

# Medical Training in Shree Birendra Hospital

(Lt. Col. Dr. Suraj SJB Rana)  
MBBS MD  
Consultant Ophthalmologist  
Chief of Medical Training Centre

Shree Birendra Hospital gives medical coverage throughout the country to: The Royal Family, any person by order of Principal Military Secretariat, foreign nationals associated with Royal Nepal Army, in-service personnel, dependents of in-service personnel, ex-service personnel, dependents of ex-service pensioners. In-service personnel of the Principal Military Secretariat, Defence Ministry, Defence Controller, Rastriya Anusandhan Bibhag, Rajdurbar Shikari and Pipa Goswara. Staff and students of Birendra Sainik Awasiya Mahavidhyalaya, referred cases from Shree Birendra Prahari Hospital, civilians employed in Royal Nepal Army and other civilian casualties for whom there are 35 beds in the Post Accident Centre of Shree Birendra Hospital.

The nurses Training programme was started in Shree Tribhuvan Chandra Military Hospital in 2019 B.S. The courses were divided into basic and advanced. Prior to the introduction of this training programme trained Army personnel were called "Nursing Orderlies". Since 2046 B.S. a new system has been introduced in Shree Birendra Hospital - the Nursing Assistant Courses. Four grades of Nursing Assistant are trained. Nursing Assistant IV to Nursing Assistant grade I, the latter being the most advanced. In certain non-clinical departments i.e. Pathology and Radiology respective departmental technicians grade II (Basic) leading to grade I (Advance) courses are conducted.

Since 2046 B.S. 8 batches of Nursing Assistant Grade III Course, 4 batches of Nursing Assistant Grade II Course and 2 batches of Nursing Assistant Grade I course along with various Departmental Technician Grade II (Basic) and Grade I (Advance) courses have been conducted. So far 674 students have passed Nursing Assistant Grade I Course.

## The courses being conducted

S.No.	Course	Number of Students
1.	8th Batch X-Ray Basic	12
2.	4th Batch Dental Advance	9
3.	14th Batch Pathology Basic	15
4.	11th Batch O.T. Advance	8
5.	1st Batch Orthopaedics Advance	8
6.	5th Batch Anaesthesiology Advance	8
7.	7th Batch Psychiatric Advance	6
8.	2nd Batch Endoscopy Training	4
9.	9th Batch Nursing Assistant Grade III	102
	Total	179

Many specialized units; Intensive Trauma Care Unit (ITCU), Lithotripsy Unit, Magnetic Resonance Imaging (MRI), Haemodialysis Unit; imparting tertiary level care have been introduced in this hospital. Further the strength of the Royal Nepal Army has increased with the addition of 11 new Brigades since 2046 B.S.. Also the training programmes have to be regularly upgraded to keep up with the ever advancing medical sciences. These facts have greatly over burdened the training centre. Despite all the training activities the increased demand of the specialised trained manpower is not met. At present there is an acute shortage of Nursing Assistants.

The Medical Training Centre has recently been established on 14th Poush, 2053 B.S. However there is not enough staff in this organization. In the near future we have to expand the Medical Training Centre and plan not only to train Nursing Assistants but also; in collaboration with the Institute of Medical Tribhuban University Teaching Hospital; to run courses for Certificate Level Nursing and MBBS and finally have our own Army Medical College.