# DENTAL-IMPLANT RETAINED MANDIBULAR OVERDENTURE: A CASE REPORT

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#### ARTICLEINFO

Article History

Received : 10 June, 2018 Accepted : 07 August, 2018 Published : 31 August, 2018

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**CR 18** 

DOI: http://dx.doi.org/10.3126/bjhs.v3i2.20967

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#### Citation

Gupta R, Singh RK, Basnet BB. Dental-implant Retained Mandibular Overdenture: A Case Report. BJHS 2018;3(2)6:488-491.

## ABSTRACT

The prosthetic management of the patient with resorbed ridge has long been a major challenge for dentistry. Conventional complete denture for long was the standard of care for all such patients. However, most patients find it difficult to adapt to mandibular denture due to lack of retention and stability. Recent scientific studies carried out over the past decade have determined that the benefits of a mandibular two-implant overdenture are sufficient to propose the two-implant overdenture-rather than the conventional denture - as the first treatment option.

# **KEYWORDS**

Mandible, overdenture, standard of care





# **INTRODUCTION**

Ill-formed denture foundation compromises the efforts of an enterprising dedicated clinician to better rehabilitate the masticatory functions. Various proposed conventional method to underpin the efforts in rehabilitation are modifications in impression procedure, neutral zone technique and monoplane occlusion scheme. However, with the advent of Osseo integrated implants, the restorative efforts can now achieve better retention and stability and therefore function more efficiently with better patient acceptability.

# **CASE REPORT**

A male patient, aged 55 years, presented with a chief complain of missing teeth in the upper and lower jaws. He suffered with no apparent medical illness. On history taking the patient reported to have worn complete dentures for 8 years. Intraoral examination revealed severely resorbed completely edentulous maxillary and mandibular arches with less than optimum foundation for denture bearing and poor prognosis for mandibular denture. The resorption in the mandibular arch was classified as Atwood's order V (Figure 1).



Figure 1 : Completely edentulous maxillary and mandibular arch

### Investigation:

- 1. Orthopantomograph with ball bearings (Fig 4.)
- 2. Bleeding time/ Clotting time
- 3. Blood glucose (Fasting and Post-Prandial)
- 4. Haemoglobin
- 5. Calcium

## **Prosthesis fabrication:**

Maxillary and mandibular preliminary impressions were made in impression compound. Autopolymerising acrylic resin was used to fabricate custom trays. Conventional technique of border moulding and secondary impression were performed for the maxillary arch. Custom tray for the mandibular arch, however, was made according to cock-tail impression technique. The final impression for maxillary arch was made using Zinc oxide eugenol impression paste following the incremental method of border moulding with green stick compound. McCord and Tyson technique using 3:7 parts by weight of impression compound and green tracing stick was used to make the definitive impression for the mandibular arch (Figure 2). Jaw relation, articulation, teeth arrangement and try in (Figure 3.) were done sub sequent to the retrieval of mater casts.

## Implant surgery:

A diagnostic OPG was made after placement of a radiographic stent with two ball bearings followed by bone mapping procedure for the assessment of dimensions of available bone at the proposed site of implant placement.

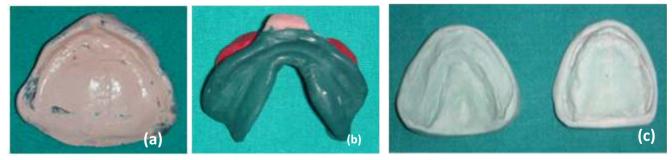


Figure 2: Maxillary final impression following conventional technique (a), Final impression for mandibular arch using Cock-tail impression technique (b), Master Casts (c).

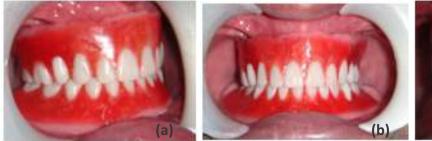


Figure 3: Try in procedure; Right lateral (a), frontal (b), Left lateral (c).







Potential implant site for overdenture support in anterior mandible between the mental foramens is customarily divided into five equal columns of bone A, B, C, D and E starting from the patient's right side. In our case two stage implant placement protocol was planned and accordingly two implants 3.5mm  $\times 11.5$  mm were placed in B and D positions (Figure 4) through a crestal incision after one-hour preoperative loading dose of 1000mg amoxicillin. Interrupted suturing was done using silk 3-0 sutures for primary closure of the line of incision. The patient was then discharged with a prescription of the following

1. Cap. Amoxicillin 500mg three times daily for three days

2. Tab. Ibuprofen 400mg three times daily for three days Second stage surgery was performed 3 months postoperative and prefabricated gingival formers were attached, which were subsequently replaced after formation of gingival cuffs with metallic ball abutments. (Figure 5.) compared to maxilla, puts mandibular denture into a compromised position and at bay with retention and stability.<sup>2</sup> A number of modified impression technique have been described for resorbed mandibular ridges by various authors, such as admixed, functional reline, All-green and cocktail technique conferring better retention and stability to dentures as compared to dentures fabricated by conventional technique.<sup>3-7</sup> In this case, an analogue for mandibular denture bearing area was obtained using cocktail impression technique and subsequently rehabilitated in accordance to the York consensus statement underpinning two implants supported mandibular overdenture as the first choice of standard of care for mandibular edentulous patients.<sup>8</sup> Various attachment system have been discussed in scientific literature to connect implants with overdenture.<sup>9</sup> Yen et.al and Jain et.al have used locator attachment system to connect non-splinted implants with mandibular overdenture.<sup>10,11</sup> In this case a ball and socket attachment



**Figure 4.** Orthopantomograph with ball bearings in place B and D location, assessment of relative parallelism between performed osteotomy after initial pilot drill (b), after implants insertion (c).







Figure 5: Ball attachment in place (a), Complete denture (b), Rehabilitation with implant supported mandibular overdenture

The abutment site was marked intraorally with an indelible pencil and these markings were transferred to the lower denture. The denture was relieved in the marked area and direct method of attachment of nylon plastic cap with lower denture was used. The fit of the lower denture with nylons caps were evaluated. Patient was recalled after 1 week, 3 weeks, 3 months and 6 months for further evaluation.

### DISCUSSION

A severely resorbed residual ridge is an adverse anatomical presentation for proper functioning of conventional complete dentures. Mandibular edentulous ridge in contrast to maxilla is subject to greater bone resorption, both during the first year of tooth extraction and in the following years.<sup>1</sup> To add, the disadvantageous ratio of denture bearing area to its circumference for mandible, as

was used in OD-1 prosthetic configuration for reasons of financial constraints, better accessibility to oral hygiene procedure and with a recommendation of prosthetic upgradation in subsequent years. The ball attachment used was connected to the overdenture using the direct pick-up procedure instead of the indirect technique for its superior long-term prosthetic aftercare, to curtail the errors in clinical impression and laboratory techniques.<sup>12</sup> An implant supported overdenture excels conventional complete denture at various fronts viz. retention, stability, chewing efficiency and phonation.<sup>13</sup> Literature abounds in favourable evidences that support a decline in the rate of bone resorption with use of overdenture as compared to conventional dentures, implying less frequent need for relining and rebasing procedures.<sup>14</sup> The oral health related quality of life assessment shows a consistently better patient satisfaction and acceptance than with conventional dentures.



Birat Journal of Health Sciences Vol.3/No.2/Issue 6/ May-August 2018



# CONCLUSION

Rehabilitation of the resorbed edentulous mandible is a challenging task. A two-implantsupported over-denture option is a simple, cost effective and minimally cumbersome option for rehabilitation of such patients.

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# **CONFLICT OF INTEREST**

None

#### **FINANCIAL DISCLOSURE**

None

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