

## Launching of the Journal of the Physiological Society of Nepal (JPSN)

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At the *Physiological Society of Nepal (PSN)*, we are extremely happy to be starting publication of the *Journal of Physiological Society of Nepal (JPSN)*. This is the first journal in the country on medically relevant aspects of body functions. In other words, we are making a history in the scientific publication of medically important physiological aspects of life.

Till date we do not have any scientific periodical in the country dedicated to functions of life processes when we know that there are sizeable researchers, doctors and scientists exploring physiology of animals including human being and plants that have human applications. Therefore, this is your own journal because it aims to consider your research reports on any physiological aspect of life that is relevant to human being. After a decade long struggle for our professional organization, we have been able to (historically) establish a journal on functional aspects of life with a focus on medically relevant physiology and pathophysiology including its clinical issues.

As we believe and strive for, the researchers and scientists now onwards would find this journal appropriate for publication of their genuine research pertaining to life functions. The range of publications we will include is from research reports on physiology and pathophysiology from closed lab (individual animal/human case reports) to open lab (community level studies), and from low land (hot humid climate) to high altitude physiology and medicine (hypoxia, cold and mountain life). Similarly, we will welcome the reports from submolecular level to integrative levels. While doing so, the journal will give a due space to any innovation in physiology education as well.

When evaluating any research report, we will look for scientific substance and methods used in it, irrespective of observations made. We wish to be a scientific journal based on substance. As Tina Brown said, 'A magazine - a relevant one - should be a sound, not an echo.'

At present, there are dozens of health journals in the country. However, it was/is a felt need of the country to work for a scientifically based biomedical journal addressing the functional aspects of life that are relevant to human health. Thus, our initiative aims to making the journal a well read and referred to (quoted) not only by the scientific community but also by policy-makers, and scientists and researchers of many other disciplines.

Since the journal will have wide coverage, we hope that the contributors and readers will like the content presented to them. Simultaneously, we expect from the contributors and readers that you will make efforts to



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strengthen and improve its quality. Therefore, as Israelmore Ayivor said, 'A person who wrote badly did better than a person who does not write at all. A bad writing can be corrected. An empty page remains an empty page.' Thus, dear contributors and readers, please do some substantial scientific

work and report to us. We are here to support your contribution to science and humanity.

We sincerely thank all our respected advisors, editors, reviewers and, above all, the contributors of this first issue of the JPSN.