Role of sonography done by clinicians/surgery residents in the diagnosis and management of clinically palpable breast lumps.

Thapa AS, Ghimire R, Joshi R, Dongol UMS, Singh DR

Department of Surgery, Kathmandu Medical College Teaching Hospital, Sinamangal, Kathmandu

Correspondence: Anurag Singh Thapa, Resident, Department of Surgery,

Kathmandu Medical College Teaching Hospital.

Email: thapaanurag@gmail.com

ABSTRACT

Introduction and Objective: The aim of the study is to correlate the sonographic findings of breast ultrasound done by clinicians/surgery residents with radiologists and also to correlate the sonographic findings of breast ultrasound with cytopathological or histopathological findings.

Materials and Methods: A prospective observational study conducted at KMCTH from March 2014 to March 2015. All consecutive patients presenting with clinically palpable breast lumps were included in the study. A sample size of 30 patients was taken. All patients with clinically palpable solid breast lumps were subjected to ultrasound by a clinician/surgical resident. Ethical clearance was taken from the institutional review board and informed consent was taken from the individual patients.

Results: We found that the sonography done by clinicians/surgery residents had 100% sensitivity, 84.6% specificity and PPV of 50%. There was significant correlation between the findings of the surgery residents and radiologists and the cytopathology/histopathology as well.

Conclusion: Breast Sonography performed by clinicians/surgery residents is comparable to radiologists in the diagnosis of clinically palpable breast lumps. It has good correlation with cytopathological and histopathological findings.

Key Words: Sonography, Clinicians, Residents, correlations.