egneuro,04(01):1-2,2022

Women in Neurosurgery

Karuna Tamrakar, Yoko Kato

¹Department of Neurosurgery, B and C Medical College Teaching Hospital and Research Center, Birtamode, Jhapa, Nepal

Correspondence:

Dr. Karuna Tamrakar Karki Department of Neurosurgery B and C Medical College Teaching Hospital and Research Center, Birtamode, Jhapa, Nepal Email: tamrakarkaruna@gmail.com

am a woman in neurosurgery,

I have family to take care and daughter to lend,

I have clothes to wash and house to mend!

I have patients to see and operate the case

Make them walk and bring smile on their face

I bleed, I cramp and I still hustle with grace!

I have food to shop and dinner to make

I have chores to do being less shake

Discourage, lies, failures

I face many challenges and hardship,

Unsocial, introvert, grouchy is name I gain,

I fail to make people happy is the main blame!

I roar to supercilious and worry for needy

I hate discrimination and dominating society,

I stand next to disparity, and I am a warrior

Neurosurgery is my dream and my career!

I have passion to follow keeping my heart mellow

Date submitted: 20/09/2022 Date accepted: 1/10/2022

1

I have aneurysm to coil and AVM to embolize

I have aneurysm to clip and tumor to excise!

I have several lives to save and vision to restore,

I have hematoma to evacuate and brain to decompress

I have broken spine to fix and cord to decompress

But, I have no time for this false world to impress!

I have books to read and duty to teach,

I have paper to write and an article to publish,

Gossiping, backbiting and leg-pulling, isn't it rubbish!

My old mother, she wishes to hear!

And I remain busy oh! Dear

With God grace and her prayer,

I am a woman in neurosurgery with no fear!

References:

- 1. Kato Y. Role of Women in Global Neurosurgery. Neurology India. 2022 Jul 1;70(4):1338.
- 2. Shah A. Yoko Kato: the silent warrior of neurosurgery. Neurosurgical Focus. 2021 Mar 1;50(3):E17.
- 3. Spetzler R. Progress of women in neurosurgery. Asian journal of neurosurgery. 2011 Jun;6(01):6-12.
- 4. Abosch A, Rutka JT. Women in neurosurgery: inequality redux. Journal of neurosurgery. 2018 Jun 1;129(2):277-81.
- 5. Benzil DL, Abosch A, Germano I, Gilmer H, Maraire JN, Muraszko K, Pannullo S, Rosseau G, Schwartz L, Todor R, Ullman J. The future of neurosurgery: a white paper on the recruitment and retention of women in neurosurgery. Journal of neurosurgery. 2008 Sep 1;109(3):378-86.
- 6. Garozzo D, Rispoli R, Graziano F, Gerardi RM, Grotenhuis A, Jenkins A, Sammons V, Visocchi M, Pinazzo S, Lima R, Martinez F. Women in neurosurgery: Historical path to self-segregation and proposal for an integrated future. Frontiers in Surgery. 2022:927.
- 7. Zeitlberger AM, Baticam NS, Sprenger L, Tizi K, Schaller K, Stienen MN. Gender disparity in neurosurgery: A multinational survey on gender-related career satisfaction. Brain and Spine. 2022 Jan 1:2:100890.
- 8. Zanon N. Women in neurosurgery: a challenge to change history—Brazil, São Paulo. Child's Nervous System. 2011 Mar;27(3):337-40.
- 9. Kuzucu P, Evleksiz D, Gökalp E, Özışık P, Güngör A. Women in neurosurgery: perspectives from a developing country; Turkey. Neurosurgical Review. 2022 Feb 14:1-6.
- 10. Wilson CM, Mackenzie ES, Yudien MA, Charles AJ, Tissot MI, Churchill SJ, Brown NJ, Shulkin JM, Detchou DK, Reddy VP, Chambless LB. Overcoming obstacles and breaking barriers for women in neurosurgery. Journal of Neurosurgery. 2021 Oct 15;136(3):935-6.
- 11. Devi BI. Women in Neurosurgery. Neurology India. 2022 Jul 1;70(4):1336.