

A BRIEF INTRODUCTION OF SHREE BIRENDRA HOSPITAL

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Situated on the lap of "Swayambhunath Stupa" one of the most important Buddhist pilgrimage, Shree Birendra Hospital is approximately 7 K.M. West to the heart of Kathmandu Metropolitancy. To know the true history of the hospital, we have to go 77 years back of the history. The hospital is the continuation of Tribhuvan Chandra Military Hospital (TCMH), Mahankalsthan, Kathmandu. TCMH was established at 24th Bhadra, 1983 BS that is to say 9th September, 1926 A.D. As written on the monument of the hospital, it was established "To the glory of Shree Pashupatinath and to the memory of those brave son of the Kingdom of Nepal who fell in the Great War 1914-1918 AD". (First World War). The words on the monument make us clear that the hospital was erected to heal the wounds that the infamous World War gave to us. On the auspicious Silver Jubilee of the Governance of Bir Shamsher Jung Bahadur Rana, His Majesty King Tribhuvan Bir Bikram Shah inaugurated the hospital by opening the Golden Lock of the hospital. In spite of the insufficiency of the time, the hospital won its fame as one of the finest and modern hospital in all of Asia.

Established with the motto of "Sarva Roga Nivarana" (Literally meaning Remedy of all Diseases), Shree Birendra Hospital was officially opened on 14th Paush, 1952 BS. Initially started with the capacity of only 64 beds, at present, the hospital has the capacity of 380 beds and the hospital has its plan of extending its capacity to 500-700 beds in near future. To go back to the history of SBH, the foundation stone for the hospital was laid on 15th Paush, 2043 BS. The first phase (Surgical Block) was completed on 2046 BS. The second phase was completed on 2047 BS and the whole hospital was shifted from Mahankalsthan to Chhauni. SBH has been providing its health services through its four main Wards and 14 Departments. In addition to these, the hospital is equipped with various modern health-care units. An excellent Post Accident Unit, Four well-equipped modern Operation Theaters with Coronary Care Unit (CCU), an Intensive Care Unit (ICU), and an Intensive Trauma Care Unit are the prominent features of this hospital. Besides these facilities, the hospital has got VVIP and VIP suites. In the night of 1st June, 2001 AD, an inauspicious Royal incident that had taken away the life of King Birendra Bir Bikram Shah after whose name the hospital is known. Her Majesty Queen Komal RajyaLaxmi Devi Shaha had Emergency Thoracotomy operation for Bullet injury chest & also many living members of present Royal Family & Relatives had an emergency operations on 1st Jun. 2001 AD.

At present, the total numbers of more than 100 Doctors are providing their services to the hospital. Besides these, approximately, the total number of about 1000 personnel are dedicated in their services to make the health services more reliable at SBH. Approximately an average of 350,000 patients per year is treated in the hospital including an average of 3,000 In-Door patients who are admitted to the hospital. An average of 2,500 Major/Minor operation and Closed Heart Surgery are carried out on the hospital. Including advance Endourological services, Edoscopic Cholecystectomy surgery. Video Assisted Thoracoscopic Surgery Started in this hospital. The Medical, Surgical, ENT, Orthopaedic and Anaesthesiology faculties of our hospital is also recognized by Nepal Medical Council (NMC) for Internship after passing out MBBS exam to get registration in NMC. The Shree Birendra Hospital is providing health services to the Royal Family and relatives, the serving personnel of RNA, Ex. Army and their family, personnel working at Ministry of Defense and their spouses, personnel of Nepal Police, Fire Brigade, Department of Investigation, persons honored with Army Rankings and their spouses, Student and personnel of Shree Birendra Army Higher Secondary Boarding School, Victims of Natural and unnatural Disasters.

SBH has its aim to extend its services through the establishment of a Cardiac Care Unit with a Cardiac Catheter Laboratory and Open heart surgery. After having Electro-Lithotripsy MRI, we are getting Multislice Spiral CT Scan and three dimensional Color Doppler Ultrasonography and Echocardiography.

At the end this is proved fact that Shree Birendra Hospital is one of the best Hospital of this country, well disciplined clean and well equipped, With Helicopter Medical Evacuation facility from any part of our country day and night for care of patient.