

EDITORIAL _____

We are pleased to announce the release of the 1st Issue of the 8th Volume of the Journal "Interdisciplinary Research in Education." In this edition, we highlight the importance of interdisciplinarity in educational systems, which is a key aspect of the Research Management Cell (RMC) of the Central Department of Education's work approach.

This issue comprises 14 original papers from various disciplines, contributing to scholarly knowledge across different subjects. Five articles are written in Nepali, focusing on education in general and Nepali education specifically. Ravi Kiran Adhikari analyzes the pedagogical value of sound aesthetics in the essay "*Ashadh ko Pandhra*," while Rajendra Khanal discusses the use of symbols in the poem collection "*Priya Maunata*." Keshav Bhusal explores pedagogical issues related to children's stories in Nepal, and Dawa Sherpa provides sociolinguistic perspectives from "*Muna Madan*." Lastly, Shyam Prasad Phuyal analyzes the benefits of increasing citizen participation in elections in Nepal and its educational implications.

Moving on to the next nine articles in English, they cover various important topics. Hari Maya Sharma identifies the gap between anticipated and realized collaborative learning in higher education in Nepal and advocates for a collaborative learning environment. Milan Acharya and Minraj Adhikari explore the challenges of mental health among senior citizens in Kirtipur municipality. Indra Raj Upadhyaya, Sharmila Pokharel, and Parasmani Ghimire focus on engaged learning practices among students in Chemistry. Similarly, Kalpana Gyawali, Pitambar Acharya, and Deepak Poudel discuss environmental pollution and its impact on human health.

Shailendra Chilawal presents a comparative analysis of girl students' attitudes toward yoga in the public campuses of Kathmandu and Rautahat districts. Krishna Bahadur Thapa emphasizes the need for a comprehensive diagnostic study on dyslexia and inclusive education in Nepal. Narayan Prasad Adhikari examines the problems and concerns of teachers in the teacher education program and suggests effective actions to strengthen the program. Romkanta Pokhrel, Bhagwan Aryal, and Manual Selvaraj Bexci present findings from a phenomenological study on value-based curriculum and pedagogy for 21st-century learners in Nepal. Lastly, Padma Koirala's review article discusses women's empowerment in higher education in Nepal and emphasizes the key role of education in women's empowerment.

Education itself is a multidisciplinary subject that requires ongoing research and innovation for its development. We encourage the education community to contribute to "Interdisciplinary Research in Education" by studying and writing papers with an interdisciplinary approach in the upcoming issues. Together, we can continue to strengthen the field of education and make a positive impact on the world

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