

EXPERIENCE WITH CHEST TRAUMA IN SHREE BIRENDRA HOSPITAL KATHMANDU

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In the modern world Trauma ranks only behind Cardio-Vascular & cancer as a cause of death.(1)

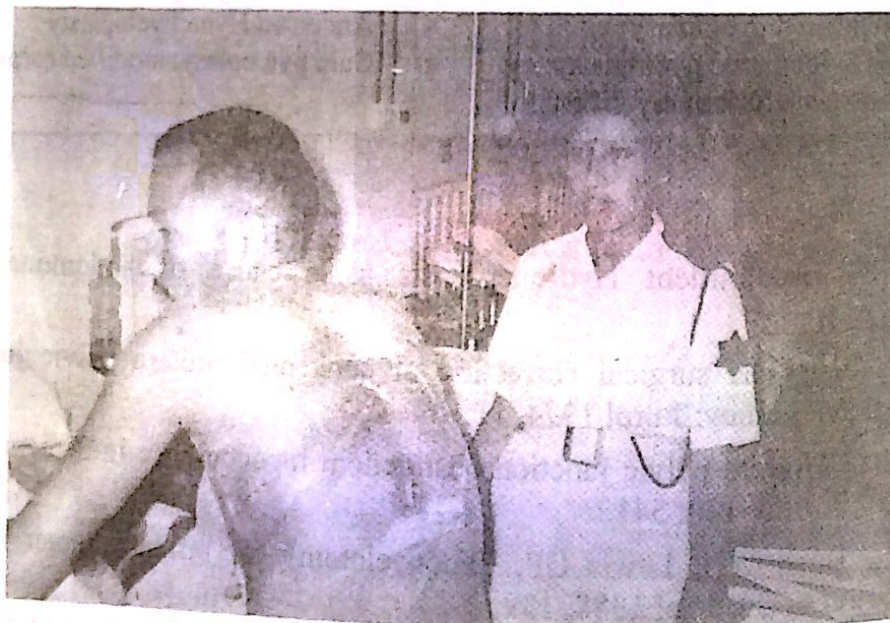
In USA & UK Trauma is the leading cause of death is people under the age of 40 years.
(2)

Thoracic traumas are the sole cause of death is 25% of victims and contributory cause in another 50%. (3)

Shree Birendra Hospital is a 300 bedded Hospital with 10 bedded Trauma unit. In 1996, 2046 injured patients reported Trauma unit for medical treatment. Out of 2046 patient 360 patients were admitted. Of them 161 patients with limb fractures. 111 with abdominal injury, 52 patients with head injury, 26 patients with chest injury. 7 with burn injury & 3 with spinal injury.

Mechanism of injury in 324 were 161 with fall from height, in 153 road traffic accident. Bomb blast injury in 4 patients. Bullet injury in 4. Stab injury in 2 and in rest 1722 three were various mode of injuries. Of 360 Trauma patient admitted there were 10 deaths of them 5 following head injury, 2 burns, 1 bullet injury chest and neck, 1 spinal injury, 1 electrocution.

Of 26 chest Trauma patients admitted 19 were following blunt injury and 7 following penetrating injury. Treatment given to them was Thoracostomy tube drainage in 8 patients, Thoracotomy and repair in 1, vascular repair in 1, chest wall repair in 6, conservative management in 10. There was one death among 26 patients.



Picture of a patient with Penetrating chest injury after Thoracotomy.

SHREE BIRENDRA HOSPITAL

Kathmandu, Nepal

TRAUMA CENTRE

TOTAL NO. OF TRAUMA PATIENTS REPORTED IN 1996	- 2,047
OUT PATIENT NO.	- 1,686
PATIENTS ADMITTED	- 360

ADMISSION:

HEAD INJURY	- 52
SPINAL INJURY	- 3
CHEST INJURY	- 26
ABDOMINAL INJURY	- 111
LIMB #	- 161
BURN	- 7
TOTAL	- 360

OPD:

CUT AND OTHER INJURIES	- 1686
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TRAUMA 1996 MECHANISM OF INJURIES

ROAD TRAFFIC ACCIDENT	- 153
FALL FROM HEIGHT & #	- 161
BOMB BLAST INJURIES	- 4
BULLET INJURIES	- 4
STAB INJURIES	- 2
	324
OTHERS	- 1722
TOTAL	-2046

CHIEST TRAUMA 1996

NO. OF PATEENTS ADMITTED	- 26
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MECHANISM OF TRAUMA

BLUNT CHEST INJURIES	- 19
FALL FROM HEIGHT	- 9
LAND SLIDE VICTIM	- 1
SPORTS INJURIES	- 1
ROAD TRAFFIC ACCIDENT	- 8

PENETRATING CHEST INJURIES:

STAB INJURY	- 2
BOMB BLAST INJURY	- 2
BULLET INJURY	- 3

TYPES OF CHEST INJURIES FOLLOWING

BLUND CHEST INJURIES

MULTIPLE RIB # WITH ARDS	- 5
PULMONARY CONTUSION	- 4
HAEMOTHORAX	- 4
TENSION PNEUMOTHORAX	- 3
STERNAL #	- 2
SPINAL #	- 1

PENETRATING CHEST INJURIES

STAB INJURIES WITH HAEMOTHORAX	- 1
STAB INJURIES WITH PNEUMOTHEORAX	- 1
BULLET INJURIES WITH VASCULAR INJURY	- 1
BULLET INJURIES WITH CHEST WALL INJURY	- 1
BOMB BLAST INJURIES WITH CHEST WALL INJURY	- 2

EMEREGENCY PROCEDURES

DONE FOR CHEST TRAUMA

THORACOSTOMY TUBE DRAINAGE	- 8
THORACOTOMY	- 1
VASCULAR REPAIR	- 1
CHEST WALL REPAIR	- 6
CONSERVATIVE TREATEMENT	- 10

TOTAL - 26

TRAUMA MORTALITY 1996

FOLLOWING:

HEAD INJURY	-	5
SPINAL INJURY	-	1
BULLET NECK INJURY	-	1
ELECTROCUTION	-	1
BURN	-	2
TOTAL	-	10

OUT OF - 360 TRAUMA ADMISSION

Conclusion

In conclusion unlike in the western countries in our experience in Trauma unit. Shree Birendra Hospital commonest mechanism of injury was following fall from height followed by road traffic accident and commonest cause of death following Trauma was head injury followed by burn. (4,5)

Reference

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