Tables 1: Socio-demographic features of Tikari village

|  |  |
| --- | --- |
| Population | 8132 |
| Number of females | 3847 |
| Literacy rate | 82% |
| Average size of each family | 5-6 |
| Average income of each family | Rs 1300-2400 |
| Main occupation of the village | Vegetable cultivation |
| Number of economically independent females | 86% |

Table 2 : Demographic characteristics of the sample

|  |  |  |
| --- | --- | --- |
| AGE | NUMBER | % |
| 40-44 years | 27 | 23.07 |
| 45-50 years | 30 | 25.64 |
| >50 years | 60 | 51.28 |
| TOTAL | 117 |  |
| Mean age at menopause | 47.35 years |  |
| MARITAL STATUS |  |  |
| Married | 98 | 83.76 |
| Divorced and widowed | 19 | 16.24 |
| EDUCATIONAL STATUS |  |  |
| Literate | 80 | 68.37 |
| Illiterate | 37 | 31.63 |
| SEXUAL ACTIVITY |  |  |
| Active | 38 | 32.47 |
| Inactive | 79 | 67.53 |
| LIFE STYLE |  |  |
| Active | 70 | 59.82 |
| Hectic | 30 | 25.64 |
| Sedentary | 17 | 14.54 |
| DIETARY HABIT |  |  |
| Vegetarian | 71 | 60.68 |
| Mixed | 14 | 11.96 |
| Non vegetarian | 32 | 27.35 |
| Tea | 80 | 68.37 |
| Alcohol | 1 | 1.17 |
| Tobacco chewing | 14 | 11.96 |
| Smoking | 10 | 11.7 |
| None | 12 | 7.8 |
| EFFECT OF MENOPAUSE |  |  |
| Negative | 90 | 76.92 |
| Not affected | 27 | 23.08 |

Table 3: Mean number of menopausal symptoms

|  |  |  |
| --- | --- | --- |
| Age distribution | Mean no. of menopausal symptoms(Mean±SD) | Barferrani ‘t’test |
| Group I(40-44 years) | 10.53±7.33 | Group I vs Group II  t=1.29,p=0.19,NS |
| Group II(45-50 years) | 7.70±6.76 | Group II vs Group III  T=3.10,p=0.002,HS |
| Group III(>50 years) | 14.50±10.77 | Group I vs Group III  t=1.81,p-0.07,NS |
| ANOVA | F=4.86,df=2.87,p=0.009 |  |