulaceae	edible	27.78	0.89	3.20	2.9
58	R.rose	Mycor rhizal	Soil	Russulales	Russulaceae	Inedible	44.44	3.94	8.88	6.8
59	Scleroderma cepa	Mycor rhizal	Soil	Boletales	Sclerodermatac eae	edible	50	8.28	16.56	9.9
60	Strobilomyces strobilaceus	Mycor rhizal	Soil	Boletales	Boletaceae	edible	38.89	1.61	4.14	4.3
61	Tapinella panuoides	Saprob e	Stump	Agaricales	Tapinellaceae	Poisono us	22.22	0.67	3	2.4
62	Trametes hirsuta	Saprob e	Wood	polyporales	polyporaceae	Inedible	44.44	2.33	5.25	5.4
63	Tremella fuciformis	Saprob e	Wood	Tremellales	Tremellaceae	edible	22.22	0.22	1	1.5
64	T. mesenterica	Mycor rhizal	Tree stump	Tremellales	Tremellaceae	edible	27.78	0.72	2.60	2.6
65	Tremellodend ropsis tuberosa	Saprob e		Tremellodendr opsidales	Tremellodendr ops idaceae	edible	22.22	0.83	3.75	2.8
66	Xylaria polymorpha	Saprob e	Dead tree stump	Xylariales	Xylariaceae	Inedible	11.11	0.5	4.50	2.2
67	X.hypoxylon	Saprob e	Decayin g leaves	Xylariales	Xylariaceae	Inedible	44.44	1.89	4.25	4.8
68	X. oxyacanthae	Saprob e	Decayin g leaves	Xylariales	Xylariaceae	Unknow n	16.67	1.06	6.33	3.4

Families Russulaceae and Agaricaceae were rich in terms of number of species (Table 1). This may be due to the various environmental factors such as soil moisture, pH favoring the growth which aligns with the findings of Ganguly *et al.*, (2021), rich organic layers Wang et al., (2015), high rainfall Shrestha *et al.*, (2021) and diverse host plants provide favorable conditions for these mushroom diversity. Ullah *et al.*, (2022) states that plantation or degraded forests often show a decline in the dominance of these families due to reduced ectomycorrizal hosts and altered soil conditions; however, such a decline cannot be attributed to human

disturbance, as there has been no recent human activity in the chaukot community forest.

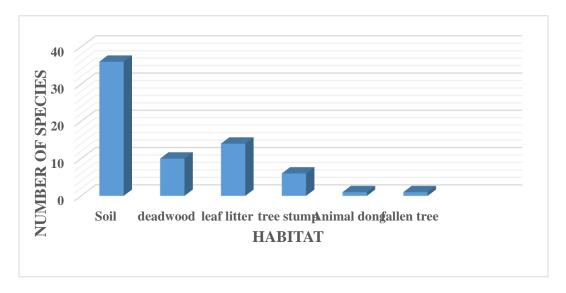


Fig. 2: Habitat wise mushroom distribution

The primary habitat for the growth of mushrooms was determined to be soil, followed by leaf litter (fig. 2). This result is consistent with previous research conducted by Bhandari and Jha (2017). The observed variations in the habitat of mushroom species are because of mode of nutrition (Parveen *et al.*, 2017) and the associations of mushroom with distinct plant and tree species (Hawkworth, 2001). According to Yamanaka (2003), saprotrophic species can grow best at pH range 7 or 8. The Shannon diversity index and Simpson index were 3.78 and 0.97. These values indicate that the study area had high diversity of mushroom species. The great diversity of mushroom identified in the research area may have been influenced by the favorable ecological conditions for mushroom growth and development (Rudolf *et al.*, 2013).

Relationship between mushroom species richness and environmental variables

The relationship between species richness and three environmental variables was assessed by simple linear regression analyses using soil pH, soil moisture content, and tree canopy cover as independent variables. This analysis was conducted to determine the extent to which each environmental factor predicts variation in mushroom species richness across different sampling sites. The line graph (Figure 4, 5, 6) shows that species richness is correlated with soil pH, moisture content, and tree canopy cover. There is a range of 14.9–66.7% soil moisture, 18–61% tree

canopy cover, and 5.1-6.1 soil pH values. Increased soil moisture and greater tree canopy cover were both positively associated with higher mushroom species richness, as indicated by significant regression results (P < 0.05). In contrast, variation in soil pH did not significantly influence species richness, as its regression was not statistically significant (P > 0.05). In comparison to soil pH and soil moisture, tree canopy cover had the strongest correlation with species richness among the three variables. The independent variable tree canopy cover accounts for around 62% of the variance in the dependent variable, species richness, whereas soil moisture and pH account for approximately 41% and only 5% of the variance in species richness, respectively.

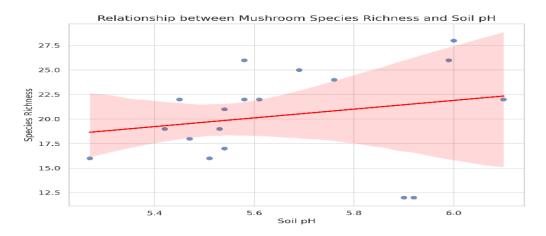


Fig. 4: Relationship between mushroom species richness with soil pH

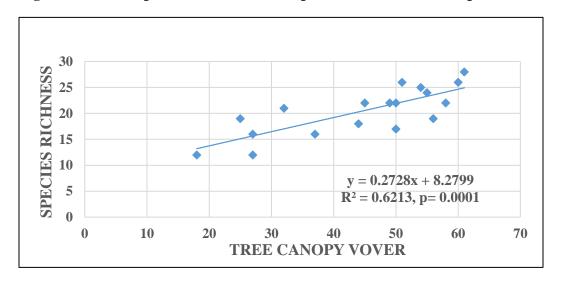


Fig. 5: Relationship between mushroom species richness with Tree canopy cover

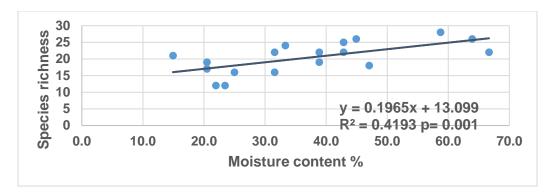


Fig. 6: Relationship between mushroom species richness with soil moisture

Fungal development is mostly determined by abiotic variables such as soil pH, light, canopy cover, soil nutrition, leaf litter, and soil moisture content (Thapa et al., 2022). Soil pH values that are either slightly basic, slightly acidic, or nearly neutral are ideal for the growth and survival of most mushrooms (Khan et al., 2013; Kalaw et al., 2016; Ge et al., 2017). According to our study, higher moisture was associated with higher species richness supporting growth of ectomycorrhizal fungi supported by the findings of Priyamvada et al., (2017). Research in the tropical dry evergreen biome found that mushroom diversity peaks during monsoons, though excessive soil moisture can hinder fungal activity, with soil type, vegetation, and microhabitat playing key roles in diversity (Shah et al., 2020; Paredes et al., 2021). Our results indicate that there is no significant correlation between species richness and soil pH. The regression analysis showed a very weak relationship ($R^2 = 0.05$, P = 0.33), suggesting that within the observed pH range (5.1–6.1), changes in pH did not strongly influence mushroom species richness. This outcome may be attributed to the relatively narrow pH range across study sites, which was not extreme enough to affect fungal community composition substantially. Similar findings have been reported by other studies that suggest fungi can tolerate slightly acidic soils, and pH alone is not always a limiting factor for diversity.

Soil moisture showed a statistically significant relationship with species richness (P < 0.05), indicating that as soil moisture increased, so did the number of mushroom species. Sites with higher moisture levels (up to $\sim 66\%$) supported a richer fungal community. This may be due moist environments are more favorable for spore germination and decomposition processes, aligning with the observations of previous studies such as those by Trudell & Edmonds (2004).

Tree canopy cover showed the strongest positive correlation with species richness among the three environmental factors studied. The regression model indicated that canopy cover alone explained approximately 62% of the variation in species richness. Denser canopy areas likely provide a more stable microclimate, retain higher soil moisture levels, and accumulate greater litter input—all of which create suitable conditions for various fungal groups. This finding is consistent with Han et al. (2023) and Zhu et al. (2023). Santos-Silva et al. (2011) and Nakamura et al. (2017) emphasize that canopy density directly shapes habitat complexity and moisture retention, influencing fungal productivity and diversity.

Conclusion

A total of 68 specimens were collected from chaukot community forest, Panauti, Nepal. These species are belongs to the three phylum, twenty eight families, and fourteen orders. Agricales order is predominant. *Laccaria laccata* was found most dominant species. The pH of the soil was somewhat acidic which facilitates growth of ectomycorrhizal mushroom species but did not significantly influence species richness. Higher soil moisture and tree canopy cover of study site were both positively associated with higher mushroom species richness.

The diversity index values of studied area shows high species richness.

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Annex

Photo plates



