Mountains Mysteries: Unraveling the Mystical Allure of Mount Everest and Mount Annapurna

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Abstract

This article explores the mysterious and mystical allure of Mount Everest and Mount Annapurna, delving into the rich tapestry of cultural, religious, and historical narratives associated with these towering peaks. Drawing upon the perspectives of geographers, mountaineers, and authors, the article navigates the spiritual significance of high–altitude mountains like Mount Everest and Mount Annapurna, and the captivating legends of mythical beings like Yeti. The narrative unfolds with a vivid portrayal of the sacredness attributed to the Himalayan region, emphasizing the belief in deities and spirits inhabiting these majestic peaks. It also sheds light on the transformative experiences of climbers who, despite acknowledging the risks and challenges, find liberation, joy, and a profound connection with nature upon reaching the summit. The article concludes by highlighting the unparalleled beauty of the Himalayas, drawing on the accounts of climbers and authors who describe the sublime landscapes, pristine environments, and the spiritual resonance that makes these mountains a timeless source of inspiration and fascination.

Keywords: Himalayan, mysteries, mystical allure, sublime, Yeti

Introduction

The natural world, shrouded in its cloak of mystery, stands as an expansive realm of fascination for both nature lovers and adventure seekers. From the majestic summits of towering peaks to the depths of the ocean's abyss, nature's mysterious and mystical charm beckons the curious soul to unravel its secrets. Chand and Puri (1989) illuminate the profound attraction that nature exerts upon travelers. They articulate That nature is one of the greatest attractions for most mountain travelers. As the saying goes "There are three voices of Nature. She joins hands with us and says, struggle and endure. She comes close to us, we can hear the heart beating; she says wonder, enjoy, and revere. She whispers secrets to us but we cannot always catch her words, she says search and enquire. Thus, these are the three voices of Nature that appeal to our head and heart. This trinity of our being has, therefore, attached men of various interests to the holy mountains (Chand & Puri, 1989).

Chant and Puri acknowledge the aesthetic appeal of nature, arguing that only those who genuinely cherish it can fully grasp its miracles and attain higher energies. These sentiments resonate with Kant's observations in *Critique of Judgment* (1951)the sight of them is the more attractive, the more fearful it is, provided only that we are in security; and we willingly call these objects sublime because they raise the energies of the soul above their accustomed height and discover in us a faculty of resistance of a quite different kind, which gives courage to measure ourselves against the apparent almightiness of nature (Kant, Critique of Judgement, 1951).

Kant emphasizes the immensity of nature and our insufficiency of understanding the superiority of the natural world. He emphasizes the infinite and indefinable aspects of natural phenomena, offering a unique form of contentment for those who immerse themselves in its embrace.

Throughout history, the remote and untouched parts of the natural world have been shrouded in mystery, giving birth to tales of mystic encounters and inexplicable phenomena. Their lofty peaks like Mount Everest and Mount Annapurna veiled in perpetual snow, have been imbued with mysterious and divine connotations, often depicted as bridges between the earthly and celestial realms. Moreover, the occurrence of unexpected noises, mysterious lights, and apparitions has perpetuated their enigmatic reputation, fostering a sense of wonder and reverence among those who dare to venture into their midst. In his work, Peaks and Pinnacles (2004) Nepali geographer and author, Gurung, delves into the profound mystical surroundings of Mount Everest, highlighting its overwhelming presence in the skies that instill both awe and wonder. He describes its sheer size dominating the firmament evokes awe and wonder. As the last frontier of human occupancy, it is the home of myth and mystery: the haunt of elemental Mahadeva, Hindu Shiva, and Tantrik Padma Sambhava. Individual peaks are objects of reverence while glacier tarns, sacred caves, and the thermal springs are destinations of pilgrimage. The sanctity of peaks is related more to shape and its associated imagery rather than to their absolute height. For example, the modest Khumbu Yul-Lha (5761) has more immediacy in the Sherpa lore than the supreme Everest (Gurung, 2004).

Gurung (2004) portrays the Himalayas, Everest at their heart, as a landscape imbued with mysterious and spiritual allure, captivating a thrilling and intoxicating picture with its blend of natural grandeur and spiritual significance. The mystical landscape is further enhanced by the presence of monasteries with their vibrant art, devoted monks, and colorful surroundings, casting an indelible enchantment on all who visit.

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The Himalayan region beckons adventurers and seekers to immerse in its majesty, offering unparalleled encounters with nature in its most sublime form. This magnetic allure draws many well-known and celebrated mountaineers from the world to scale Mount Everest and Mount Annapurna every year. In Puranas, sacred texts of the Hindus, have portrayed high-altitude mountains as mysteries and holy places, believed to be the abode of gods and goddesses. Ed Douglas in *Himalaya: A Human History* (2020) reinforces this idea as these mountains are the region of Swarga, or paradise, the home of the righteous. 'Here there is no sorrow, nor weariness, nor anxiety, nor hunger, nor apprehension; the inhabitants are exempt from all infirmity and pain, and live in uninterrupted enjoyment for ten or twelve thousand years.' At the center of this cosmic landscape, we are told, is the mountain Meru, in the shape of a lotus seed, like an inverted, rounded cone, on its summit is the city of Brahma, among its petals the abode of the gods, ...Meru is often taken to be Mount Kailas... (Douglas, 2020).

Douglas (2020) claims that the high mountains are considered to be the region of paradise, where only righteous individuals may reside. The summit of the mountain Meru, often considered Mount Kailas, is viewed as the center of the cosmic landscape. Similarly, Barcott in *The Measure of A Mountain* (Barcott, 1997) highlights the sacredness of mountains across various cultures and religions in the following words: in Nepal, the mountain the rest of the

world calls Everest is known as *Chomolungma*, the mother goddess of the Earth. Thousands of Hindu pilgrims each year circumnavigate the Tibetan peak Kailas, upon whose summit dwells Shiva, Lord of the world. Buddhists and Jainists also hold Kailas sacred . . . Zeus, the supreme god of the ancient Greeks, ruled from high on Mount Olympus. Muhammad met the angel Gabriel and received the word of God in a cave on Mount Hira (Barcott, 1997)

Barcott's (1997) reflection on the sanctity and sublimity inherent in mountains, characterized by their vastness and infinite nature aligns with philosophical discourses on the sublime, particularly those of Kant who asserts, "nature is therefore sublime in those of its phenomena whose institution brings with the idea of its infinity" (Kant, Critique of Judgement, 1951). Kant's assertion is similar to Barcott (1997) who believes that the natural world has vast and infinite qualities that evoke the sublime, and help to attain sublimity.

The high mountains are not only mystical, they are horrible, and terrific due to their landscape. Many narratives comprise the myths of dragons and monsters, believed to inhabit these regions. Shipton, in *Mountain Conquest* (Shipton, 1966), articulates until two hundred years ago mountains were regarded with profound distaste. Eighteen-century travelers through the high alpine valleys described the peaks as 'fearful', 'horrid', and 'repulsive', their beauty seems to have been hidden from sight. These places, where today thousands of tourists go each year for recreation and pleasure, were then believed to be the abode of evil spirits and demons. Even educated people thought that dragons dwelt among the glaciers, ready to pounce upon anyone bold enough or stupid enough to intrude upon their domain (Shipton, 1966).

Shipton (1966) claims that ancient culture held negative views of mountains and mountaineering, considering them the homes of monsters and demons, like the dwelling of the fire-breathing creature.

However, the attitude towards these natural wonders began to change in the mid-eighteenth century with the advent of the Age of Enlightenment, the French and American revolutions, the voyages of Captain Cook, and the birth of modern science, among other factors, according to Shipton (1966). The frontiers of human knowledge, like the knowledge of Voltaire and Rousseau, challenged age-old traditions and inquiry, challenged traditional beliefs, and encouraged a new appreciation for mountains. Shipton (1966) further asserts, "Rousseau, a passionate advocate of a return to nature, was largely responsible for opening men's eyes to the beauty and wonder of wild places, especially of the mountain" (Shipton, 1966; Brady, 2013). Shipton (1966) perceives nature as a source of aesthetics, joy, mystery, and sublimity, recognizing humanity's innate longing to experience joy and contentment in life. They willingly embrace challenges and risks in pursuit of fulfilling these desires.

The high-altitude landscape has adventurous tales and cultural beliefs, which encompass a wide array of myths and legends across different religions and cultures. These stories often revolve around creatures such as dragons, snowmen, and fire-breathing beasts that dwell in the high mountains. Despite the lack of scientific evidence, people continue to uphold the existence of such dreadful creatures and spirits. For instance, the inhabitants of the Everest region hold a strong belief in the existence of the Yeti, a half-human, half-animal creature, as well as terrifying beings such as bears. Chester in *The Himalayan Experience* (1990) discusses the existence of the Yeti. He explains the Yeti, also known as the abominable snowman, is probably the most infamous creature associated with the Himalayas, yet there is no scientific proof to date that such a beast exists. This fabled creature is said to live between 2,000 m

(65600 ft.) and 3500 m (11,480 ft.) in the thick forests of the eastern Himalayas. Wall paintings in temples and monasteries show two types, one that looks similar to a large monkey and the other resembling a bear. The smaller Yeti is said to feed on humans while the larger ones eat yaks (Chester, 1990).

Chester (1990) acknowledges that due to the absence of scientific proof to support the existence of this fabled creature, which is said to reside within the dense forests of the eastern Himalayas, between 2000m. and 35000m. Depictions and descriptions of the Yeti in temples and monastery wall paintings show two distinct types, one resembling a large monkey and the other a bear. Despite the lack of empirical evidence, the Khumbu Icefall area has been the site of the human encounter with the Yeti, suggesting that the creature remains an enigmatic figure in Himalayan folklore. Hillary (2000) also mentions the existence of Yeti in *View from the Summit* in the Khumbu valley, we interrogated monks and local Sherpas but, although they all expressed their belief in the existence of the Yeti, there was only one Sherpa, Sen Tenzing, who claimed to have seen one. He told me the story of how he had been attending an important festival at Tengboche Monastery which concluded... He was alone and halfway down when he suddenly saw a hairy yeti approaching him (Hillary, High Adventure: the True Story of the First Ascent of Everest, 2003).

Hillary's (2000) remarks present a cultural divergence in perceptions regarding the Yeti, with Himalayan communities holding a firm belief in its existence, contrasting with skepticism often found among Westerners who consider it merely an anecdote. This dichotomy enriches the narrative of the Yeti search, blending elements of fear, horror, delight, and excitement, into a complex tapestry of the sublime experience. The allure of the unknown and the allure of discovery drives mountaineers to embark on expeditions in pursuit of Yeti, despite the lack of conclusive evidence. Hillary (2003) mentions "I had always been a little skeptical about the existence of the yeti myself. There had been quite a lot of evidence that I could not explain- footprints in the snow; a scalp in the Khumjung Monastery; a bony hand at Pangboche Monastery; stories of a sighting by monks in their monasteries and by Sherpa in lonely shepherd huts (Hillary, View from the Summit, 2000).

Hillary (2003) admits to having been skeptical about the existence of the Yeti himself. Although there has been substantial evidence such as footprints in the snow, a scalp at the Khumjung Monastery, a bony hand at Pangboche Monastery, and sightings primarily reported by monks in their monasteries and Sherpa in isolated huts, Hillary remains doubtful of the creature's existence. He suggests that the Yeti may exist only in the imagination of the Himalayan people. Despite skepticism from the foreign mountaineers, the Yeti's story holds significant intrigue and entertainment for the Nepali people. In an article entitled, "Yeti died in Dhampus Pass, Near Dhaulagiri Mountain," Gururng and Gurung (2021) elaborate further the story has always stuck with us, especially the name Yeti, which made us wonder about this mysterious and elusive mythical creature supposedly native to my country, in the Dhaulagiri range. We thought to ourselves; what if we could find the Yeti? While trekking in the Himalayas, we were constantly on the lookout for footprints or stories of Yeti by the locals (Gurung & Gurung, 2021).

Gurungs share a compelling narrative that highlights their fascination with the Yeti, a mythical creature reputed to inhabit the Dhaulagiri range in Nepal. Their account reflects a blend of intrigue and skepticism, rooted in the lore of their homeland.

The pursuit of the Yeti leads the mountaineers through the moments of sublime as their

journey encompasses pain, fear, and horror alongside excitement and satisfaction. This idea resonates with the philosophical concept of Burke, as asserted by Brady (2013) who emphasizes that Burke's sublime puts the strongest emphasis on terror and fear, and looking ahead, we may also claim that this degree of emphasis remains unmatched by successive treatments (Brady, 2013). Brady (2013) claims that Burke's sublime focuses on fear and terror but when these elements are coupled with excitement and joy, they culminate in sublime moments. In the case of Yeti, the creature instills fear and horror yet these emotions are intertwined with delight and excitement, contributing to the sublime nature of the endeavor.

Moreover, the high-altitude landscape of the Himalayas is considered sacred and revered by both Hindus and Buddhists as the abode of various deities and spirits. In *The Himalayas: An Aesthetic Adventure*, Pal (2003) mentions that all over the globe there are mountains, but none larger or more majestic than the lofty peaks of the Himalayas. All over the earth mountains are held sacred, but none with more passionate fervor than the Himalayas (Pal, 2003). Pal (2003) argues that the Himalayan peaks are held in the highest esteem worldwide, and their spiritual significance is unparalleled. Pal (2003) further elucidates numerous are the spirits and semi-divine beings, peaceful and wrathful celestials, and deities who populate the mountains. They vary from region to region, from passes to valleys; hence, the diversity of their material representations is enormous, as will be clear from even a cursory glance at the image included here (Pal, 2003).

Pal (2003) insists that both Hindus and Buddhists believe in the countless deities who dwell on the high mountain peaks and the image of *Miyolangsangma*, as a protector goddess who resides on Everest, is revered by both Buddhists and Hindus. Sherpa (2013), a journalist and a mountaineer expresses the same sentiments in *Deadline Chomolungma*, "शिखरमा पाइला राख्नु अघि देवी देउताले बास गरेको त्यस चुचुरोलाई ढोगें । अनि सगरमाथालाई दुई हात जोडेर प्रणाम गरे । त्यतिखेर आफ्नो प्रार्थना पूरा भएको अनुभव गरें" (१५१) (Sherpa, 2013) - Before placing his feet on the summit, Ang Chring Sherpa worshipped with reverence. He paid homage to Sagarmatha by joining his hands with the deities and experiencing the fulfillment of his prayers- (Translated by Gautam, 2024). Sherpa (2013) claims that mountaineers have deep respect and love for the Goddess and he approaches the mountain with great care and attention. Both Hindus and Buddhists perceive the Himalayasas not only a magnificent mountain range but also the sacred abode of the gods. In their various texts, the range is considered the manifestation of the divine and is often referred to as *devatma* or god-souled.

This sentiment is echoed in the work of a devout Buddhist mountaineer, Norgay (2001) who advocates that the Himalayan peaks are inhabited by various deities and spirits, including *Miyolangsangma*. In *Touching My Father's Soul: A Sherpa's Journey to the Top of Everest*, Norgay (2001) recounts the tale from Buddhist mythology of *Miyolangsangma* being one of the five Long Life sisters, providing protection and spiritual nourishment to Khumbu and nearby valleys. Norgay (2001) describes the Buddhist texts that *Miyolangsangma* is one of the 'Five Long Life Sisters' who provide protection and spiritual nourishment to Khumbu and nearby valleys. Originally, *Miyolangsangma* and her sisters, who reside on nearby peaks, were pre-Buddhist demonesses, but they were subdued and converted to a Buddhist path of beneficence by Padmasambhava, the great 'lotus-born' saint known as Guru Rimpoche (Norgay, 2001).

Norgay (2001) worships Miyolngsangma, as the Goddess bestowing safeguard and guiding

him towards the spiritual path. His devotion and inner discovery from the journey find resonance with Gupta's (2006) explanation in his book, *Spirituality Unplugged*. Gupta (2006) asserts by pursuing the spiritual path, one goes through a process of evolution and internal cleansing. Any process of change involves pain; hence one may face certain difficulties. However, one should stick on with determination and go through the process in its entirety (Gupta, 2006). Gupta (2006) insists that a spiritual path entails a process characterized by personal development and inner purification. Moreover, it needs to confront difficulties and endure hardships as the mountaineers while ascending the summit.

The connection between Mount Annapurna and Annapurna Devi, the Hindu goddess of the harvest, is deeply revered in Nepali culture. It is believed that the goddess plays a crucial role in agriculture by influencing the flow of streams and rivers from the mountain glaciers, which in turn irrigates the crops. This belief is encapsulated in the publication *Mountain: An Adamant Landscapes*, by the Nepal Mountain Academy (2023) explains the name Annapurna is derived from the Sanskrit language where '*Anna*' means food and '*Purna*' means filled. Annapurna means 'full of grains' in the Sanskrit language, though it is most often translated as 'Goddess of Harvest.' Annapurna is another name for the Hindu Goddess of fertility. The mountain is named after Annapurna, the Hindu goddess of food and nourishment, who is said to reside there (Nepal Mountain Academy, 2023).

Further, affirming the mountains' significance beyond the physical grandeur, Thakuri et al. (2020) in their article "Glacial Hazards and Avalanches in High Mountains of Nepal Himalayas" highlights the mountains of Nepal Himalayas, "Mountains across the globe have been the most interesting places for trekking and mountaineering adventure tourism. Further, most mountains serve as important sources of water as they store water in the form of snow and ice..." (Thakuri et al., 2020). These dual perspectives not only showcase the mountains' physical challenges and dangers but also their profound cultural and spiritual significance, intertwining the physical and metaphysical realms in the collective consciousness of the communities, residing in their shadows.

Being a foreigner, Viesturs (2013) acknowledges the belief of the locals in the presence of powerful deities around Mount Everest and Mount Annapurna. Despite Westerners practicing different forms of faith when they reach the Base Camp, they participate in sacred rituals conducted by the locals as a sign of respect towards the supernatural power believed to reside in the snow-peaked mountains. Viesturs (2013) in *The Mountain: My Time on Everest* articulates at the Rongbuk Monastery, the team receives a stunning psychological blow. The head lama, pleasing illness, declines to perform the puja. . . the ceremony blessing the climbers about to attack the mountain, intended to ensure their protection by gods. Even today, almost ninety years later, a puja is required before we set foot on Everest (Viesturs, 2013)

Viesturs (2013) recounts the significance of the puja ceremony, which is performed to bless climbers and ensure their protection by Himalayan gods. He further asserts that the puja is deeply ingrained in the psyche of the local climbers, and even Western climbers demonstrate reverence and veneration towards the mountains. The Puja is seen as a petition of the gods for permission to climb, good weather, and safe passage and is regarded as a mysterious aspect by the people.

Despite the myths and challenges, the Himalayas are a destination that attracts trekkers and climbers due to its mysteries and natural beauty. The towering mountains, vast glaciers, thick

layers of snow, and unspoiled landscape provide a fascinating and intoxicating sublime experience for those who venture into the region. Herzog (2010) in Annapurna: The First Conquest of an 8,000-Meter Peak portrays the aesthetic and magnificent of Mount Annapurna as, the snow, sprinkled over every rock and gleaming in the sun, was or a radiant beauty that touched me to the heart. He claims that "I had never seen such complete transparency, and I was living in a world of crystal. Sounds were indistinct, the atmosphere like cotton wool" (Herzog, 2010). Herzog's (2010) description highlights the aesthetic of nature, which is indescribable and unimaginable. Similarly, when a Nepali mountaineer and author, Dhakal (2069 BS) reaches the Thorong La Pass of the Annapurna Circuit, situated at an elevation of 5.416 m, a new realization dawn upon him. In his words, "कहिल्यै नदेखेको दृश्य देख्न पाएर आँखाहरू तृप्त छन् । कहिल्यै नगरेको अलौकिक अनुभूति गर्न पाएर मन त्यसै त्यसै दङ्ग छ। फुरुङ्ग छ। कष्ट छ शरीरलाई अलिकति... अनि उमङ्ग छ मनलाई भरिभरि..." (१३६) (Dhakal, 2069 BS) - Observing, the magnifying view, the eyes are satisfied. Experiencing the mystical sensation, the mind is captivated, and enchanted. The body felt a bit tired but there was a sense of excitement in the heart- (Translated by Gautam, 2024). Dhakal (2069 BS) achieves an eternal feeling that he has never achieved before. His unprecedented experience can be connected to the philosophical discourse of Burke and Kant on the sublime. Dhakal's (2069 BS) profound encounter with the mountain marked by an unparalleled visual feast and an otherworldly sensation, catapults him into a realm of sublimity.

Amidst the myriad tales of deities, spirits, and mystical entities, the serene and unspoiled nature of the snow-clad terrain, the graceful contours of the steep slopes, and the exquisite formation created by the winds and frost on the wall of Mount Everest and Mount Annapurna present awe-inspiring vistas. Climbers are captivated by the beauty and visual appeal of these mountains. Upon reaching the summit, after enduring tremendous physical and mental challenges, climbers report their sublime experience as an epiphany, a true liberation of the mind and soul. Gautam's (2078 BS) reflection upon reaching the summit of Mount Everest, as articulated in Pandrau Chuli vividly captures the profound emotional and psychological impact of mountaineering. His expression of joy and contentment, despite the inherent risks, highlights a moment of self-transcendence. He mentions, "शिखरमा पुग्दा त्यति अप्वयारोमा पनि यति धेरै आनन्द आयो कि आफैँलाई बिर्सन्छु कि जस्तो भयो । ...चुलीमा पुग्दाको खुसी र आनन्द व्याख्या गर्ने शब्दहरू मसँग थिएनन / छैनन" (१६४-१६५) (Gautam, 2078 BS)-Despite the risks, there was so much joy and contentment at the summit. I nearly forgot myself as I ascended. At the summit, I felt, I had no words to describe the happiness and contentment (Translated by Gautam, 2024). Gautam (2078 BS) finds himself at a loss for words to convey the depth of happiness and fulfillment that he experiences at the summit. He experiences a state of sublime, marked by a transformative revelation. This sentiment echoes Brady's (2013) observation in The Sublime in Modern Philosophy: Aesthetics, Ethics, and Nature, "If our attention manages to leave our own peril and become directed to the powerful forces at hand, we may be rewarded with the thrill and awe and of the sublime" (Brady, 2013). Both, Brady (2013) and Gautam (2078 BS) assert how the summit's tranquility and isolation, combined with the energy and aweinspiring beauty of the surroundings, contribute to this sense of ineffability.

Regarding this notion, Tirth (2016) in his article "The Himalayas: A Mystic's Viewpoint" posits that the Himalayas are not just a geographical marvel but a sacred expanse, where the natural environment fosters a deep spiritual connection. He articulates the Himalayan has three unparalleled qualities, which is amazing. Firstly, there is solitude; the environment is

pristine and spiritually vibrant. Secondly, there is eternal silence, eternal concentration, and the light of energy (Shakti) flowing here. That is why mountain peaks, snow-covered areas, and such places are considered holy (Tirth, 2016).

Tirth (2016) argues that the spiritual and transformative power of the Himalayas, emphasizing how their untouched beauty and profound silence offer a path to spiritual awakening. He suggests that the Himalayas serve as a nexus where physical and spiritual dimensions intertwine, marked by deep silence, solitude, and dynamic energy about these landscapes. This sacred environment, according to Tirth has historically drawn a diverse group of seekers-from sages and yogis to artists, philosophers, and adventurers, each attracted by the Himalayas' unique capacity to inspire and elevate the human spirit. Tirth (2016) articulates it also includes the highest peaks in the world, which are a sight to inspire awe and wonder in people of any race or creed. From times immemorial, the Himalayas have given out speechless invitations to sages, anchorites, yogis, artists, and philosophers. The mighty altitude of the Himalayas constantly reminds us of the loftiness of the human soul and its vastness (Tirth, 2016).

Tirth (2016) emphasizes the Himalayas' ability to evoke awe and wonder, not merely due to their physical grandeur but also because of the spiritual resonance they carry.

Conclusion

Mount Everest and Mount Annapurna beckon the adventurers with their majestic and mystical allure. Beyond the physical challenges, the mystique and enigma surrounding these mountains invite deeper exploration of secrets and spirituality. The narratives associated with these mountains delve into the interplay between the awe-inspiring experiences and the spiritual revelations they offer. Through examining climbers' accounts, it becomes evident that ascending these summits transcends the pursuit of sublime moments, transforming into an inner journey toward sublimity and enlightenment.

The journey to the lofty heights of mountains like Mount Everest and Mount Annapurna represents the zenith of mountaineering challenge, characterized by their sheer altitude, capricious weather, and treacherous terrains. Yet within these daunting expeditions lies an unparalleled opportunity to confront the mysteries and sublime beauty of nature, catalyzing moments of deep insight and expanded consciousness. The pull of these mountains is not just in their physical stature but in the promise of solitude, beauty, and the thrill of navigating the unknown, particularly the divine. For the audacious and skilled climbers who dare to tread these paths, the mountains' allure is multifaceted- encompassing its inherent dangers and the mystical aura that surrounds their summits.

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