

# Hydrology of South Asia from the Perspective of Global Environmental Changes



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**Abstract:** On average, South Asian river basins drain about 2,672 km<sup>3</sup> of water to the oceans every year, which is almost 6% of the global runoff. These rivers also contribute 15% to 20% of the global oceanward sediment flux. Retreating glaciers and decreasing flows during low flow seasons have already shown the signatures of global warming in the region. Temperature trends in the South Asian region range from -2.9°C per decade to +4.0°C per decade. Similarly, precipitation changes fall in the range of -8% to +18% during the period of available records. One of the major concerns regarding climatic change in the region is the tendency of decreasing low flows in several major river basins. Such alterations in river discharge may cause adverse impacts on available water supplies during critical periods. Besides, the region is subjected to high vulnerabilities of water resources because of population pressure, poverty and agriculture-based economy, strong temporal and spatial variation of precipitation, and significant spatial variations of geological parameters. The management of water resources needs to consider the integrated impacts of demographic, land-use, and climatic changes in an integrated manner.

**Key words:** South Asia, water resources, climate change, environmental change, precipitation

## Introduction

**South Asia**, with four percent of the global landmass, accommodates almost one fourth population of the world. With average annual per capita income at US\$ 500, this is also the region shared by economically disadvantaged and educationally backward population. The region is one of the most vulnerable parts of the world to any significant climatic change primarily due to inadequate adaptive capacity, high annual variability of the monsoon climate and diverse physiographic and geological conditions. Depending on hydrological models used and regions considered, the expected increase of runoff in the scenario of doubled CO<sub>2</sub> is expected to be as high as 30% in summer and decrease up to nine percent in winter (Houghton 2001; IPCC 1998; Sharma, Vorosmarty and Moore III 2000). These climatic changes may intensify the recurring floods and droughts in the region with severe impacts on economy.

Decrease in dry season flows is of particular concern as several parts of the region is already facing water-stress situation due to rapid population growth. Since less than 20% of the annual surface runoff is available during dry season periods, it is significant in terms of water availability and water resources utilization. Major South Asian cities with rapidly increasing population are already facing acute shortage of water. For instance, in metropolitan cities like Chennai in India and Kathmandu in Nepal, demands of water for domestic use exceeds the supply by almost 40% on average (NWSC 2000; Shiklomanov and Shiklomanov 1999).

Retreating glaciers in the Himalayas (Vohra 1981) and submergence of highly populated seacoasts as a result of climate-induced sea level rise are additional hydrological problems in South Asia. An assessment of climate change impacts show that more than six million people in Bangladesh may be affected if there is one metre rise in sea level along the coastal areas of the Bay of Bengal (Houghton 2001).

## Study Area

The South Asian river basins considered in this study (Figure 1) include the rivers draining from the Indian subcontinent to either the Arabian Sea or to the Bay of Bengal. Besides the South Indian and Sri Lankan rivers, the study area covers all the Himalayan rivers: the Indus, Ganga-Brahmaputra, Irrawady and Salween. Politically, the region includes the eastern part of Afghanistan drained by the Kabul river, Pakistan, India, Nepal, Bangladesh, Myanmar and Sri Lanka.

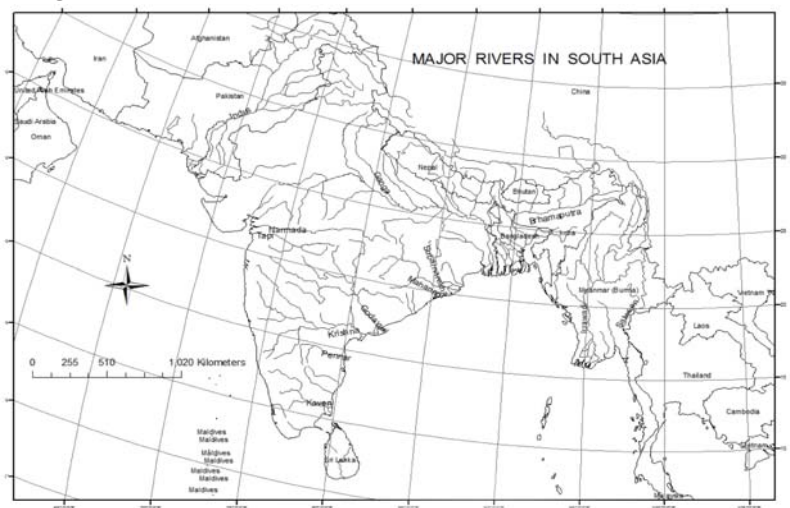


Figure 1. Major River Systems in the South Asian Region.

The study area includes the landmass experiencing mainly tropical or temperate climate. Some highlands of the Hindu Kush-Himalayan (HKH) region provide an environment for the varieties of climate and biodiversity within short spatial peripheries. The region is particularly diverse in terms of atmospheric and hydrologic elements. Northeast India receives the highest annual precipitation of the world, whereas, the west India has extensive deserts devoid of precipitation and water sources. Under the influence of the monsoons, the region receives 70% to 90%

of annual precipitation during summer monsoons. Winter precipitation in the northern and western parts of the region is influenced by the western disturbances that bring moisture from the Mediterranean region.

Only about one-fourth of the region is covered by forest. Use of water for irrigation is the major component of water resources as the economy of the region is dominated by agricultural practices (IPCC 1998).

## Data

The period of available data is not homogeneous in the region. The longest meteorological records available for several stations in India exceeds 100 years; whereas, data for Pakistan and Sri Lanka are available for the past 60 to 70 years. Maximum record lengths for the rest of the region are limited to about 50 years.

Since hydrological data are not freely available for most parts of the region, studies have to be relied on published literature. Data for the rivers in Myanmar are very scanty even in available literature. Compilation of available data and information, however, provide valuable information regarding climatic trends, hydrologic trends and utilisation of water resources.

## Water Resources

The rivers draining the Indian sub-continent are some of the largest rivers in the world. For instance, the Brahmaputra, Ganges, Irrawady, Godavari, Krishna and Salween rank at 4th, 5th, 12th, 29th, 39th and 44th respectively, among the global river systems in terms of annual discharge (Leeden, Troise and Todd 1990). A list of the major rivers of South Asia and the annual water flux towards ocean (excluding reservoir impacts) are presented in Table 1.

River Basin	Drainage Area (km <sup>2</sup> )	Discharge (million m <sup>3</sup> )
Indus	941,000	200,000
Ganga	1,100,000	590,000
Brahmaputra	935,000	624,000
Meghna	80,000	100,000
Godavari	298,000	113,000
Krishna	308,000	61,500
Irrawadi	430,000	429,000
Salween	280,000	47,000
Narmada	98,800	40,700
Tapi	65,100	18,000
Subarnarekha	19,300	7,940
Brahmani	39,000	18,300
Mahanadi	142,000	66,600
Pennar	55,000	3,240
Cauvery	87,900	21,000
Medium & Small Basins in India	446,000	280,000
Sri Lanka	65,500	51,300
Desert	100,000	0
<b>Total</b>	<b>5,490,600</b>	<b>2,671,580</b>

Table 1. Major River Basins in South Asia (based on Leeden, Troise and Todd 1990; Rao 1975; Ranatunga 1985; Subba 2001).

Table 1 shows that the South Asian basins, occupying 4% of the global land surface area contributing almost 6% of the global runoff, flux towards the oceans. The region occupies 13% of the Asian landmass. Table 2 presents the country wise distribution of river basins draining towards the Arabian Sea or the Bay of Bengal.

Country	Drainage Area (km <sup>2</sup> )	Remarks
Afghanistan	75,000	Kabul River
China	480,000	Headwater of Indus, Ganga-Brahmaputra and Salween
Pakistan	796,000	
India	3,290,000	
Nepal	147,000	
Bhutan	46,500	
Bangladesh	148,000	
Myanmar	677,000	
Sri Lanka	65,600	
Thailand	25,000	A tributary to Salween
<b>Total</b>	<b>5,750,000</b>	

Table 2. Country wise Distribution of the River Basins Draining to the Arabian Sea or the Bay of Bengal.

## Water Availability

Since population density is a major factor influencing the per capita availability of water, water availability is diverse within the region. Per capita availability of water is relatively high in the high mountainous areas of the Himalayan region and the Tibetan Plateau. On the other hand, despite receiving water from large basins, water availability in the low lying valleys and flood plains is low. The low-lands, such as the Indus, Ganges, and Brahmaputra plains are some of the most densely populated areas of the world. Table 3 presents the country wise availability of surface water without considering upstream allocations.

Country	Population (2010)	Water availability (Stream flows)	Per Capita Water Availability
	Million	Million m <sup>3</sup>	m <sup>3</sup> /year
Afghanistan	30.6	65,000	2,124
Pakistan	173.4	200,000	1,153
India	1170.9	2,015,000	1,721
Nepal	29.9	215,000	7,191
Bhutan	2.3	65,000	28,261
Bangladesh	164.4	1,314,000	7,993
Myanmar	55.4	476,000	8,592
Sri Lanka	20.5	51,300	2,502
<b>South Asia</b>	<b>1,647.4</b>	<b>4,401,300</b>	<b>2,672</b>

Table 3. Country wise Availability of Surface Water in the South Asian Countries without Upstream Allocation (based on UNDP 2003, World Bank 2011, Green Facts 2011).

The per capita water availability (Table 3) can be misleading in the countries of the monsoon region where most of the flows occur during summer monsoons. It is

estimated that the usable water is high for the Indus at 62%; however, it can be as low as 4% for the Brahmaputra owing to different reasons including monsoonal pattern of river flows (Subba 2001). A study made by the National Commission on Integrated Water Resources Development indicates that only one-third of the available water resources are utilizable in India (Ramasastry 2004).

According to the Falkenmark and Lindh (1976), a country is considered to be under water stress when the available freshwater falls below 1,700 m<sup>3</sup> per person per year. Under these criteria, the country is considered to be under water shortage if the available freshwater falls below 1,000 m<sup>3</sup> per person per year. Although the region as a whole can be considered water-rich in term of Falkenmark criteria, the availability varies significantly from one region to another. Pakistan, the third largest country in South Asia, is already under water stress conditions.

### Snow and Glaciers

One of the most sensitive areas of the South Asian region is the high elevation area in the HKH region. Snow and glaciers are not only the most sensitive physical features to climatic changes but also an indicator of such changes. Changes in snow and glacier area may also contribute to the creation of additional source for greenhouse gases. Since the snowline in the Himalayan region lies close to the 5,000 meter level, the snow and glaciers are sensitive above this elevation.

Vohra (1981) estimates 1,400 km<sup>3</sup> of snow and glaciers in the HKH region. A recent inventory of glacial lakes developed by the United Nations Environment Program (UNEP) and the International Centre for the Integrated Mountain Development (ICIMOD) shows that Nepal alone houses 2,323 glacial lakes covering an area of 76 km<sup>2</sup> (Mool, Bajracharya and Joshi 2001). Additional inventory compiled by ICIMOD (2011) that includes major parts of Indian Himalayas, Indus basin of Pakistan, Bhutan and Nepal indicates that the HKH region accommodates more than 15,000 glaciers and more than 8,800 glacial lakes.

The trends of increasing temperatures in high elevation areas of the Himalayas are found to be more significant than the trends in the adjoining plains (Sharma 2010; Shrestha, Wake et al 1999). Because of the warming effects, several glaciers in the Hindu Kush-Himalayan region are found to be retreating at higher rates in the recent past (Vohra 1981; Wake and Mayewski 1996). Such retreats have been responsible for the formation of several glacial lakes some of which have naturally burst as disastrous floods called Glacial Lake Outburst Floods (GLOFs) causing extensive damage in downstream valleys. A study has identified 20 potentially dangerous glacial lakes, which are developing at an alarming rate induced by the increasing trends of temperature (Mool, Bajracharya and Joshi 2001). An updated study by ICIMOD (2011) has further confirmed the potential dangers posed by 17 glacial lakes identified before in addition to five newly identified potentially dangerous glacial lakes.

### Sediment

South Asia contributes 15% to 20% of the global ocean ward sediment flux (Sharma 1999). Impact of climatic changes on sediment transport is an important component

in the assessment of water resources of the region. Erosion of fertile soil and the deposition of sediment in reservoirs and agricultural lands are typical problems faced by the communities involved in the utilisation of water resources. Erosion is directly proportional to rainfall intensity and sediment transport on a river is directly proportional to river discharges and stream flow velocities. Hence, sediment transport is directly influenced by changes either in precipitation pattern or in stream flow pattern. The major human impacts on the sediment delivery pattern have been the construction of reservoirs in the region (Sharma 2005).

Regular monitoring of sediment transport in the region is limited compared to the monitoring of other hydro-meteorological variables. Based on the data available in several reports and other publications, Sharma (2001) provides statistical models, which indicate significant non-linear rise in sediment transport rates when precipitation increases by more than 20% of its normal values. Table 4 and Table 5 present an assessment of the sediment flux from the South Asian region with respect to the river basins and nations respectively.

River	Area (km <sup>2</sup> )	Sediment Flux (Million Tons)	References
<b>Bay of Bengal</b>			
Ganga-Brahmaputra	1,648,000	1,100	Ludwig, Probst and Kempe 1996
Damodar	20,000	28	Milliman and Syvitski 1992
Mahanadi	132,000	68	WRI 1992-1993
Godavari	310,000	170	Biksham and Subramanian 1988
Krishna	250,000	64	Milliman and Syvitski 1992
Pennar	48,700	7	Vaithyanathan, Ramanathan <i>et al</i> 1988
Cauvery	87,900	32	Narayana and Ram Babu 1983
Irrawadi	419,000	260	Ludwig, Probst and Kempe 1996
Salween	325,000	168	Sharma 2003
Other rivers	734,000	360	Sharma 2003
<b>Total</b>	<b>3,959,600</b>	<b>2,257</b>	
<b>Arabian Sea</b>			
Indus	958,000	481	WRI 1992-1993
Mahi	37,600	22	Narayana and Ram Babu 1983
Narmada	98,800	61	Narayana and Ram Babu 1983
Tapi	66,900	100	Narayana and Ram Babu 1983
Other west flowing rivers	580,700	278	Sharma 2003
Islands	65,000	35	Sharma 2003
<b>Total</b>	<b>1,807,000</b>	<b>976</b>	
<b>Grand Total</b>		<b>3,233</b>	

Table 4. Sediment Flux from the South Asian Rivers towards Ocean.

Country	Sediment Flux towards ocean (10 <sup>6</sup> tons)	References
Pakistan	481	Ahmad and Chaudhary 1988
India	990	Sharma 2003
Bangladesh	1100	Ludwig, Probst, Kempe 1996
Myanmar	524	Sharma 2003
Sri Lanka	35	Sharma 2003
<b>Total</b>	<b>3236</b>	

Table 5. Sediment flux from the South Asian countries towards Ocean.

## Climatic Changes in South Asia

South Asia, considered in this study, falls under two climatic divisions as classified in the regional impact studies of IPCC (1998): the tropical Asia and the Middle East and Arid Asia. Cruz, Harasawa et al (2007) report changes in temperature in the region ranging from negligible up to 1°C in the past 100 years. The precipitation trends for the same period have been almost non-discernible.

The model based projected climate change in the region ranges the rise in temperature from 1°C to 5.44°C in winter by 2099. Depending on a model, precipitation is expected to increase by -16% in winter to 31% during wet seasons with higher uncertainties during dry seasons (Cruz, Harasawa et al 2007).

Different country-level studies in South Asia show changes in temperature ranging from -2.9°C to 4.0°C per decade. Decreasing trends of temperature are found primarily in a few locations in Pakistan and the western part of India. The rest of the region is primarily dominated by rising trends of temperature. Variable length of records used in the studies for different sub-regions, however, makes the comparison difficult for computing trends using temporally homogeneous information.

Average rise of temperature in India, based on the records of 73 stations from 1901 to 1982, is estimated at 0.4°C (Kumar, Kumar et al 2002), which is close to the global averages reported in the Third Assessment Report of the Intergovernmental Panel on Climate Change (IPCC 2001). The 100 year rise of temperature in India, reported by Cruz, Harasawa et al (2007), is 0.5°C. Bangladesh reports the changes in maximum temperature in the range of -0.29°C/decade to 1°C/decade (Choudhury, Quadir et al 2003; Cruz, Harasawa et al 2007). The computed trends in Pakistan range from slight decrease to temperature increase up to 1°C between the 30 year normal values before and after 1960 (Ahmad, Bari and Muhammed 2003). Using the period as in Pakistan the temperature changes in Sri Lanka are estimated in the range of 0.1°C to 0.36°C per decade (Somasekaram, Perera et al 1997).

## Conclusion and Recommendations

South Asia experiences the most impressive impacts of monsoon cycle with extreme annual variability of climatic conditions. Summer monsoon supports the region with one of the most densely populated areas of the world bringing moisture from the Arabian Sea and the Bay of Bengal. The region is highly vulnerable to climatic changes particularly because of variability in climatic conditions, dense population and inadequate adaptive capacities. Water is one of the most vulnerable elements providing

lifeline to the population, agriculture, bio-diversity and development activities, such as industries. Impact of climatic changes on water induced disasters in the region is an additional aspect of concern.

Records from the region have already shown trends in climatic and hydrological variables. South Asia has been experiencing the trends of rising temperature except at a few locations in the western end of the study area. Temperature trends in the South Asian region ranges from -0.29°C per decade to 0.4°C per decade.

One of the major concerns regarding climatic changes in the region is the tendency of decreasing low flows in several major river basins. Such alterations in river discharges may cause adverse impacts on the available water supplies during critical periods. Besides, the region is subjected to high vulnerabilities of water resources because of population pressure, poverty, agriculture-based economy, strong temporal and spatial variation of precipitation and significant spatial variations of geological parameters. Management of water resources considering the integrated impacts of demographic and climatic changes is one of the greatest challenges in the region.

The general picture of water resources in relation to climatic changes in the region highlights the urgency of detailed studies required in the region. A major challenge for such studies is the compilation and assessment of available hydrological and meteorological information. Available information is highly scattered in terms of spatial and temporal sampling requiring gap-filling exercises. Development of proxy information using indirect and non-traditional approaches needs to be explored.

Availability of groundwater and its relation with the climate and surface water resources is another area that needs further exploration. Most of the urban centres in the region are highly dependent on groundwater resources for daily water use. Similarly, groundwater is the major source of irrigation in the fertile flood plains in the region.

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