



Original Article

Can p53 expression and staining intensity correlate with histopathological prognostic parameter and clinical staging in head and neck squamous cell carcinoma?

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ABSTRACT

Background: In recent years, p53 has emerged as an important tool for not only diagnosis and predicting prognosis in head and neck squamous cell carcinoma. The aim of this study was to find the role of p53 staining intensity in determining prognosis.

Materials and Methods: Fifty histopathologically proven cases of squamous cell carcinoma of head and neck were studied. The findings of the study were analyzed particularly in reference to p53 expression and their correlation with age, sex, anatomical site, tumor size, histological grading, vascular, peri-neural, muscle invasion, lymph node metastasis and staining intensity.

Results: Immunopositivity rate of p53 was 64% with percentage positive cells varying from 5-76% with mild, moderate and strong staining intensity. A positive correlation of p53 independently was seen with oral cavity, grade, lymph node metastasis and pathological staging.

Conclusion: p53 immunoeexpression is an important independent variable of prognostication.

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INTRODUCTION

Head and neck squamous cell carcinoma (HNSCC) is the sixth most common cancer in the world. 5,00,000 new cases are reported every year worldwide and are associated with increased morbidity and poor mortality indices with a poor five-year survival rate of 40-50%.¹ Overall they account for about 3% of human cancers with about 90% of cancers localised in oral cavity.²

In India, HNSCC is a major form of cancer accounting for 23% of all cancer in males and 6% in females with an estimated 2.5 lakh new patients diagnosed every year, of whom about three-fourths are in an advanced stage.^{3,4} Most of the cases in Indian population arise from oral cavity and tongue unlike pharyngeal and/or laryngeal SCC seen as in Asian, European and American population

studies. Increased tobacco (chewing and smoking), alcohol consumption and increased prevalence of infection with high-risk types of human papilloma virus (HPV) are the major risk factors.^{5,6} The most common pathophysiology behind its occurrence has been attributed to the concept of “field-cancerization”, in which there is increased risk of cancer development in the entire head and neck region due to multiple genetic abnormalities after prolonged exposure to carcinogens. The numerous independent foci of abnormal tissue that are obtained after mutations gives rise to premalignant/potentially malignant dysplastic lesions, from which usually these invasive carcinomas develop.⁷ These dysplastic lesions include leukoplakia, oral sub mucous fibrosis and erythroplakia etc. all of which are more prevalent in India due to poor oral hygiene, consumption of spicy food, alcohol and an acceptable societal norm of betel quid/ areca nut/ tobacco chewing.¹

The various modalities used for its diagnosis are endoscopy, imaging studies including X-rays, computed tomography (CT), magnetic resonance imaging (MRI) or positron emission tomography (PET) scans, histopathological examination, Immunohistochemistry (IHC) and molecular markers.

In recent years, IHC in HNSCC has emerged as an important tool for diagnosis and predicting prognosis. Various IHC markers are used as a research tool in cases of HNSCC such as - p53, Ki-67, CD-44, CD-133, and c-met. These markers have also helped treating physicians for proper therapeutic stratifications. p53 also known as TP53 or tumor protein (EC:2.7.1.37) is a gene that codes for a protein that regulates the cell cycle and is a wellknown tumor suppressor gene reported to have central role in various human neoplasia such as colon, breast, lung, prostate, oesophagus, sarcomas, hematological malignancies, brain tumor and also associated with Li–Fraumeni and related syndromes. The p53 protein is a DNA-binding protein product of the p53 tumor suppressor gene encompassing 16-20 kb of DNA on the short arm of chromosome 17 at position 17-13.1. Wild-type p53 protein exerts growth-inhibitory activity. Its up-regulation in human hematopoietic cells in response to certain types of DNA damage prolongs the G1 phase of the cell cycle and gives the cell time to repair that damage before entering the S phase.⁸ Hence, overall p53 plays a key role in mediating cell response to various stresses, mainly by inducing or repressing a number of genes involved in cell cycle arrest, senescence, apoptosis, DNA repair and angiogenesis.

Although there are studies done in Indian sub-continent, describing the relationship between squamous cell carcinoma in oral cavity with p53, but, not many are available describing the relationship of p53 in whole of head and neck region. Also, very few have tried to investigate HNSCC with various clinicopathological parameters as well as with score (staining intensity).

The present study was conducted at a tertiary care teaching hospital of North India catering to predominantly rural based Punjabi population. The lesions were classified and graded on histomorphology and expression of p53 was noted on immunohistochemical staining. The findings of the study were analyzed particularly in reference to p53 expression and their correlation with age, sex, anatomical site, tumor size, histological grading, vascular, perineural, muscle invasion, lymph node metastasis and staining intensity (final score).

MATERIALS AND METHODS

The study was conducted on 50 cases of HNSCC diagnosed at the Department of Pathology, Sri Guru Ram Das Institute of Medical Sciences and Research, Amritsar, Punjab, India. Prior to the research, permission was obtained from institutional review committee. Of these 50 cases of SCC; 28 cases were composite radical specimens (mandibulectomy, maxillectomy, glossectomy or laryngectomy) with both side modified/radical neck dissections. Rest 22 cases of SCC were punch/excision biopsies from various anatomical sites of head and neck region. Detailed clinical data of the patient was recorded. Histopathological examination of the tissues obtained was done after processing them to prepare paraffin blocks, followed by staining with stained with Haematoxylin and Eosin stain. The slides were studied under light microscopy for histopathological grading and to document other pathological parameters (histological grading, vascular, perineural, muscle invasion, lymph node metastasis).

Immunohistochemistry was done on formalin-fixed sections, and paraffin embedded 2-4 µm sections of representative blocks of each tumor were mounted on poly-lysine pre-coated slides. Antigen retrieval was done in a pressure cooker using citrate buffer solution at pH 6.0. Peroxidase inhibition was then done, followed by washing in tris buffer saline and incubation in protein block. To evaluate p53 expression, p53 antibody (Diagnostic Biosystem) was used. Post primary block was then applied and incubation

Table 1: p53 expression at different anatomical sites

p53	Oral Cavity/Oropharynx	Larynx/Hypopharynx	Nasopharynx	Total (%)
Positive	28(70%)	03(37%)	01(50%)	32 (64)
Negative	12(30%)	05(63%)	01(50%)	18 (36)
Total	40	08	02	50 (100)

Table 2: Correlation of p53 status with age and gender

Age Group (yrs)	p53 expression		Total
	Positive	Negative	
21-40	06	01	07
41-60	16	13	29
61-80	10	04	14
Total	32	18	50

was done with DAB (3,3'diaminobenzidine). Sections were washed in deionised water followed by Haematoxylin counterstaining, dehydration and clearing of the sections in propanol and xylene respectively. Antigen thus expressed was visible under light microscopy as brown coloured nuclei of variable staining intensity.

Inclusion Criteria

Purely SCC were included in the study. Only the cases which had more than 5% cells positive for p53 were included for final scoring. Positive control was colonic cancer cases which were positive for p53. Negative control section was provided by omission of primary antibody. Brown nuclei were taken as positive for p53.

The intensity of p53 positivity was scored as – No staining (0), weak staining (+1), moderate staining (+2) and intense staining (+3). The final score (H score) was then calculated by multiplying the intensity of the staining score with proportional positivity score. The proportional positivity score were 0 (if <5% nuclei expressed), 1 (5-25 % nuclei expressed), 2 (25-50% nuclei expressed) and 3 (if <50% nuclei expressed).

Parameters included were age, sex, anatomical site, tumor size, histological grading, vascular, perineural, muscle invasion, lymph node metastasis and staining intensity (final score).

Statistical Analysis

The relationships between IHC expression and various clinicopathological parameters were statistically analyzed using SPSS version 12 software. Chi-square test was used for data analysis. $p < 0.05$ was considered statistically significant.

RESULTS

The commonest site involved in the present study was oral cavity and oropharynx (80%) followed by hypopharynx and larynx (16%). The least common site was nasopharynx (4%). Most of the patients presented with complaints of difficulty in speaking, dysphagia and complained of non-healing ulcer.

Table 3: Correlation of p53 expression with tumor size

Tumour Size	p53 expression		Total
	Positive	Negative	
pT1	00	00	00
pT2	05	07	12
pT3	02	00	02
pT 4	09	05	14
Total	16	12	28

Table 4: Correlation of p53 expression with grade of carcinoma

Grade	p53 expression		Total
	Positive	Negative	
Well	02	08	10
Moderate	23	09	32
Poor	07	01	08
Total	32	18	50

p53 Immunopositivity

Overall, immunopositivity rate of p53 was 64% of all the HNSCC cases, while subdividing the head and neck region site wise, majority of SCC of oral cavity showed immunopositivity (70%). In nasopharynx region, only half of the cases showed p53 immunopositivity (50%) while in laryngeal SCC, one third of the cases showed immunopositivity (37%). Percentage positive cells varied from 5-76% with mild, moderate and strong staining intensity. Thus, SCC of oral cavity and oropharyngeal region showed a strong expression for p53, while the immunopositivity rates were low in laryngeal and nasopharyngeal region. (Table 1)

Age group specific and gender specific p53 Immunopositivity correlation. The majority of patients included were in age group of 41-60 years (58%) with male: female ratio being 7.3:1.

On correlating the p53 expression with age specific groups, it showed highest positivity (50%) in the patients above 40 years of age. However, no significant correlation between age group and gender with p53 expression was seen statistically (p value being 0.253 and 0.684 respectively). (Table 2)

Correlation of p53 Immunopositivity with Pathological Staging.

In 26 cases the pathological staging was possible which were composite specimen; according to the tumor size and lymph node metastasis. Majority of the cases were stage 4 (pT4) followed by stage 3 (pT3) and stage 2 (pT2). p53 immunopositivity in pT4, pT2 and pT3 category was 78.5%,

Table 5: Correlation of p53 final score with grade of carcinoma

p53	Oral Cavity Oropharynx	Larynx/Hypopharynx	Nasopharynx	Total (%)
0	08	09	01	18
1	02	02	00	04
2	00	10	01	11
3	00	02	02	04
4	00	03	00	03
6	00	03	03	06
9	00	03	01	04
Total	10	32	08	50

12.5% and 80% respectively. Hence, it was noted that with an increase in stage, p53 expression increases which was found to be statistically significant ($p = 0.009$, Chi square test). (Table 3)

Correlation of p53 Immunopositivity and Tumor Grade

Most of the cases included in this study were moderately differentiated constituting 64% of the total cases, followed by well and poorly differentiated tumors constituting 20% and 16% respectively (fig. 1a, 1c & 2a).

Correlating tumor grade with p53 expression, it was noted that in well differentiated carcinomas, the rate of expression was 20%, in moderately differentiated, the immunopositivity rate was higher (72%) and in poorly differentiated carcinomas, immunopositivity rate was highest (88%). Thus, an increase in p53 immunopositivity expression was observed with increase in tumor grade, and this was found to be statistically significant ($p = 0.004$; chi square test). (Table 4)

Correlation of p53 score (stain intensity) with Grade of Carcinoma

All the well-differentiated cases had lower scores (0 and 1). Half of the poorly differentiated cases (50%) had higher scores of 8 and 9 (fig. 1b, 1d, 2b). A significant correlation between grade of carcinoma and p53 final score was seen ($p < 0.05$; chi square test). (Table 5)

Correlation of p53 expression with Lymph node Status

Out of the 28 cases of composite radical specimens with bilateral neck dissection, lymph nodes of variable sizes were recovered in 26 cases only. Metastasis was seen in 15 cases, of which p53 positivity was seen in two-third of the cases (11/15; 73%). In the remaining 11 cases where lymph nodes were reactive (absence of carcinomatous deposits); the p53 expression was low (3/11; 27%). Hence, a relationship in the present study proposes that p53 positive cases have an

Table 6: Correlation of p53 expression with lymph node status

p53 expression	Lymph node status		Total
	Metastatic	Reactive	
Present	11	03	14
Absent	04	08	12
Total	15	11	26

increased propensity to metastasize to regional lymph nodes and this was found to be statistically significant. (p value = 0.0204). (Table 6)

Correlation of p53 expression with Vascular, Perineural and Muscle Invasion

Out of the 28 specimens received, 11 (39%) showed vascular invasion, 2 cases (7%) showed perineural invasion and muscle invasion was seen in 14 cases (50%).

p53 positivity was seen in 54.5% cases with vascular invasion and 64% cases with muscle invasion. Both cases showing perineural invasion showed p53 positivity. No significant correlation of p53 expression with vascular, perineural and muscle invasion was found with p values of 0.823, 0.204 and 0.445 respectively (Chi square test). (Table 7)

DISCUSSION

The incidence of SCC in head and neck region is on a dramatic increase in India since early eighties. More and more cases are being diagnosed at an early stage due to increased awareness and better diagnostic modalities. Of these; Oral cancer is reported to be the most frequent malignant tumor of head and neck region worldwide and India as well.^{1,3}

In this scenario, a simple diagnosis of SCC especially on punch biopsies and dysplastic lesions, is not sufficient for further management and accurate as well as economically

Table 7: Correlation of p53 expression with vascular, perineural and muscle invasion

p53 expression	Lymph node status					
	Vascular		perineural		Muscle	
	Present	Absent	Present	Absent	Present	Absent
Positive	06	10	02	13	09	07
Negative	05	07	00	13	05	07
Total	11	17	02	26	14	14

viable methods (having a good cost benefit ratio) to predict prognosis and eventually to determine appropriate therapy is the need of the hour in third world countries like ours. In radical surgeries, we can predict to a relative degree, prognosis on the basis of lymph node metastasis recovered with the specimen. But, the same is not so in the small punch biopsies for various head and neck regions, as only small volume of tumor is sampled in punch biopsies leading to often under sampling of the tumour tissue. In such cases, newer histopathological parameters (which should be included in the light microscopic report) and molecular markers can predict presence of higher grade areas which might be missed in sampling because molecular discrepancies leading to neoplasia often precede eventual histopathological changes.

In developed countries, techniques such as FISH, RT-PCR, glycolytic pathways are being increasingly used for better diagnostic, prognostic and therapeutic purposes in the field of HNSCC. But, in many resource challenged countries of Asia and Africa, these facilities are not widely available. Here, detailed clinicohistomorphological parameters and a single inexpensive IHC marker can play a major role in sub planting aforementioned ancillary diagnostic tools for better patient management and prognostication.

p53 has been described as "the guardian of the genome", referring to its role in conserving stability by preventing genome mutation. p53 was identified in 1979 by Arnold Levine, David Lane and William Old, working at Princeton University, Dundee University and Sloan-Kettering Memorial Hospital respectively. The human p53 gene is located on the seventeenth chromosome (17p13.1).

It plays an important role in cell cycle control and apoptosis. In normal cells, the p53 protein level is low. DNA damage and other stress signals may trigger the increase of p53 proteins which have three major functions: growth arrest, DNA repair and apoptosis (cell death). The growth arrest stops the progression of cell cycle preventing replication of damaged DNA. During the growth arrest p53 may activate the transcription of proteins involved in DNA repair. Apoptosis is the "last resort" to avoid proliferation of cells containing abnormal DNA.

If p53 gene is damaged, tumour suppression is severely reduced. Defective p53 could allow abnormal cells to

proliferate resulting in cancer. People who inherit only one functional copy of p53 will most likely develop tumors in early adulthood, a disease known as Li-Fraumeni syndrome. p53 can also be damaged in cells by mutagens (chemicals, radiation or viruses) increasing the likelihood that the cell will begin uncontrolled division.

Taneja K et al, did a research to demonstrate the expression of p53 in cases of HNSCC and found the frequency of p53 expression to be associated with tumor histological grade, increasing lymph node involvement and clinical stage ($p = 0.038$).⁹ Boslooper K et al demonstrated that p53 expression was related to higher grades of HNSCC and a high portion of tumor cells expressing p53 had a shorter survival than the other groups.¹⁰

The purpose of present study was to determine the expression of p53 in cases of HNSCC and to determine the relationship of p53 expression and intensity with various clinicohistomorphological parameters. In the present study, 50 cases, both punch biopsies and radical specimens were taken up. These were graded and compared with various epidemiological parameters like anatomical site, parameters of tumour aggressiveness (in the form of pathological staging, invasion and lymph node metastasis).

Most of the patients in the present study were in the age group of 41-60 years of age with higher male preponderance showing that HNSCC usually affects elderly age group and is seen mainly in males. This is in corroboration with the work done by other reseachers.^{2,11} No significant correlation was elicited between age as well as gender and p53 expression. Many researchers like Dragomir LP, Boslooper K, Geisler SA and Li Y had also concluded the same.^{2,10,12,13}

In the current study, p53 positivity was seen in 64% of the cases (percentage positive cells varying from 5-76% with mild, moderate and strong staining intensity and final score varying from 0 to 9). Similar results were reflected in the work done by Taneja K et al and Boslooper K et al who had reported a p53 expression as 60% and 63% positivity respectively.^{9,10} A high immunexpression of p53 in the oral cavity and oropharynx (70%) is in corroboration with the work conducted by Dragomir LP et al, Jain A et al and Kerdpon D et al who reported a p53 expression in oral cavity SCC as 82.3%, 74.3% and 94% respectively.^{2,14,15} A p53 positivity of 50% in nasal cavity and nasopharynx

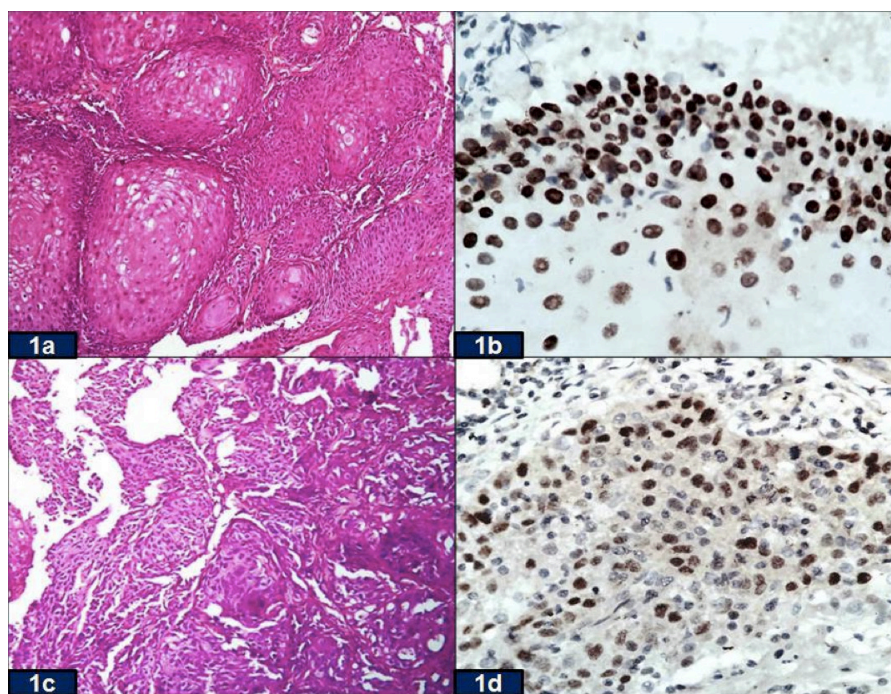


Figure 1: **a)** Well differentiated squamous cell carcinoma (HE stain; X 200). **b)** Tumor cells exhibiting p53 expression of +3 intensity (IHC stain; X 400). **c)** Moderately differentiated squamous cell carcinoma (HE stain; X 200). **d)** Tumor cells showing +2 intensity p53 expression (IHC stain; X 400).

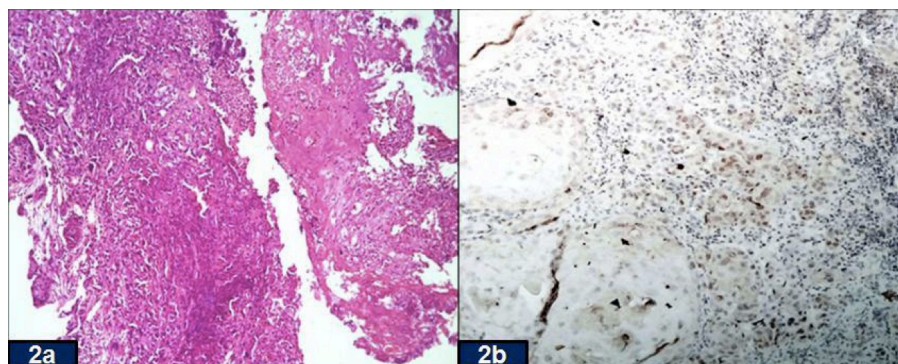


Figure 2: **a)** Poorly differentiated squamous cell carcinoma (HE stain; X 200). **b)** Tumor cells exhibiting weak (+1) p53 staining intensity (IHC stain; X 100).

finds coherence with the work conducted by Franzman MB et al which has reported an immunoexpression of around 60percent.⁸ The p53 positivity in cases of larynx and hypopharynx was relatively low (37%). This is in contrast to a study conducted by Ashraf MJ et al who had reported a much higher expression rate of 64.8% in SCC of larynx.¹⁰

In the present study, a correlation was seen between p53 expression and tumor grade. 88% cases having poorly differentiated carcinoma showed positivity with p53 in comparison to 72% in moderately and 20 % in well differentiated carcinomas. An increase in p53 expression was seen with increase in tumor grade and was found to be statistically significant ($p = 0.004$). This correlation was

also seen in the lesions of oral cavity and oropharynx ($p = 0.001$) but not in nasopharyngeal and laryngeal cases. These findings find corroboration with the work done by various researchers in HNSCC and OSCC.^{9,10,14} However, many studies have shown no correlation with the degree of differentiation in oral cancers.² In contrast to our study, Ashraf MJ et al found a correlation between p53 expression and tumor grade in laryngeal SCC.¹⁷ When the p53 immunointensity was correlated with tumor grade, it was found that as grade increases, intensity of p53 stain increased. This was also found to be statistically significant ($p = 0.011$, chi square test). This implied that both immunoexpression as well as intensity of staining are independent variables in predicting eventual tumor

grading, as a non representative punch biopsy if exhibiting immunoexpression and increased intensity in dysplastic/in-situ component or in tumour tissues will be associated with a poor prognosis.

While assessing the invasiveness of HNSCC with p53 expression, it was found that p53 positivity was seen in 73% of metastatic cases but only 27% in case of reactive nodes. This positive correlation has been commented upon by other researchers as well.⁹ The same correlation between p53 positivity and lymph node mets was found to be statistically significant in oral cavity and oropharyngeal cases in concordance with the work done by researchers like Jain A et al and Li Y et al.^{13,14} However, Takes RP et al records an opinion about this correlation which is diametrically opposite.¹⁸ The significance of p53 in having a relationship with lymph node metastasis is the most important prognostic factor for overall survival of HNSCC as about two-third of the patients with HNSCC who present with lymph node metastasis have a poor five year survival rates of 40-50%.¹ Thus, p53 expression can predict the overall prognostication in all patients of HNSCC.

Although p53 immunoexpression was seen to be in significant numbers in cases having vascular, muscular and perineural invasion, no significant correlation could be elicited statistically. Similar results were obtained by researchers like Yan JJ et al, who did not find any correlation between p53 overexpression and vascular invasion and early local recurrence.¹⁹ In the present study, majority of the cases were stage 4 (pT4) followed by stage 3 (pT3) and stage 2 (pT2). This correlation was found to be statistically significant ($p = 0.009$, chi square test).

CONCLUSION

p53 immunoexpression when performed in a small Indian cohort of HNSCC patients showed that p53 was an important independent variable of prognostication with its expression and intensity increasing with tumor grade, lymph node metastasis and pathological stage. Similar results were obtained in oral cavity and oral pharyngeal cancers as well. However the study did not find such correlations in laryngeal and nasopharyngeal cases which could be attributed to small sample size in these two locations.

It is recommended that p53 should be employed in all the cases of HNSCC to predict prognosis and to comment upon eventual aggressiveness/tumor free survival. All the cases exhibiting p53 immunoexpression with higher intensity should be managed aggressively with both surgical and nonsurgical ancillary therapeutic means. This can be very useful while employing p53 on small punch biopsies and radical surgeries can be planned in a better elective manner after neoadjuvant therapy in p53 positive cases. Highly disfiguring radical surgeries can be avoided in cases of

negative p53 immunoexpression and/or low staining intensity cases where excision and wait and watch policy can be adopted.

Conflict of interest: None

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