

EDITOR'S MESSAGE

Endocrinology has been an emerging and matter of interest in young physicians in Nepal. Diabetes mellitus and thyroid disorders are among the frequently encountered diseases of Endocrinology but we working in both private hospitals and academic institutions have great challenges in managing all endocrine disorders. A journey from master control of hormones-hypothalamus to all the endocrine glands with both positive and negative feedback axis mechanism is not easy to understand. A team work with various subspeciality like Gynecologist, Infertility, Ophthalmologist, Dermatologist, cardiologist, Nephrologist, Urologist, Neurologist, Neurosurgery is always needed to treat the patients with various endocrine disorders. In addition to this very vital role is played by a dedicated team of pathologists, Genetic expert's and radiologists in diagnosis of rare endocrine disorders. we working in a larger scale hospitals in both capital city and big cities of nepal do get so many referals from all over nepal for management of Endocrine cases. This is a big challenge for all of us. Diagnosing a disease, treating the cause and consequencing the after treatment course of disease in a setting like ours is not always easy. There are so many investigations that we have to send aboard and wait for almost 2-4 weeks for the results. Lack of various medicine in nepal for both Diagnosing and treatment has also made us more difficult in diagnosis the disease. Dispite all the difficulties we have so many young energetic doctors who have been seeing and managing difficult cases in Endocrinology.

This issue of Rare cases in Endocrinology is the first issue published in Nepal. I personally would like to thank Diabetes and Endocrine association of Nepal for coming with the great idea of publishing this issue journal creating a history in Nepal.

I would like to thank all the motivating Author's of the cases who have worked so hard and theirs mentors in guiding them with breadth and depth of special rare cases in Endocrinology. Special thanks the reviewers who have dedicated their valuable time to give best to the case reports. This issue of Rare Endocrine cases will help all the physicians who have been encountering similar complexity of hormone disease in other hospitals of Nepal. please do share us the rare endocrine cases if you have in your clinics and Hospitals so that your cases will help other physicians in managing similar cases.

At last i am sure that our effort in managing endocrine cases is and will make a positive and quality impact in life style of our patients.

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