

## Inaugural Message from Editor-in-Chief



*It is our great pleasure to welcome you all in this inaugural issue of Annapurna journal of Health Sciences which is the official journal of Annapurna Neurological Institute and Allied Sciences. This whole concept was visualized in 2013 in the form of Annapurna Newsletter but it eventually matured with the guidance of our Chairman Prof Basant Pant and emerged as this journal.*

*This journal will be a platform for all the medical and non medical fraternity to publish articles related to health sciences. We would like to encourage not only doctors but also the nurses and other paramedics to submit their work so that this will create a habit of continuous writing and learning. All submission to this journal will undergo a peer review process, and accepted manuscripts will be published as per journal formats.*

*We are very thankful to editorial board who are constantly supporting in the publication of this journal. We would like to express our sincere gratitude to our international editors and advisors who have been mentors in our journey since ages. Finally we are very much thankful to our journal manager Dr Sharad Hari Gajuryal for his tireless effort.*

*As every ocean starts with the drop, we believe this issue will be a landmark in making history in the coming years with quality papers to enhance science and serve humanity.*

*Thank You !*

**Resha Shrestha**  
*Editor in Chief*  
*Annapurna Journal Of Health Sciences*

