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#### **Abstract**

**Purpose** – This study highlights the significance of efficient human resource management for organizational success by examining the effects of Employee Relationship Management (ERM) practices on job satisfaction in Nepali small businesses. Concentrating on small enterprises essential to Nepal's economy, the study aims to clarify how teamwork, open communication, suggestion programs, conflict resolution, employee empowerment, and decision-making involvement can enhance employee job satisfaction.

**Design/methodology/approach** – A quantitative research approach was used, utilizing a descriptive and causal-comparative design. 175 employees from 20 small businesses in



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Lalitpur district of Nepal participated in a structured questionnaire survey that was used to gather data.

**Findings/Conclusions** – The results show that job satisfaction and ERM practices are significantly correlated. The most substantial effects were demonstrated by teamwork, whereas empowerment and open communication had weaker but still favorable correlations. The study showed Employee Relationship Management (ERM) practices boost employee retention and job satisfaction and foster a positive work environment, eventually improving organizational performance.

**Implications** – It gives policymakers and business executives valuable guidance and emphasizes how crucial it is for small businesses to prioritize ERM for long-term growth. Future studies should investigate the relationship between ERM and job satisfaction using a larger and more varied sample, taking demographics and leadership philosophies into account. **Originality/value** - In the context of Nepali small businesses, this study adds to the conversation about employee well-being and organizational success. A unique aspect of this research is that it is the few to look at the relationship between ERM and employee job satisfaction in Nepali small scale businesses.

**Keywords:** Employee relationship management, Employee retention, Job satisfaction, Small businesses, Workplace dynamics

#### Introduction

Employee Relationship Management (ERM) is gaining recognition as a key factor in driving organizational success, especially for small businesses, and these businesses often struggle with managing human resources due to limited resources and informal organizational structures (Raizada, 2019). In Nepal, small enterprises are vital to the economy, but they face challenges in adopting effective ERM practices, which can harm employee job satisfaction (Shrestha, 2022). Maintaining positive employee relationships is essential for organizational growth and gaining a competitive edge (Mala & Suresh, 2021; Werbler & Harris, 2009). Small and medium-sized enterprises (SMEs) face tough competition as the knowledge economy has grown gradually (Chaubey et al., 2017; Yongcai, 2010). To succeed and expand in the highly rivalry market, employers are encouraged to develop and apply the right human management skills to motivate their employees effectively (Khoreva & Van Zalk, 2017; McDermott et al., 2013; O'Donoghue et al., 2016; Segbenya & Ansah, 2020; Zhou et al., 2013).

Employee Relationship Management (ERM) is a strategic approach focused on enhancing employee motivation by fostering and continually improving the unique relationships between employees and their employers (Demirbag et al., 2014; Harney et al., 2018; Keeble-Ramsay et al., 2014; Persson & Wasieleski, 2015; Sparrow & Makram, 2015; Wargborn, 2008). The expertise, and intellectual contributions of employees have become essential factors that distinguish successful companies from their counterparts in present economic conditions. As a result, what were once operational human resource functions have evolved into more strategic responsibilities (Becker & Huselid, 2006). Managing relationships with employees effectively



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is crucial throughout the employment journey whether at hiring, during employment, or at the time of departure (Rose et al., 2008).

Management of employee relationships effectively is essential for the growth of any institution. Strong working relationships between employees and management are key to achieving high job satisfaction (Boyle, 2006). Many employees feel dissatisfied with their jobs, often because of unhealthy relationships with their employers (Kumar & Singh, 2011; Ogunfowora & Weinhardt, 2021; Opatha, 2019; Chaudhary & Chaudhary, 2023). Taking the time to understand and address the unique needs of each employee, and genuinely adding value to their experience, can help attract and retain top talent (Strohmeier, 2013), especially in today's competitive job markets (Keim & Fritsch, 2008). Beyond economic needs, it is also crucial to pay attention to employees' psychological and social well-being (Ramlall, 2004; Schweitzer & Lyons, 2008).

Although numerous researchers have highlighted the role of employee relationship management (ERM) as a crucial component in this extreme rivalry economic conditions (Barry & Crant, 2000; Bradbury & Lichtenstein, 2000; Gersick et al., 2000; Wrzesniewski et al., 2003), small and micro enterprises (SMEs) often overlook it. These businesses tend to place less emphasis on employee relations, which results in ongoing struggles to build and sustain positive relationships. This neglect can lead to unnecessary conflicts within the organization, negatively affecting both job satisfaction and overall performance. This research intends to search the different aspects of ERM and examine its perceived effects on employee satisfaction in small businesses.

### **Literature Review and Hypotheses Development**

### Employee Relationship Management

Employee Relationship Management (ERM) originated in the 20th century to describe the balance of rights, responsibilities, and management between businesses and their employees. Employee relations are heavily affected by the economic, political, legal, and social contexts of a society (Yongcai, 2010). It primarily targets on fostering healthy relationships among employers and employees, or managers and their teams, with the goal of building trust, improving morale, and creating a productive work environment (Bajaj et al., 2013). To nurture positive relationships and bring out the best in each team member, organizations typically implement a variety of ERM practices. Schweitzer and Lyons (2008) highlight several key practices, including: 1) empowering and involving employees; 2) encouraging employee suggestions; 3) supporting collective bargaining; 4) managing conflicts and addressing grievances; 5) providing training and development opportunities; 6) ensuring transparency in communication; and 7) promoting teamwork and group activities.

### Job Satisfaction

Locke (1976) describes job satisfaction as a favorable feeling that comes from how an employee assesses his/her job or work experiences (Judge & Klinger, 2008). Locke emphasizes that the emotional response of an employee is a key part of job satisfaction, and includes three



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main elements: clear communication, the cognitive aspect, and a focus on the job itself. According to Armstrong (2009), an employee's sense of contentment regarding the work and the work environment is known as satisfaction with employment. It is the emotional reaction a person has toward their job, which motivates them to perform well. Job satisfaction is not about personal contentment but about how an employee feels while doing their job. It reflects the emotions tied to achieving work goals (Lu et al., 2019). Ultimately, satisfaction with a job results from a combination of psychological, physical, and environmental factors, shaping an employee's attitude toward their work.

#### **Relationship between Variables**

#### Employee Empowerment and Involvement with Job Satisfaction

Employee empowerment methods can increase satisfaction with work by offering employees a feeling of ownership as well as rendering their duties feel more significant (Bowen & Lawler, 1992). Production-related research backs up this notion, demonstrating a favorable relationship between independence and suggestions with job happiness. A positive relationship between job satisfaction and employee empowerment has also been found in the public sector (Fernandez & Moldogaziev, 2015; Kim, 2002; Lee et al., 2006; Savery & Luks, 2001; Wright & Kim, 2004).

H1: Employee empowerment and involvement have a significant impact on job satisfaction.

#### Initiating Employee Suggestions with Job Satisfaction

Yusof and Aspinwall (2010) describe employee suggestion programs as structured systems designed to encourage workers to offer valuable ideas for enhancing the organization. When these suggestions are implemented, employees are rewarded either financially or through other forms of recognition, based on the benefits the idea brings to the company. This fosters a culture of trust, job satisfaction, and continuous improvement. Marx (1995) expands on this by characterizing suggestion schemes as official processes that encourage the staff to consider their jobs and workplace in novel ways. They do this by submitting suggestions that, if approved and advantageous to the company, are paid appropriately. On the basis of these information, it is hypothesized;

H2: Initiating employee suggestion programs significantly influences job satisfaction.

#### Conflict Management and Grievance Resolution with Job Satisfaction

Conflict is a well-recognized aspect of organizational life (Argyris, 1971; Corwin, 1969; Katz & Kahn, 2015; Litwin, 1968; Pondy, 1967; Ruble & Thomas, 1976; Walton et al., 1969). Nonetheless, interpersonal and small-group dynamics have been the focus of the majority of the research on conflict (Gelfand et al., 2008). There is a growing need to examine the organizational factors that either facilitate or hinder effective conflict management and how they influence key outcomes such as job satisfaction and employee performance (Brett & Rognes, 1986; De Dreu & Gelfand, 2008; Jehn & Bendersky, 2003; Kolb & Putnam, 1992). Chaubey et al. (2017) found that effective conflict management and grievance resolution are positively related to job satisfaction, as managing conflict directly impacts the happiness with the job of employees.



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H3: Conflict management and grievance resolution have a significant impact on job satisfaction.

### Transparency in Communication with Job Satisfaction

Hadziahmetovic and Salihovic (2022) emphasize that communication is crucial for the success of workplace programs and policies, serving as the cornerstone of healthy organizational practices. He argues that clear and transparent communication about workplace operations is essential for achieving positive outcomes for both employees and the organization. Chinomona and Sandada (2013) also found that open communication positively affects employee job satisfaction. Improved communication makes employees' work more efficient and contributes to the growth of both the employees and the organization. Petković and Rapajic (2021) further support this by highlighting a favorable link of communication and fulfillment with the job.

H4: Transparent communication has a significant effect on job satisfaction.

### Encouraging Teamwork with Job Satisfaction

Campion et al. (1996) discovered that the effectiveness of teamwork is a strong predictor not only of productivity but also of team members' satisfaction and management's evaluation of team performance. This approach fosters better communication among employees, ensuring that everyone receives timely feedback and information. Promoting teamwork helps employees reach their goals more efficiently compared to working individually. Gully et al. (2002) also supported the positive link between teamwork and job satisfaction.

H5: Encouraging teamwork significantly influences job satisfaction.

### **Methods**

### Research Design

A quantitative research method is applied in this investigation. It employs a causal-comparative and descriptive study design to offer a thorough and precise description of a particular phenomenon, while also examining the cause-and-effect relationships between employee relationship management and job satisfaction.

#### Population and Sampling

The population is the whole set of members about which a scholar wishes to draw conclusions (Cooper & Schindler, 2003; Chaudhary et al, 2025). According to the Industrial Enterprise Act of 1992, small businesses in Nepal are defined as organizations with capital investments ranging from NPR 1 million to NPR 10 million. For this study, employees from 20 small businesses in Lalitpur district of Nepal were selected. Purposive and convenience sampling methods were used to choose the participants. Hair et al. (2016) recommend that for advanced multivariate analyses, five to ten times the number of the items being measured should be the sample size. Accordingly, 200 questionnaires were distributed through personal visits to the respondents, with 187 returned and 175 deemed valid for analysis.

### Source of Measurements

The questionnaire was developed after reviewing existing literature. Likert scales with five points were used; responses ranged from (1) "strongly disagree" to (5) "strongly agree." Three



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sections made up the survey: the first asked participants for their personal information; the second talked about employee relationship management; and the third assessed work happiness. Chaubey, Mishra & Dimiri (2017) and Govender (2020) were the sources of the measuring items and utilized to evaluate the effect of employee relationship management on job satisfaction. There are five main variables from the research framework.

### Data Analysis Tools

Data regarding employee relationship management and its impact on job satisfaction were gathered for this study using standardized questionnaires. The questions were chosen with care to make sure they had a purpose and matched the goals of the study. To get standardized answers, every question was closed-ended. Using SPSS version 25, the data were statistically analyzed. Stepwise regression was used to evaluate the effect of independent factors on work satisfaction, descriptive statistics were used to summarize the results, and correlation analysis was performed to investigate correlations between variables.

**Table 1** *Reliability Test* 

Variables	Number of Items	Cronbach's Alpha	
Employee Empowerment and Involvement	5	0.801	
Initiating Employee Suggestions	4	0.795	
Conflict Management and Grievance Resolution	n 7	0.853	
Transparency in Communication	6	0.893	
Encouraging Teamwork	5	0.789	
Job Satisfaction	8	0.903	

Each variable's Cronbach's alpha values, which gauge the scales' internal consistency and dependability, are shown in Table 1. With values ranging from 0.789 to 0.943, all variables have satisfactory dependability.

### **Results and Findings**

Table 2Respondent's Profile

Variables	Specification	Frequency	Percentage
Gender			
	Male	104	59.43
	Female	71	40.57
Age			
	20-30 years	44	25.14
	30-40 years	89	50.86
	Above 40 years	42	24
Qualification			



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	Intermediate	59	33.71
	Bachelor	79	45.14
	Masters and Above	37	21.15
Service Year			
	Less than 5 years	65	37.15
	5-10 Years	72	41.14
	Above 10 Years	38	21.71
Monthly Income			
	Below 20,000	27	15.43
	20000-40000	86	49.14
	40000-60000	44	25.14
	Above 60000	18	10.29

The demographic information of the participants is summarized in Table 2. It shows a greater percentage of male employees, with 59.43% of respondents being male and 40.57% being female. As for the age distribution, 25.14% of participants were in the 20–30 age range, 50.86% were in the 30–40 age range, and 24% were over 40. In terms of education, 33.71% had already finished their intermediate level, 45.14% had a bachelor's degree, and 21.15% had a master's degree and above. Regarding work experience, 21.71% had more than ten years of experience, 37.15% had less than five years of experience, and 41.14% had five to ten years of experience. Most respondents (49.14%) received between 20,000 and 40,000 per month, with 25.14% earning between 40,000 and 60,000. Furthermore, 10.29% made above 60,000, while 15.43% made less than 20,000.

**Table 3** *Correlation Analysis* 

Variables	Job Satisfaction
Employee Empowerment and Involvement	0.623**
Initiating Employee Suggestions	0.612**
Conflict Management and Grievance Resolution	0.645**
Transparency in Communication	0.726**
Encouraging Teamwork	0.648**

<sup>\*\*</sup> Correlation is significant at the 0.01 level (2-tailed)

Table 3 displays Pearson's correlation matrix, showing meaningful relationships between the variables examined in this study. It illustrates significant connections between employee empowerment, involvement, employee suggestion programs, conflict management and grievance handling, communication transparency, teamwork, and job satisfaction. The correlation values for these factors range from 0.612 to 0.726. Notably, promoting teamwork has the strongest correlation with job satisfaction among all the independent variables. Employers who prioritize employee empowerment, teamwork, and skill development are more



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likely to have contented workers, according to these findings. All five of the employee relationship management practice areas are favorably and strongly correlated with job satisfaction.

**Table 4** *Regression Analysis-Model Summary* 

Model	R	R square	Adjusted R square	Std. Error of Estimate
1	.784 <sup>a</sup>	.6147	.6002	.6882

a. Predictors: (Constant), Employee Empowerment and Involvement, Initiating Employee Suggestions, Conflict Management and Grievance Resolution, Transparency in Communication, Encouraging Teamwork

b. Dependent Variable: Job Satisfaction

Table 4 illustrates the regression model applied in this research. The value of R-square is 0.6147, suggesting 61.47% of the change in job satisfaction can be due to the independent variables, including employee empowerment, involvement, suggestion initiatives, conflict management, grievance resolution, transparency in communication, and promoting teamwork. Additionally, this indicates that the remaining 39.55% of the deviation in job satisfaction is affected by other factors not covered by this research.

**Table 5** *Coefficients* 

Model	В	Std. Error	Beta	t	Sig.
(Constant)	.493	.203		2.43	.047
Employee Empowerment	.058	.051	.054	1.137	.274
and Involvement (EEI)					
Initiating Employee	.168	.048	.182	3.5	.012
Suggestions (IES)					
Conflict Management and	.157	.049	.101	3.204	.018
Grievance Resolution					
(CM)					
Transparency in	.082	.053	.090	1.551	.122
Communication (TC					
<b>Encouraging Teamwork</b>	0.258	.051	0.263	5.0588	.003

a. Dependent Variable: Job Satisfaction

Employee empowerment and involvement had a positive, although statistically insignificant, impact on job satisfaction, as shown in Table 5 (Beta = 0.054, t = 1.137, p > 0.05). In contrast, there was a positive and statistically significant impact on job satisfaction from starting employee ideas (Beta = 0.182, t = 3.5, p < 0.05). Likewise, measures of grievance redress and conflict management (Beta = 0.101, t = 3.204, p < 0.05) also showed a positive and statistically significant effect on job satisfaction. Communication transparency had a favorable but statistically negligible impact on job satisfaction (Beta = 0.090, t = 1.551, p > 0.05). Finally,



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there was a positive and statistically significant boost to job satisfaction from encouraging teamwork (Beta = 0.263, t = 5.0588, p < 0.05).

**Table 6** *Hypothesis Testing* 

Hypothesis	Accepted/Rejected	
H1: Employee empowerment and involvement have a significant	Rejected	
impact on job satisfaction.		
H2: Initiating employee suggestion programs significantly	Accepted	
influences job satisfaction.		
H3: Conflict management and grievance resolution have a	Accepted	
significant impact on job satisfaction.		
H4: Transparent communication has a significant effect on job	Rejected	
satisfaction.		
H5: Encouraging teamwork significantly influences job satisfaction.	Accepted	

### **Discussion**

This research set out to investigate the association between job satisfaction and employee relationship management techniques at small companies in Lalitpur district of Nepal. The results emphasize how important these practices are and align with earlier studies that have also indicated a positive relationship between job satisfaction and employee relationship management (Akpan et al., 2021; Chaubey et al., 2017; Udas, 2021). Specifically, the paper suggests the more effectively businesses implementing practices such as employee empowerment, soliciting employee suggestions, fostering communication, managing conflicts, and promoting teamwork, the higher the job satisfaction of their employees.

Despite their good correlation with job satisfaction, employee empowerment and involvement had no discernible impact on it. This supports the findings of Udas (2021) and Chaubey et al. (2017), however, it runs counter to the study by Abraiz et al. (2012), which discovered that job satisfaction is positively impacted by employee empowerment. On the other hand, the research found that encouraging employee suggestions significantly enhanced job satisfaction, which is similar to the study conducted by Rad et al. (2009), Chaubey et al. (2017), and Udas (2021). When employees feel their suggestions are valued, it leads to greater job satisfaction (Ölçer & Florescu, 2015; Rehman, 2012).

Furthermore, the grievance settlement and conflict resolution procedures improve satisfaction with work, which is consistent with the research of Muhere (2017), Ndung'u and Michael (2011), Udas (2021), and Chaubey et al. (2017). However, the research discovered that communication transparency had no discernible impact on job satisfaction; it was still positively associated with it. This finding aligns with Udas (2021), who conducted similar



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research in the Nepalese service sector. However, it contradicts studies by Hofmann et al. (2020), McFadden (2017), and Prasasti & Gunawan (2022), which found a significant impact of transparent communication on job satisfaction.

Finally, the paper highlighted that promoting teamwork significantly improved job satisfaction, which is consistent with the findings of Udas (2021), Chaubey et al. (2017), Hanaysha & Tahir (2022), and Yun et al. (2007). Encouraging team-based work appears to enhance employees' satisfaction with their jobs.

### **Conclusions**

This paper investigates the relationship between ERM strategies and work satisfaction in Nepalese small businesses. The findings suggest that fostering practices such as employee empowerment, acknowledging contributions, participation in decision-making, effective conflict resolution, open communication, and positive workplace culture are essential to raising employee satisfaction. Employees who feel valued and experience positive interactions at work tend to report higher job satisfaction, leading to a more motivated and engaged workforce.

The findings emphasize how crucial it is to implement strong ERM practices to establish a supportive and encouraging workplace that puts the welfare of its employees first. In addition to improving job satisfaction, these procedures increase employee loyalty, reduce attrition, and foster a unified corporate culture. Maintaining a contented and dedicated workforce is beneficial and essential for sustainable growth and long-term success in Nepal, where small businesses form the economy's foundation. This study confirms the transformative power of adequately applied Enterprise Risk Management (ERM) practices in creating a happy and successful workforce. By implementing these strategies, small businesses in Nepal can ensure their long-term contribution to the country's economic development, laying a solid foundation for resilience, growth, and prosperity.

### **Implications**

The findings of this paper provide insightful information for small businesses in Nepal, as well as for policymakers and business leaders who are looking to boost employee satisfaction and enhance overall organizational performance. For small businesses, the research highlights the importance of implementing effective Employee Relationship Management (ERM) strategies. Practices such as empowering employees, recognizing their contributions, involving them in decision-making, managing conflicts, fostering open communication, and creating a supportive work environment have been found to directly affect job satisfaction. Even with limited resources, small businesses in Nepal can adopt these practices at a low cost, ensuring employees feel appreciated and engaged. This can result in higher employee retention, increased productivity, and a more motivated workforce.

Moreover, small businesses could understand that cultivating a positive work culture not only increases job satisfaction but also enhances overall productivity and performance. Employees are more likely to remain in workplaces where they feel valued, so businesses that invest in strong ERM practices will benefit from better retention, which is essential for long-term growth and stability. The research also suggests that policymakers and business development



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organizations would support small businesses by offering training and resources to help them adopt ERM strategies. Such initiatives could strengthen small businesses in Nepal, allowing them to compete more effectively while also fostering a more satisfied and motivated workforce. In conclusion, this study emphasizes the importance of incorporating ERM practices into the strategic framework of small businesses in Nepal to ensure their long-term sustainability and success. By adopting and refining these practices, small businesses can lay a strong foundation for growth, while promoting employee well-being and satisfaction with work.

#### **Limitations and Directions for Future Research**

This study reveals valuable knowledge concerning how job satisfaction in Nepali small enterprises is impacted by Employee Relationship Management (ERM) techniques. It is crucial to recognize certain limits when analyzing the findings. Firstly, the research increasingly used self-reported data, which is prone to bias and could compromise the validity of the conclusions. Information from a range of sources, such as peer and supervisor comments, would be beneficial to obtain a more thorough picture of the problem and increase the dependability of future research. Secondly, the results of this research are challenging to extrapolate to other sectors because the sample size was restricted to twenty small enterprises in Lalitpur district of Nepal. A larger sample size and the inclusion of companies from various industries could be the goals of future research in order to evaluate the findings' broader applicability and investigate additional variables that might affect the connection between ERM procedures and work satisfaction. Finally, other potential contributing factors such as employee demographics, corporate culture, and leadership styles were not taken into account in this study. The association between ERM practices and job satisfaction may be influenced by several factors. These elements could be examined in future research to offer a more thorough and sophisticated comprehension of the intricate dynamics at play.

#### **Interest of Conflicts**

Authors declare no conflict of interest while preparing this article.

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