



A Significant Milestone in Thyroid Eye Disease Research in Nepal

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Dear Editor,

We are pleased to announce the launch of the Nepalese Thyroid Eye Disease (NEP TED) Registry - a national initiative led by the Nepalese Society for Oculoplastic Surgeons (NESOS). This landmark project aims to advance understanding and management of Thyroid Eye Disease (TED), a condition often underrecognised and underreported in Nepal.

Approved by the Nepal Health Research Council (NHRC) in 2024 February, it became the first eye disease registry approved by NHRC in Nepal!!! The registry operates via a secure online platform for standardised, confidential data collection across 54 study centres, with participation from 54 oculoplastic surgeons

nationwide. In addition to demographic and clinical data, it includes a quality-of-life assessment to evaluate the broader impact of TED on patients.

The registry seeks to establish a national database to characterise TED's epidemiology, natural history, and treatment outcomes in Nepal, as well as to identify predictors of disease progression and treatment response. Data governance is jointly overseen by NESOS, NHRC, and the Ministry of Health and Population.

We invite all ophthalmology centres and clinicians across Nepal to participate in this collaborative effort. Together, we can strengthen evidence-based care for TED and foster future research benefiting patients nationwide.

Sincerely,

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President, Nepalese Society for Oculoplastic Surgeons (NESOS)

Financial Interest : Nil

Received : 24.02.2025

Conflict of Interest : Nil

Accepted : 21.07.2025

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Access this article online

Website: www.nepjol.info/index.php/NEPJOPH

DOI: <https://doi.org/10.3126/nepjoph.v17i1.75919>

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ISSN: 2072-6805, E-ISSN: 2091-0320



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