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Embracing Opportunities and Navigating Challenges: Teaching Pronunciation in the EFL Context of Nepal

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Abstract

English is a vital medium for international communication and academic progress in Nepal, making the mastery of pronunciation crucial for students aiming to thrive in a globalized world. This study explores the intricate landscape of pronunciation instruction in English as a Foreign Language (EFL) settings, examining various perspectives, challenges and effective teaching methods. Factors influencing pronunciation acquisition include learners' native language, exposure to the target language, motivation and instructional strategies. Pronunciation instruction covers phonemes, intonation, stress, rhythm and connected speech, all essential for effective spoken communication. Challenges in teaching pronunciation involve neglect, first language interference and reception issues, highlighting the need for innovative teaching strategies. Effective methods include minimal pairs, modeling and imitation, audio recordings, phonetic symbols, pronunciation drills, visual aids, error correction, contextualization and integration with other language skills. This study emphasizes the importance of a holistic approach to pronunciation instruction, raising awareness of its role in language education, and promoting continuous professional development for educators. Future research should explore innovative pronunciation teaching methods, considering new trends in language education and pedagogical advancements. By prioritizing pronunciation instruction and using evidence-based practices, educators can help learners achieve greater fluency, accuracy and confidence in spoken communication within diverse linguistic and cultural contexts.

Keywords: Challenges, factors, instruction, pronunciation, techniques

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Introduction

Teaching pronunciation in English as a Foreign Language (EFL) contexts, particularly in countries like Nepal, presents unique challenges and opportunities. Nepal, nestled in the heart of the Himalayas, boasts a rich cultural tapestry and a growing demand for English language proficiency in various spheres, including education, business and tourism. As English continues to gain prominence as a global lingua franca, the importance of effective pronunciation instruction cannot be overstated. However, navigating the complexities of teaching pronunciation in EFL settings, especially in Nepal, requires a nuanced understanding of linguistic, cultural and pedagogical factors.

Recent research underscores the significance of pronunciation in language learning and communication. Studies by Jenkins (2015) and Derwing and Munro (2015) highlight the crucial role of pronunciation in intelligibility and comprehensibility, emphasizing its impact on successful communication in Englishspeaking environments. In Nepal, where English is often learned as a second or foreign language, the need for clear and accurate pronunciation is particularly pronounced. However, achieving native-like pronunciation may be unrealistic for many learners, leading to a focus on intelligibility rather than accent reduction (Levis, 2018). while achieving native-like pronunciation may be challenging for many learners in the Nepalese context, prioritizing clear and accurate pronunciation remains paramount for effective communication in English-speaking environments. Educators can empower learners to confidently engage in successful communication by focusing on intelligibility rather than accent reduction, bridging linguistic barriers and enhancing their language proficiency. As pronunciation plays a crucial role in language learning and communication, ongoing research and pedagogical innovations will further support the development of effective pronunciation instruction in the EFL context of Nepal and beyond.

The challenges of teaching pronunciation in EFL contexts like Nepal are multifaceted. Cultural and linguistic differences between Nepali and English phonological systems pose significant hurdles for learners and educators alike. Research by Kandel (2010) suggests that Nepali learners may struggle with English sounds that do not exist in their native language, such as the distinction between /p/ and /ph/. Moreover, the influence of Nepali phonology on English pronunciation, known as L1 interference, can impede learners' ability to produce accurate English sounds (Kang, 2016). The multifaceted challenges of teaching pronunciation in EFL contexts like Nepal underscore the importance of addressing cultural and linguistic differences between Nepali and English phonological systems. While research highlights specific areas of difficulty, such as the distinction between certain English

sounds, the broader influence of Nepali phonology on English pronunciation, known as L1 interference, further complicates the learning process. Nevertheless, by recognizing and actively addressing these challenges, educators can develop targeted strategies to support learners in overcoming pronunciation barriers and enhancing their overall language proficiency. Through targeted instruction and pedagogical innovation, educators can empower Nepali learners to navigate these linguistic complexities and communicate effectively in English-speaking environments.

Pedagogical approaches to teaching pronunciation in Nepal have evolved, reflecting broader trends in language teaching methodologies. Historically, methods such as the grammar-translation approach and the audio-lingual method placed little emphasis on pronunciation, focusing instead on grammar rules and vocabulary memorization (Florez, 1998; Fraser, 2000). However, the communicative approach, which gained prominence in the 1970s, advocated for a more holistic view of language learning, encompassing communicative competence, including pronunciation (Celce-Murcia et al., 1996). The evolution of pedagogical approaches to teaching pronunciation in Nepal reflects broader shifts in language teaching methodologies. While traditional methods like the grammar-translation and audiolingual approaches historically neglected pronunciation in favor of grammar and vocabulary, the rise of the communicative approach emphasized the integral role of pronunciation in achieving communicative competence. As educators in Nepal continue to adapt and innovate in response to changing educational paradigms, integrating effective pronunciation instruction within a communicative framework remains essential. By embracing pedagogical approaches prioritising meaningful communication and pronunciation skills development, educators can empower Nepali learners to navigate linguistic challenges and succeed in diverse language contexts.

Despite recognising pronunciation's importance, challenges persist in integrating effective pronunciation instruction into EFL curricula in Nepal. Limited resources, including outdated textbooks and a scarcity of trained language instructors, hinder efforts to prioritize pronunciation teaching (Tiwari, 2023). Additionally, the dominance of traditional teaching methods and a lack of professional development opportunities for teachers contribute to the perpetuation of ineffective pronunciation teaching practices (Kandel, 2010; Egwuogu, 2012; Tiwari, 2023). The challenges surrounding the integration of effective pronunciation instruction into EFL curricula in Nepal persist despite the acknowledged significance of pronunciation in language learning. Limited resources, such as outdated textbooks and a shortage of qualified language instructors, pose significant obstacles to prioritizing pronunciation teaching in educational settings. Moreover, the entrenched dominance of traditional teaching

methods and a lack of professional development opportunities for teachers further hinder efforts to address pronunciation effectively.

However, recognizing these challenges presents an opportunity for proactive measures and innovative solutions. Investing in updated resources, such as modern textbooks and instructional materials, can provide educators with the tools necessary to effectively incorporate pronunciation instruction. Additionally, providing teachers comprehensive training and professional development opportunities can empower them to employ contemporary pedagogical approaches that prioritize pronunciation skills development.

Furthermore, fostering collaboration and exchange among educators, researchers, and policymakers can facilitate the sharing of best practices and the development of tailored strategies to address the specific needs of Nepali learners. By collectively addressing these challenges and promoting a concerted effort to elevate the importance of pronunciation instruction, educators can better equip Nepali learners with the necessary skills to communicate confidently and effectively in English-speaking environments.

In recent years, there has been a growing awareness of the need to address pronunciation instruction more systematically in Nepalese EFL classrooms. Adopting innovative pedagogical approaches, such as task-based learning and computer-assisted pronunciation training, alongside incorporating authentic listening materials and interactive speaking activities to enhance learners' pronunciation skills. The growing awareness of the importance of systematic pronunciation instruction in Nepalese EFL classrooms, coupled with advocacy for innovative pedagogical approaches, signals a promising shift towards addressing the challenges and enhancing the effectiveness of pronunciation teaching. By incorporating task-based learning, computer-assisted pronunciation training, and authentic listening materials, educators can create dynamic and engaging learning environments that empower learners to develop their pronunciation skills in meaningful contexts.

Teaching pronunciation in the EFL context of Nepal presents both challenges and opportunities. While cultural and linguistic differences pose obstacles to effective pronunciation instruction, recent research and pedagogical innovations offer promising avenues for improvement. By acknowledging the importance of pronunciation and embracing innovative teaching methodologies, educators in Nepal can empower learners to communicate confidently and effectively in English-speaking environments. A significant gap in the existing research on teaching pronunciation in the EFL context of Nepal lies in the lack of exploration into evidence-based strategies and interventions specifically tailored to address the linguistic and cultural challenges unique to Nepal. Although the text underscores KMC Journal, Volume 6, Issue 2, August 2024, 85-105 88

the importance of updated resources, comprehensive teacher training, and innovative pedagogical approaches, it provides limited discussion on the practical implementation and effectiveness of these strategies within Nepalese classrooms. Additionally, there is a dearth of research examining the impact of socio-cultural factors on pronunciation teaching and learning in Nepal, overlooking crucial contextual nuances that may influence instructional practices. Closing this gap would provide invaluable insights for educators, researchers, and policymakers seeking to develop contextually relevant and effective pronunciation instruction in Nepal, ultimately enhancing language learning outcomes for Nepali EFL learners. In this context, this study explores the challenges and opportunities associated with teaching pronunciation in Nepal's context of English as a Foreign Language (EFL).

Methods and Procedures

This research employs a document review and analysis methodology to investigate the challenges and opportunities related to teaching pronunciation in Nepal's English as a Foreign Language (EFL) context. Drawing on a comprehensive literature review, including studies by Jenkins (2015) and Derwing and Munro (2015), the study explores the historical evolution of pronunciation teaching methods and identifies key factors influencing pronunciation instruction in Nepal. Through document analysis of primary and secondary sources such as academic papers, government reports, and educational policies, the research aims to extract pertinent information regarding current practices, challenges, and opportunities in pronunciation teaching. Data extraction and coding techniques are utilized to identify recurring themes and patterns, while thematic analysis facilitates the systematic examination of extracted data. The synthesized findings are interpreted to develop a comprehensive understanding of pronunciation teaching in Nepal, with insights from scholars such as Florez (1998) and Fraser (2000). While delimitations of the methodology, such as potential biases and reliance on existing literature, are acknowledged, the research aims to provide valuable insights for enhancing pronunciation instruction in the Nepalese EFL context and guiding future research directions (Kandel, 2010; Smith, 2020). Despite the acknowledged delimitations, this research endeavors to offer valuable insights into pronunciation instruction in the Nepalese EFL context, serving as a foundation for future studies and pedagogical advancements.

Results and Discussion

This descriptive research, grounded in secondary sources, aims to investigate diverse viewpoints and perspectives concerning pronunciation in EFL. The study delves into several key aspects, including factors influencing pronunciation acquisition, the constituent elements of pronunciation, the significance of *KMC Journal, Volume 6, Issue 2, August 2024, 85-105* 89

pronunciation, challenges encountered in pronunciation instruction, and effective techniques for teaching pronunciation.

Factors Affecting the Learning of Pronunciation

In the realm of English as a Foreign Language (EFL) instruction, a multitude of factors converge to shape pronunciation acquisition. Kenworthy (1992) identifies native language, age, exposure, phonetic ability, attitude, and identity as pivotal elements, while Gilakjani and Ahmadi (2011), emphasizes accent, stress, intonation, rhythm, motivation, exposure, intelligibility, and varieties of English. Notably, motivation and exposure stand out as critical influences, with Bernaus et al. (2004) emphasizing the impact of personal or professional goals on learners' desire for native-like pronunciation. Moyer (2007) reinforces this perspective, underscoring the significance of positive orientation and experience in language acquisition.

Furthermore, exposure to the target language emerges as essential, as indicated by Gilakjani and Ahmadi (2011), who suggests that learners primarily acquire language through comprehensible input. Shumin (1997) accentuates the challenges adult learners face due to limited exposure, which can impact fluency and cultural pragmatics. Attitude is another crucial factor, with Elliot (1995) noting that learners with positive attitudes towards pronunciation exhibit better proficiency. Instructional approaches significantly shape pronunciation learning, with Elliot (1995) highlighting a lack of emphasis beyond introductory levels, while Barros (2003) discusses the influence of age and mother tongue transfer on pronunciation accuracy. Avery and Ehrlich (1992, as cited in Thanasoulas, 2003) further elaborate on the impact of mother tongue influence on pronunciation, particularly in sound perception and production.

Understanding these factors offers valuable insights for educators tailoring effective pronunciation instruction in EFL contexts like Nepal. Recent research by Smith and Johnson (2018) suggest that incorporating motivational strategies and providing ample exposure to authentic English contexts can significantly enhance learners' pronunciation skills, underscoring the importance of addressing these factors in EFL pedagogy. Moreover, pronunciation acquisition is influenced by a variety of learner variables (Brown, 2007). These include native language, age, exposure, innate phonetic ability, identity and language ego, and motivation and concern for good pronunciation. Native language plays a pivotal role in pronunciation learning due to inherent phonological differences among languages (Brown, 2014). Learners' efforts to overcome these differences and their familiarity with their native languages sound system contribute significantly to improving English pronunciation.

Age also plays a crucial role, with pre-puberty children showing potential for native-like pronunciation through continuous exposure (Brown, 2007). While the notion of a critical period beyond puberty remains debated, research indicates possibilities for adults to achieve native-like accents (Singleton, 2005). Exposure to the target language in authentic contexts is paramount for language acquisition, highlighting the importance of ample comprehensible input (Saville-Trolke, 2006). Innate phonetic ability, often associated with exposure to English-speaking environments, influences learners' success in sounding like native speakers (Brown, 2014). However, various factors, including biology and physiology, contribute to individuals' abilities to attain native-like pronunciation. Identity and language ego also play significant roles, with positive attitudes towards the target language and its speakers enhancing pronunciation learning (Dörnvei, 2009; Haider & Shakir, 2023). Learners who identify positively with the target language and its speakers are more likely to succeed in developing native-like pronunciation. Motivation emerges as a dominant influence, with high intrinsic motivation correlating with better pronunciation outcomes (Meléndez, 2006; Tanner, 2012; Ute & Christiane, 2000). Conversely, a lack of motivation may hinder pronunciation improvement efforts.

Components of Pronunciation

Pronunciation in speaking skills encompasses the production of sounds both in isolation and in connected speech. According to Kelly (2000, p.1), phonemes and suprasegmental features are integral components of pronunciation, while Ur (2005, p.47) identifies the sound of language, stress, intonation, and rhythm as fundamental aspects. Similarly, Kenworthy (1992, pp.10-11) outlines a range of components including the combination of sounds, word stress, rhythm, weak forms, and intonation. The following discussion highlights these components.

Sounds/Phonemes

Phonemes constitute the smallest distinct units of sound in a language, essential for distinguishing between words. They are produced through various articulatory processes and play a crucial role in language comprehension and production (Ur, 2005). Sounds are articulated in different manners involving the movement of air through the vocal tract, such as stops, fricatives, and nasals, each contributing to the formation of distinct phonemes (Roach, 2009). This discourse discusses how phonemes, the smallest units of sound in a language, produced through different articulatory processes, are essential for distinguishing words, with sounds articulated in various manners influencing phoneme formation.

Intonation and Tone

Intonation refers to the variation in pitch across an utterance, while tone *KMC Journal, Volume 6, Issue 2, August 2024, 85-105* 91

pertains to distinctive pitch levels that differentiate word meanings. These aspects are significant in conveying nuances of meaning and communicative intent in spoken language (Ladefoged & Johnson, 2011). Intonation patterns also serve pragmatic functions, such as indicating sentence types (e.g. declarative, interrogative) and conveying emotions (Celce-Murcia et al., 2019). This component highlights the significance of intonation and tone in spoken language, with intonation conveying nuances of meaning and communicative intent, while tone distinguishes word meanings, and both serve pragmatic functions such as indicating sentence types and conveying emotions.

Connected Speech

Connected speech refers to the natural flow of language in continuous discourse, characterized by features such as catenation, intrusion, linking, contraction, elision, and assimilation. Understanding these features enhances learners' ability to comprehend and produce spoken language in authentic contexts (Celce-Murcia et al., 2019). Moreover, connected speech phenomena reflect the dynamic nature of language production, where speech sounds undergo modifications in connected discourse for ease of articulation and fluency (Celce-Murcia et al., 2019). These discussions focus on how understanding connected speech features aids learners in comprehending and producing spoken language authentically, reflecting language's dynamic nature.

Rhythm

Rhythm denotes the regular pattern of stressed syllables in speech, contributing to the musicality and cadence of language. It involves the systematic arrangement of stressed and unstressed syllables within utterances, influencing overall fluency and intelligibility (Roach, 2009). Rhythmic patterns vary across languages and dialects, affecting the prosodic characteristics of speech and contributing to its naturalness and expressiveness (Celce-Murcia et al., 2019). Rhythm in speech, characterized by the systematic arrangement of stressed and unstressed syllables, impacts fluency, intelligibility, and prosodic characteristics across languages and dialects, contributing to the naturalness and expressiveness of speech.

Stress/Accent

Stress or accent refers to the emphasis placed on particular syllables within words, contributing to their perceptual prominence. Mastery of stress patterns enhances learners' ability to convey meaning effectively and facilitates clearer communication (Celce-Murcia et al., 2019). Additionally, accent variation may occur due to regional, social, or individual differences, influencing the intelligibility

and comprehensibility of spoken language in diverse contexts (Roach, 2009). Pronunciation encompasses the production of individual sounds, as well as suprasegmental features such as stress, tone, intonation, rhythm, and connected speech, all of which are essential for effective spoken communication.

Importance of Pronunciation

Pronunciation in spoken language acquisition involves the mastery of individual sounds and suprasegmental features, essential for effective communication. According to recent research by Derwing and Munro (2015), these components encompass phonemes, intonation, rhythm, stress, and connected speech phenomena. Phonemes, as highlighted by Kelly (2000), are the smallest units of sound that distinguish meaning in language. Recent studies by Hayes-Harb and Watzinger-Tharp (2012) emphasize the importance of understanding phonetic features and articulatory processes in pronunciation instruction. Additionally, intonation patterns, as noted by Gussenhoven and Chen (2008), play a vital role in conveying pragmatic functions and emotional nuances in spoken discourse. Rhythm, another integral component, influences the cadence and fluency of speech, as discussed by Dauer (2005). Stress and accentuation, as highlighted by Cutler and Otake (2017), contribute to lexical prominence and aid in conveying emphasis and meaning in spoken language. Furthermore, connected speech phenomena, including catenation and assimilation, as explored by Bybee (2010), reflect the natural flow and coarticulatory processes inherent in spoken language production. Understanding and mastering these components are essential for learners to achieve intelligible and fluent spoken communication.

Pronunciation in Individual and Social Life

Pronunciation serves as a vital component not just in personal expression but also in shaping social identity, reflecting affiliations with specific communities and social groups. This intersection between pronunciation and social identity encompasses intricate dynamics of power, solidarity, and group membership, often leading to stigmatization and the delineation of in-groups and out-groups. Moreover, socio-economic factors, such as prestige and social status, significantly influence pronunciation, contributing to non-reciprocal intelligibility between different social groups. In discussing the resistance to pronunciation change, recent research by López-Madrazo (2020) elucidates how individuals may perceive their mother tongue as a deeply rooted aspect of their identity, akin to an "umbilical cord" connecting them to their cultural and linguistic heritage. This perspective underscores the formidable challenge individuals face when attempting to modify their pronunciation while learning a second language, as it involves altering a fundamental aspect of their self-concept. López-Madrazo's findings underscore the increasing significance KMC Journal, Volume 6, Issue 2, August 2024, 85-105 93

of pronunciation teaching in language education, highlighting its elevated importance compared to conventional emphases on grammar and vocabulary.

Pronunciation in Language Use and Language System

Pronunciation plays a pivotal role in both the use and system of language, facilitating effective communication and conveying meaning in discourse. Within spoken discourse, participants engage in specific speech events with defined topics and purposes, aiming to convey their messages clearly and accurately. This process involves packaging information into meaningful units or sense groups, with tone and intonation serving as crucial elements for signaling prominence and conveying social meanings. Recent studies by Gussenhoven and Rietveld (2019) emphasize the significance of intonation in expressing speaker involvement and conveying pragmatic information in discourse. Furthermore, the distinction between stressed and unstressed syllables is essential for intelligibility and effective communication, with stressed syllables receiving greater muscular effort than unstressed ones. Recent research by Smith and Johnson (2018) underscore the importance of stress placement in facilitating comprehension and ensuring accurate pronunciation, particularly for learners at various proficiency levels. At the segmental level, understanding the distinctive sounds in a language is crucial, as they express differences in meaning. Additionally, awareness of allophones, which are phonetic realizations of phonemes in specific sound environments, requires knowledge of articulatory phonetics and an understanding of how sounds are produced in the target language, as highlighted by recent studies in phonetics and language acquisition (Soleimani et al., 2020). Studies underscore the importance of understanding articulatory phonetics and sound production in the target language for recognizing allophones.

Pronunciation in Pedagogy

In the realm of pedagogy, pronunciation stands as a cornerstone within classroom dynamics, wielding significant influence over learners' language acquisition journeys. Within the diverse tapestry of a classroom, learners bring forth their individual identities, each imbued with unique sociolinguistic nuances and motivations driving their pursuit of language proficiency (Smith & Johnson, 2018)). Pronunciation serves as a mirror reflecting not only the phonetic accuracy of speech but also the sociolinguistic and political attitudes underlying learners' engagement with non-native accents (Levis, 2018). Consequently, educators are tasked with the multifaceted challenge of navigating these intricacies, crafting pronunciation instruction that acknowledges and accommodates the diverse linguistic backgrounds and sociolinguistic orientations of their students (Soleimani et al., 2020). By recognizing the integral role of pronunciation in shaping learners' language identities and attitudes, educators can foster inclusive and empowering learning environments that honor the linguistic diversity present within the classroom.

The discourse above underscores the indispensable nature of pronunciation within the realm of second language acquisition. It emerges as a fundamental component shaping learners' linguistic competence and communicative abilities. Successful pronunciation acquisition hinges not only on effective pedagogical strategies but also on collaborative efforts between teachers and students throughout the learning journey. Indeed, pedagogical perspectives highlight the pivotal role of intelligible pronunciation in fostering communicative competence. However, the crux lies in setting realistic and relevant goals tailored to students' communication needs, with active student participation being integral to the learning process. In essence, pronunciation proficiency is attainable through a symbiotic relationship between educators and learners, wherein both parties actively engage in the pursuit of linguistic mastery.

Challenges in Teaching Pronunciation

In the realm of pedagogy, pronunciation stands as a cornerstone within classroom dynamics, wielding significant influence over learners' language acquisition journeys. Within the diverse tapestry of a classroom, learners bring forth their individual identities, each imbued with unique sociolinguistic nuances and motivations driving their pursuit of language proficiency (Smith & Johnson, 2018)). Pronunciation serves as a mirror reflecting not only the phonetic accuracy of speech but also the sociolinguistic and political attitudes underlying learners' engagement with non-native accents (Levis, 2018). Consequently, educators are tasked with the multifaceted challenge of navigating these intricacies, crafting pronunciation instruction that acknowledges and accommodates the diverse linguistic backgrounds and sociolinguistic orientations of their students (Soleimani et al., 2020). By recognizing the integral role of pronunciation in shaping learners' language identities and attitudes, educators can foster inclusive and empowering learning environments that honor the linguistic diversity present within the classroom. In the same vein, Kelly (2000) identifies two key problems associated with teaching pronunciation: neglect and reactive teaching strategies. Pronunciation tends to be overlooked in language instruction, and when addressed, it is often done reactively rather than through strategic planning. Similarly, Harmer (2008) highlights issues related to students' auditory and speaking capabilities, as well as challenges with intonation. Additionally, Curttenden (2001) points out inherent difficulties in pronunciation itself, discrepancies between spelling and pronunciation, large class sizes, and the scarcity of authentic audio materials as major obstacles in pronunciation teaching.

Reception Problem

A significant challenge in pronunciation learning is the reception problem, where learners struggle to accurately perceive sounds spoken by the speaker. When learners cannot clearly hear a sound, their brain may interpret it as the closest sound in their native language. For example, the English dental fricative $/\theta$ / in "those" may be misheard and produced as a dentalized [d], resulting in the pronunciation of "dose" (Smith, 2020). This reception issue hampers learners' ability to accurately replicate the target pronunciation, leading to deviations from the intended pronunciation.

First Language Interference

The influence of a learner's native language on their English pronunciation is a common challenge in language acquisition. For instance, the aspiration of consonants like /p/ differs between English and languages such as Nepali. In English, /p/ is aspirated, while in Nepali, it is not. As a result, Nepali speakers learning English may pronounce words like 'pig' without aspiration due to the influence of their native language (Byrne & Hilbert, 2020).

Sound Existence

Research suggests that individuals may find it challenging to hear and replicate sounds that are not present in their native language. For instance, Nepali speakers may struggle to distinguish between sounds like "sheep" and "ship" because the Nepali language lacks distinct phonemes for /s/ and /ʃ/ [commonly represented as /ʃ/]. According to studies by Werker and Tees (1984), speakers often face difficulties in acquiring new phonetic distinctions beyond those present in their first language due to the influence of linguistic background and phonetic inventory.

Learners

Recent studies underscore the significance of the individual learner as a crucial variable in pronunciation teaching, with various factors influencing its success or failure. Key factors identified include the learner's age, exposure to the target language, extent and nature of prior pronunciation instruction, aptitude, and motivation (Derwing & Munro, 2015; Levis, 2018; Thomson & Derwing, 2015). These factors interact in complex ways to shape the learner's pronunciation proficiency and development.

Inconsistency and Irregularity of English

The English orthography is widely recognized for its inconsistency and irregularity, making it challenging to predict pronunciation solely based on spelling. For instance, the same sound /k/ can be spelled differently in words such as "cat,"

"kite," "check," and "queue." This inconsistency poses difficulties for learners and can impede their mastery of pronunciation (Carney, 1994; Crystal, 2013; Venezky, 1970). The inconsistent and irregular nature of English orthography, exemplified by varying spellings for the same sound, presents challenges for learners in predicting pronunciation solely based on spelling, thereby impeding their mastery of pronunciation.

Inability of the Learners to Read Transcription

The incapacity of learners to read phonetic transcriptions presents a significant obstacle. When learners struggle to identify and reproduce pronunciation symbols from dictionaries, their learning process becomes greatly impeded. This challenge is well-documented in the literature (Gatbonton & Segalowitz, 2005; Jones, 2003; Roach, 2009). The documented struggle of learners to decipher and replicate pronunciation symbols underscores the critical need for innovative approaches to phonetic instruction and dictionary usage in language learning contexts.

Techniques of Teaching Pronunciation

Approaches to teaching pronunciation have undergone significant evolution within language instruction, transitioning from a traditional focus on isolated speech sounds to a more communicative approach centered around connected speech. Despite this progression, many educators still grapple with the importance of pronunciation in language education and its integration into the curriculum. Questions often arise regarding the necessity of pronunciation instruction, the effectiveness of various teaching methods, and the value of drills targeting specific sounds and patterns (Smith, 2020). While contemporary pronunciation textbooks may reflect updated understandings of pronunciation, the teaching methodologies often align with behaviorist principles of language acquisition. These methods typically involve exercises such as imitation, discrimination drills, oral reading, and comparisons between native and target language sound systems.

The debate over whether pronunciation warrants dedicated instruction and which instructional approaches are most effective persists. Some advocate for direct instruction, which explicitly focuses on pronunciation skills through targeted exercises and feedback, while others prefer an indirect approach, integrating pronunciation practice into communicative language activities (Jones, 2003; Kirkova-Naskova, 2023). This ongoing discussion underscores the need for research-based insights into the efficacy of different teaching strategies and the role of pronunciation in language learning. As language education continues to evolve,

educators must critically evaluate instructional practices to ensure the most effective and engaging learning experiences for students.

In a similar vein, research on pronunciation strategy use has opened another avenue of inquiry into effective language learning techniques. For instance, Nooteboom and Quené (2013) observed that advanced ESOL learners employ various self-monitoring strategies to rectify mispronunciations. These strategies encompass imitation, paralanguage (such as speed, volume, and clarity), adjustments in voice quality settings, and focusing on individual sounds, clusters, syllables, or words, as well as prosodic structure. Additionally, studies indicate that high- and low-achieving learners adopt different pronunciation learning strategies (PLSs), with variations depending on the task (Szyszka, 2017). In Szyszka's (2017) research, it was found that both groups of learners predominantly utilized certain PLSs, including checking pronunciation in dictionaries and reading words and texts aloud. Furthermore, Sardegna (2022) conducted strategy-based instruction and examined its effectiveness. The study revealed that such instruction fosters learner autonomy and self-regulated learning.

Learners trained to utilize pronunciation strategy protocols demonstrated greater success when they practiced frequently, exhibited higher motivation to continue practicing after the instruction period ended, and reported a heightened sense of self-efficacy. Dalton and Seidlhofer (1994) outlined eight primary techniques for teaching pronunciation: elicited mechanical production, listen and repeat, discrimination practice, sounds for making contrasts, cognitive analysis, communicative activities and games, whole brain activities, and learning strategies. They emphasize that pronunciation exercises should be simple, accessible, fun, and involve both reception and production. Some adults may initially feel awkward making exaggerated facial expressions when practicing vowel sounds, but once they overcome this, they tend to enjoy the pronunciation work. In the same connection, Ur (2005) expands on techniques for improving learners' pronunciation:

- Imitation of teachers or recorded models of sounds, words, and sentences.
- Recording learner speech, contrasted with native models.
- Systematic explanation and instruction, including details of mouth structure and movements.
- Imitation drills: repetition of sounds, words, and sentences.
- Choral repetition of drills.
- Varied repetition of drills, including varied speech, volume, and mood.

- Learning and performing dialogues with choral work and varied speed, volume, and mood.
- Learning by heart sentences, rhymes, jingles, jazz chants, and tongue twisters.
- Self-correction through listening to recordings of one's own speech.

Additionally, Ur suggests techniques for teaching pronunciation with spelling, such as dictation of words or sentences with similar spelling problems, reading aloud syllables, words, phrases, and sentences, and engaging in various dictation exercises. These techniques aim to enhance learners' pronunciation skills effectively. Similarly, Schaetzel (2009) outlines four key techniques for teaching pronunciation:

- Foster a positive attitude towards accuracy in pronunciation.
- Identify and address specific pronunciation features that challenge learners.
- Raise learners' awareness of the prosodic aspects of language, such as intonation and stress patterns.
- Emphasize the development of learners' communicative competence alongside pronunciation skills.

These techniques aim to create a supportive learning environment that encourages accurate pronunciation while also enhancing learners' overall communicative abilities. According to Beare (2017), there are three primary techniques for teaching pronunciation:

- Utilize minimal pairs
- Teach word stress patterns
- Introduce stress and intonation

These methods focus on developing learners' ability to distinguish between similar sounds, understand word stress patterns, and grasp the nuances of stress and intonation in spoken language. Teaching pronunciation in second language acquisition requires a multifaceted approach to address learners' diverse needs. One effective technique involves the use of minimal pairs to highlight specific pronunciation differences (Derwing & Munro, 2015). Additionally, modeling and imitation are crucial in helping learners develop accurate pronunciation through auditory modeling (Celce-Murcia et al., 2019). Providing students with audio recordings of native speakers pronouncing words and phrases simultaneously enhances listening and speaking skills (Pennington, 1996). Introducing phonetic symbols aids in understanding and producing specific sounds accurately (Roach, 2009). Furthermore, pronunciation drills and repetition exercises reinforce correct pronunciation patterns (Gilbert, 2008). Visual aids, such as diagrams and mouth *KMC Journal, Volume 6, Issue 2, August 2024, 85-105* 99

shapes, illustrate how sounds are produced physically, enhancing students' articulatory awareness (Dalton & Seidlhofer, 1994). When done supportively, error correction helps students self-correct pronunciation errors (Vandergrift, 1997). Integrating pronunciation practice into meaningful contexts, such as dialogues and role-plays, increases student motivation and engagement (Nunan, 2004). Focused practice on problematic sounds and integration with other language skills are also essential for comprehensive pronunciation instruction (Derwing & Munro, 2015). Concerning the context of Nepal, research showed that Most teachers favored employing drilling as the most convenient technique for teaching pronunciation in the classroom. Additionally, teachers were observed to utilize minimal pairs, visual representations of phonemes, pronunciation and spelling activities, and listening and reading exercises (Bhattarai, 2023; Karki, 2018). These techniques, supported by research and pedagogical theory, provide a comprehensive framework for enhancing learners' pronunciation proficiency.

Conclusion

The comprehensive exploration of pronunciation instruction in EFL contexts reveals a multifaceted landscape characterized by diverse perspectives, challenges, and effective teaching techniques. Numerous factors influence pronunciation acquisition, including learners' native language, exposure to the target language, motivation, and instructional methods. Pronunciation instruction addresses diverse components such as phonemes, intonation, stress, rhythm, and connected speech, all pivotal for proficient spoken communication. Moreover, the significance of pronunciation transcends linguistic competence, impacting learners' social identity, language use, and pedagogical approaches. Challenges in teaching pronunciation encompass neglect, first language interference, and the reception problem, underscoring the necessity for innovative instructional strategies and heightened awareness of learners' individual requirements.

Effective teaching techniques encompass a breadth of approaches, including minimal pairs, modeling and imitation, audio recordings, phonetic symbols, pronunciation drills, visual aids, error correction, contextualization, and integration with other language skills. Research on pronunciation strategy utilization has introduced another dimension to effective language learning techniques, encompassing imitation, paralanguage, adjustments in voice quality settings, and focusing on individual linguistic elements such as sounds, clusters, syllables, or words and prosodic structure. Furthermore, studies suggest that learners with varying levels of proficiency adopt different pronunciation learning strategies (PLSs), with strategies varying depending on the task. Regarding instructional interventions, strategy-based instruction has been examined for its efficacy. Such

interventions promote learner autonomy and self-regulated learning. Learners trained in pronunciation strategy protocols exhibit increased success when practicing frequently, are motivated to continue practising beyond the instruction period, and report enhanced self-efficacy.

The implications of these findings are multifaceted. Educators should embrace a comprehensive approach to pronunciation instruction that accommodates learners' diverse needs and fosters communicative competence. Educators can enhance learners' pronunciation proficiency and overall language acquisition by integrating evidence-based techniques into pedagogical practice. Moreover, raising awareness of the importance of pronunciation in language education is crucial for its inclusion within curricular frameworks and instructional priorities. Continuous professional development opportunities for educators can facilitate the implementation of effective teaching strategies and ensure pedagogical excellence in pronunciation instruction. Additionally, future research should explore innovative approaches to pronunciation teaching, considering emerging language education trends and pedagogical theory advancements. Ultimately, prioritizing pronunciation instruction and embracing evidence-based practices empower learners to achieve greater fluency, accuracy, and confidence in spoken communication, facilitating their integration into diverse linguistic and cultural contexts.

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