

Lipid-lowering and anti-lipase properties of powder fractions of *Dichrostachys glomerata* fruits



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ABSTRACT

Background: Fruits of *Dichrostachys glomerata* have in the last ten years benefited from special attention as a lipid-lowering plant. Recent studies show that biological activities of some plants depend on granulometry of their powder particles. **Aims and Objective:** The purpose of this study was to assess antihyperlipidemic, hypolipidemic, and anti-lipase properties of powder fractions of the fruits of *Dichrostachys glomerata*. **Materials and Methods:** The groups of rats on which the antihyperlipidemic test was done were fed with High Fat Diet and supplemented with powder fractions: $\geq 180\mu\text{m}$, $212-180\mu\text{m}$, $315-212\mu\text{m}$, $\geq 315\mu\text{m}$ and unsieved powder of *Dichrostachys glomerata* fruits at dose of 250 mg/kg for four weeks. For the hypolipidemic test, the diet was changed to normal diet and the powder fraction: $212 - 180\mu\text{m}$, was given to rats for four weeks. Lipase inhibitory activity was determined using olive oil as substrate. **Results:** The antihyperlipidemic test showed that powder fractions reduced levels of total cholesterol, LDL-Cholesterol and triglycerides, groups taken powder fractions $212 - 180\mu\text{m}$ and $< 180\mu\text{m}$, presented the lowest values. HDL-Cholesterol levels increased, significant increases were observed in groups fed with powder fractions $315-212\mu\text{m}$, $212-180\mu\text{m}$, $< 180\mu\text{m}$ and unsieved powder. Concerning hypolipidemic test, powder fraction $212-180\mu\text{m}$ decreased levels of total cholesterol, LDL-Cholesterol and triglycerides. 86.43% of the activity of pancreatic lipase was reduced to a concentration of 25mg/ml with an IC50 of 5mg/ml. **Conclusion:** Antihyperlipidemic properties of *Dichrostachys glomerata* fruits depended on powder fractions. Fraction $180-212\mu\text{m}$ exhibits hypolipidemic effects. The inhibition of pancreatic lipase is one of the mechanisms which could explain lipid-lowering properties of *Dichrostachys glomerata* fruits.

Key words: *Dichrostachys glomerata*; Fractions powder; Antihyperlipidemia; Hypolipidemia; Anti-lipase

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INTRODUCTION

Hyperlipidemia refers to an abnormal increase in blood lipid levels, including triglycerides, total cholesterol, low density lipoprotein (LDL) cholesterol.¹ It is the main risk factor for the occurrence of cardiovascular disease. The diseases that are the leading cause of death worldwide and cause more than 17,000 deaths each year, or about 31% of total global mortality.² According to the World Health Organization, hyperlipidemia presents itself following

a rapid change in the eating habits and lifestyle of the population characterized by a diet increasingly rich in saturated fatty acids and a sedentary lifestyle.³ One of the most effective ways to manage hyperlipidemia is to reduce the absorption of fat, by inhibiting the activity of pancreatic lipase.⁴ Pancreatic lipase is an enzyme responsible for breaking down fats in the human digestive tract, converting the substrates of triglycerides found in edible fats to monoglycerides and free fatty acids,⁵ so that fats can penetrate and be absorbed by the small intestine.

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Lipid-lowering drugs such as statins, fibrates, resins, tetrahydrolipstatin⁶ which is a special type of statin used to inhibit pancreatic lipase are used to manage hyperlipidemia but these drugs have harmful side effects such as kidney failure, sexual weakness and muscle pain.⁷

The use of plants in herbal medicine is increasingly explored and many plants are known for their lipid-lowering effects, such as *Camelia sinensis*, *Gardenia jasminoides* and *Basella alba*.^{8,9} These plants, generally considered as lipid-lowering, all have similar characteristics: they are rich in bioactive molecules including flavonoids, tannins, saponins, phytosterols and many others.¹⁰ These molecules can act individually or in synergy in the management of hyperlipidemia by inhibition of certain enzymes involved in the biosynthesis of cholesterol and in the digestion of lipids.¹¹ However, the mechanism by which this inhibition occurs varies with respect to the plant. In Cameroon, many plants have also been studied for their lipid and cholesterol lowering properties. Among these, the fruits of *Dichrostachys glomerata* have benefited in the last ten years from special attention as a lipid-lowering plant^{12,13} and this because of their high polyphenol content.¹⁴ Recent studies show, studies shown that biological activities of some plants depend on granulometric particles of their powders. In this logical research Deli *et al.*,¹⁵ showed that the composition and antioxidant activities of fruits of *Dichrostachys glomerata* depends on particle size of the powder of this fruit. There is no study that presents antihyperlipidemic and hypolipidemic properties of fractions powder of fruits of *Dichrostachys glomerata*, therefore the aim of this work was to determine the lipid-lowering and anti-lipase properties of powder fractions of the fruits of *Dichrostachys glomerata*.

MATERIAL AND METHODS

Plant material and production of *D. glomerata* powder fractions

Dichrostachys glomerata fruits were bought from Mfoundi market in Yaounde (Central Region, Cameroon). Grinding and the sieving processes were used to obtain different powder fractions as describe by Deli *et al.*¹⁵ We obtained the following granulometric powder fractions: < 180µm, 212 -180 µm, 315 -212 µm, ≥315 µm, unsieved powder.

Extraction of lipase from rat's pancreas

Extraction was done as described by Shahani *et al.*,¹⁶ 5g of freshly harvested rat pancreas were washed in physiological water and then placed in iced cold sucrose (1000mL; 0.01M) at 4°C. The pancreas was ground in a porcelain mortar and then homogenized in sucrose for 90s. The homogenate obtained was then centrifuged in eppendorf

tubes at 15,000 g for 30 min in a refrigerated centrifuge. After centrifugation, the supernatant was subjected to precipitation with 50% (v / v) saturated ammonium sulphate (15 ml) with moderate stirring, left to stand for 30 min at 4°C, then centrifuged at 10,000 g for 30 min. The pellet obtained was then dissolved in a sucrose solution (20 mL; 0.01M) and again saturated with 50% ammonium sulfate. The mixture was centrifuged at 10000g for 30 min and the resulting pellet was dissolved in phosphate buffer (pH 7) and used as a source of enzyme.

Determination of rat pancreatic lipase activity without aqueous extract of *dichrostachys glomerata*

The inhibitory activity of pancreatic lipase in the absence of the extract was measured by titration with NaOH (0.02M). The activity of the pancreatic lipase of rats was determined by incubating an emulsion containing 8 ml of olive oil, 0.4 ml of phosphate buffer and 1 ml of the solution containing the pancreatic lipase of rats, for one hour and with shaking. Ultimately, 1.5 mL of a mixture containing acetone and 95% ethanol (v / v) was added to the mixture to stop the reaction. The amount of fatty acid released was determined by titration with NaOH (0.02M) using phenolphthalein as a color indicator.¹⁷ The equivalence point was observed with the appearance of a persistent pink color.

Determination of rat pancreatic lipase activity with aqueous extract of *dichrostachys glomerata*

The procedure is the same except that a quantity of 100 µL of a concentration range (1, 2.5, 5, 10, 15, 20, 25 mg / ml) of the aqueous extract of *D. glomerata* was added to the mixture. The appearance of a pink color compared to the yellow color showed released fatty acids, which was determined by titrating the solution against 0.02 M sodium hydroxide (0.02M) and using phenolphthalein as an indicator¹⁷.

$$A = \frac{(VT-V0) \times N \times NaOH}{VS \times 60} \quad B = \frac{(VDG-V0) \times N \times NaOH}{VS \times 60} \quad \%I = \frac{(A-B)}{A} \times 100$$

A: Lipase activity without aqueous plant extract, B: Lipase activity with the aqueous plant extract, % I = Percentage inhibition of the fraction, V0: White volume (volume of NaOH obtained by titrating the substrate in the absence of lipase) (mL), VDG: Volume of NaOH in the presence of extract (mL), VT: Volume of NaOH without the extract (control) (mL), NNaOH: Normality of NaOH, VS: Volume of the solution before titration (11 mL), 60: Incubation time (minutes).

Evaluation of antihyperlipidemic proprieties

Preparation of aqueous extract for animals

The powder fractions were macerated in distilled water and with permanent stirring for 2 h and a volume of 10 ml / kg

was administered by gavage at a dose of 250 mg / kg of body weight of the animal.

Diet formulation and animal experiments

Male adult Wistar albinos rats (200-250 g) were obtained from the animal house of National School of Agro-Industrial Sciences of the University of Ngaoundere. The animals were used for both tests, antihyperlipidemic and hypolipidemic. Hyperlipidemia was induced by High Fat Diet (HFD) containing 300 g of egg yolk, 250 g of coconut oil and 50 g of soya oil, as described by Hamlat *et al.*¹⁸ with some modifications. Table 1 shows the different formulations.

48 Wistar albinos' male rats weighing 200-250 g were randomly divided into 8 groups of 6 rats each. The rats were housed in cages in a room where the temperature was 37 °C and 12 h light and dark cycles were maintained and water was given *ad libitum*. The first group fed with normal diet + distilled water (normal control, CNo), the second group fed with HFD + distilled water (negative control, CN), the third group fed with HFD + atorvastatin (10mg/kg, positive control, CP), the fourth group was fed with HFD + powder fraction $\geq 315 \mu\text{m}$ of *D. glomerata* (F1), the fifth group was fed with HFD + powder fraction 315 – 212 μm of *D. glomerata* (F2), the sixth group was fed with HFD + powder fraction 212 – 180 μm of *D. glomerata* (F3), the seventh group was fed with HFD + powder fraction $< 180 \mu\text{m}$ of *D. glomerata* (F4) and the eighth group was fed with HFD + unsieved powder of *D. glomerata* (FN), all powder fractions were given at a dose of 250mg/kg of body weight. The composition of the diets is shown in Table 1. The animals were weighed each week, the quantity of feed intake was obtained by subtracting the remaining feed from the quantity administered the previous days. After four weeks, rats were fasted for 14 h, anaesthetized by inhalation of diethyl ether impregnated on a cotton wool, and blood was collected via cardiac puncture. The liver, kidneys, brain, testicles and heart were removed. For each rat sample weighed, the organs liver, kidneys, brain, testicles and heart were also weighed and the ratio of organ to body weight calculated. The blood was

collected in the dry tubes and submitted to centrifugation at 3500 rpm for 15min to obtain serum.

Biochemical evaluation

The serum samples were used to quantify some biochemical parameters. Total cholesterol (CT), triglycerides (TG) and High-density lipoprotein cholesterol (HDL-C) were evaluated using enzymatic kits (HUMAN kits) according to procedures described by Richmond¹⁹ and Graphocal.²⁰ Low density lipoprotein cholesterol (LDL-C) was then calculated according to Friedewal *et al.*'s formula.²¹

Evaluation of hypolipidemic proprieties

Animal experiments

During the antihyperlipidemic test, 24 Wistar albinos male rats weighing between 200-250 g were divided into 4 groups of 6 rats each. They were also fed with high fat diet for four weeks to induce hyperlipidemia. After induction these rats were used for hypolipidemic test during which the rats were fed with the normal diet for four weeks. The first group fed with normal diet + powder fraction 212 – 180 μm of *D. glomerata* (F1) at a dose of 250mg/kg of body weight, the second group fed with normal diet + atorvastatin (10mg/kg, positive control, CP), the third group fed with normal diet + distilled water (negative control, CN) and the normal control group (CNo) which is the group which during the induction of hyperlipidemia was fed with normal diet and continued with normal diet in hypolipidemia test + distilled water. After four weeks of experimentation, the animals were sacrificed, and the different parameters were evaluated as described in antihyperlipidemic test. The powder fraction 212 – 180 μm used for hypolipidemic properties was justified by its highest antioxidant properties shown by studies of Deli *et al.*¹⁵

Analysis of faecal lipid

Feces were collected daily for the evaluation of the excreted lipids. The fecal matter was then dried and crushed with the porcelain mortar into fine powder. The total lipids were extracted using the Soxhlet apparatus, according to the Russian method described by Bourely.²²

Table 1: Formulation of diets for rats

Food components		Normal diet		High fat diet	
		Incorporation (g/kg)	Energy (Kcal)	Incorporation (g/kg)	Energy (kcal)
Proteins	Fish powders	200	800	140	560
Glucides	Starch	590	2360	250	1000
	Sucrose	50	200	50	200
Lipids	Coconut oil	-	-	250	2250
	Egg yolk	-	-	300	2700
	Soybean oil	50	450	50	450
Others	Cellulose	50	-	-	-
	Minerals	10	-	10	-
	Vitamins	50	-	50	-
Total		1000	3810	1000	7160

Statistical analysis

The statistical analyses were performed using the Statgraphics software, version 5.0. The values were presented as means with their standard deviation (\pm SD). One-way analysis of variance (ANOVA) was performed to test the significant differences ($P < 0.05$) between groups. When the difference was significant, a Duncan multiple comparison range test was used as a post hoc test.

RESULTS

Antihyperlipidemic proprieties of powder fractions of *D. glomerata*

Effects of powder fractions of D. glomerata on the body weight and the food intake of rats

Food intake and weight gain of rats at the end of antihyperlipidemic test is shown in Table 2, food intake

Groups	Weight gain (g)	Food intake (g/day)
CNo	14.26 \pm 0.56 ^a	25.72 \pm 2.12 ^a
CN	40.21 \pm 2.62 ^b	24.57 \pm 3.06 ^a
CP	20.32 \pm 3.53 ^c	24.862 \pm 2.65 ^a
F1	21.25 \pm 2.01 ^c	25.07 \pm 2.95 ^a
F2	25.03 \pm 3.01 ^c	24.77 \pm 3.10 ^a
F3	23.25 \pm 2.09 ^c	23.98 \pm 4.12 ^a
F4	25.55 \pm 3.53 ^c	25.48 \pm 2.54 ^a
FN	17.05 \pm 1.50 ^d	24.82 \pm 2.95 ^a

CNo: normal control, CN: negative control, CP: positive control, F1: powder fraction $\geq 315 \mu\text{m}$, F2: powder fraction $315 - 212 \mu\text{m}$, F3: powder fraction $212 - 180 \mu\text{m}$, F4: powder fraction $< 180 \mu\text{m}$, FN: unsieved powder. Mean \pm SD followed by different letters (a–d) in the same column are significantly different ($p < 0.05$)

between all group is statistically equal ($p > 0.05$), but weight gain is different. Weight gain in normal control groups is the lowest, and in negative control group is the highest. In the groups which took powder fractions, weight was low compared to the negative control group ($p < 0.05$), and the groups which consumed unsieved powder had the lowest value.

Effects of powder fractions of *D. glomerata* on lipid profile of rats

Figure 1 shows the effect of powder fractions of *D. glomerata* on total cholesterol and LDL-Cholesterol, this result shows that atorvastatin and powder fractions of *D. glomerata* reduce levels of total cholesterol and LDL-Cholesterol. levels of total cholesterol and LDL-Cholesterol of negative control group are statistically high compared to those which consumed powder fractions. Groups which consumed powder fractions $212 - 180 \mu\text{m}$ and $< 180 \mu\text{m}$, present the lowest value ($p < 0.05$). Same observation was noted with triglycerides levels as shown in Figure 2. Concerning HDL-Cholesterol, in Figure 2 we see that atorvastatin and powder fractions of *D. glomerata* increase levels of HDL-Cholesterol, increases were significantly important in groups which consumed powder fractions $315 - 212 \mu\text{m}$, $212 - 180 \mu\text{m}$, $< 180 \mu\text{m}$ and unsieved powder ($p < 0.05$).

Effects of powder fractions of *D. glomerata* on organ-to-body weight ratios of rats

As shown in Table 3, all the organ-to-body weight ratios of groups of rats except liver, is statistically equal ($p > 0.05$).

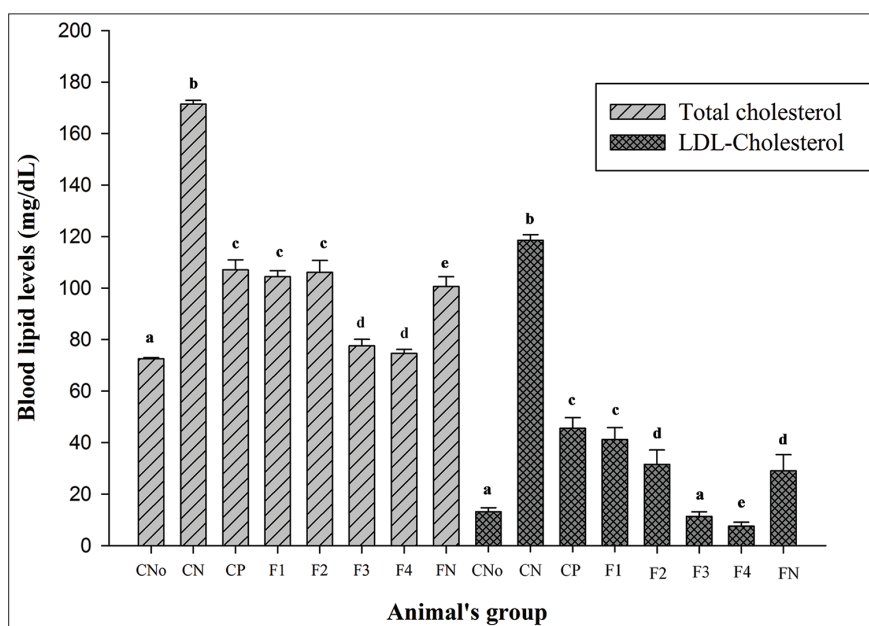


Figure 1: Total cholesterol and LDL-Cholesterol levels of rats fed with powder fractions of *D. glomerata*

CNo: normal control, CN: negative control, CP: positive control, F1: powder fraction $\geq 315 \mu\text{m}$, F2: powder fraction $315 - 212 \mu\text{m}$, F3: powder fraction $212 - 180 \mu\text{m}$, F4: powder fraction $< 180 \mu\text{m}$, FN: unsieved powder

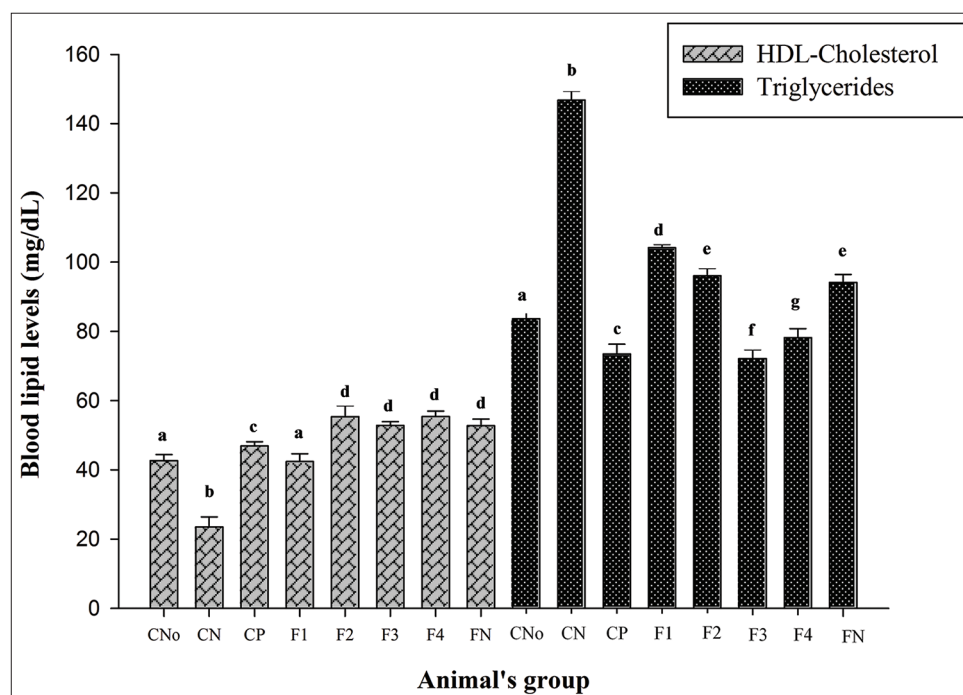


Figure 2: HDL-Cholesterol and triglyceride levels of rats fed with powder fractions of *D. glomerata*
 CNo: normal control, CN: negative control, CP: positive control, F1: powder fraction $\geq 315 \mu\text{m}$, F2: powder fraction $315 - 212 \mu\text{m}$, F3: powder fraction $212 - 180 \mu\text{m}$, F4: powder fraction $< 180 \mu\text{m}$, FN: unsieved powder

Table 3: Organ-to-body weight ratios of rats at end of antihyperlipidemic test

Groups	Heart	Liver	Kidney	Lung	Testis
CNo	0.4±0.05 ^a	3.5±0.20 ^a	0.6±0.03 ^a	0.7±0.05 ^a	1.2±0.10 ^a
CN	0.4±0.03 ^a	4.8±0.58 ^b	0.6±0.13 ^a	0.7±0.20 ^a	1.1±0.20 ^a
CP	0.4±0.07 ^a	3.6±0.27 ^{ab}	0.7±0.14 ^a	0.7±0.30 ^a	0.9±0.40 ^a
F1	0.4±0.05 ^a	3.4±0.48 ^{ab}	0.7±0.09 ^a	0.7±0.10 ^a	1.1±0.20 ^a
F2	0.4±0.13 ^a	3.0±0.95 ^b	0.7±0.21 ^a	0.7±0.20 ^a	1.2±0.40 ^a
F3	0.4±0.03 ^a	3.5±0.37 ^{ab}	0.7±0.23 ^a	0.7±0.20 ^a	0.9±0.20 ^a
F4	0.4±0.04 ^a	3.3±0.66 ^{ab}	0.6±0.05 ^a	0.7±0.20 ^a	1.0±0.10 ^a
FN	0.4±0.05 ^a	3.6±0.47 ^{ab}	0.6±0.09 ^a	0.7±0.10 ^a	1.0±0.20 ^a

CNo: normal control, CN: negative control, CP: positive control, F1: powder fraction $\geq 315 \mu\text{m}$, F2: powder fraction $315 - 212 \mu\text{m}$, F3: powder fraction $212 - 180 \mu\text{m}$, F4: powder fraction $< 180 \mu\text{m}$, FN: unsieved powder. Mean \pm SD followed by different letters (a-d) in the same column are significantly different ($p < 0.05$)

Concerning the liver, negative control group has the highest value, this is could be due to the accumulation of fat in the liver since it is the group that taken just high fat diet.

Hypolipidemic proprieties of powder fractions 212 – 180 μm of *D. glomerata*

Effect of powder fraction 212 – 180 μm of

D. glomerata on the body weight, the food intake of rats and faecal lipid

As shown in Table 4, there are no significant differences ($p > 0.05$) in food intake of all groups. Weight gain in normal control group, negative control group and positive control group is statistically equal but high in the group which consumed powder fraction $212 - 180 \mu\text{m}$, in this group we note a decrease in weight ($p < 0.05$). It appears from this table that percentage of faecal lipid of group taken powder fraction $212 - 180 \mu\text{m}$ is statistically higher

than that those of others groups which are identical. This increase in the lipid level in the feces of rats which consumed fractions of *D. glomerata* could be explained by the bioactive compounds present in the fraction which would have acted by preventing the absorption of lipids, hence their elimination in the feces.

Effect of powder fraction 212 – 180 μm of *D. glomerata* on organ-to-body weight ratios of rats

Table 5 shows the organ-to-body weight ratios of rats after four weeks of treatment, these results show that there was no significant difference between value of organ-to-body weight ratios of kidney, pancreas, testis, lungs and heart of rats of all groups ($p > 0.05$), however value of liver of normal control and group which consumed powder fraction are not different but low compared to those of others groups. This result can be

explained by the fact that the fraction could have no deleterious effect on the organs.

Effect of powder fractions 212 – 180 μm of *D. glomerata* on lipid profile of rats

Table 6 shows that administration of powder fraction 212 – 180 μm of *D. glomerata* to FT group and atorvastatin to CP group for four weeks resulted in a significant ($p < 0.05$) decrease in the total cholesterol, triglycerides, LDL-Cholesterol levels and increase in HDL-Cholesterol of the rats of these groups compared to control negative group.

Anti-lipase activity of the aqueous extract of powder fraction 212 – 180 μm of *D. glomerata*

Figure 3 shows that the lipase activity is very affected by the extract of the plant fraction. Indeed, this activity is weaker at high concentration; it is 0.15 Mmol/ml/min for a concentration of 25 mg / mL; 0.29 Mmol/ml/min for 20 mg / mL; 0.33 Mmol/ml/min for 15 mg / mL; 0.39 Mmol/ml/min for 10 mg / mL, 0.42 Mmol/ml/min for 5 mg / mL; 0.5 for 2.5mg / mL; 0.54 Mmol/ml/min per 1 mg / mL and 0.67 Mmol/ml/min for 0 mg / mL.

At the concentration of 0 mg/ml, lipase activity is without extract. The percentage of inhibition of pancreatic lipase

activity by the extract of the 180-212 μm fraction of *D. glomerata* describes an exponential appearance depending on the concentration of the extract. The highest inhibition percentage (86.43%) was obtained for the 25 mg / mL concentration. The IC₅₀ which is the concentration which inhibits 50% of the lipase was determined by extrapolation from the curve of the percentages of inhibitions (Figure 4) and is 5 mg/ml. It is important to remember that the smaller the IC₅₀, the greater the lipase inhibition. the lower IC₅₀ value is explained by the inhibitory action of the high phenolic compounds contained in the 180-212 μm fraction.

DISCUSSION

Concerning antihyperlipidemic test, the decrease in weight gain observed in groups which consumed powder fractions may be due to the ability of *D. glomerata* to reduce

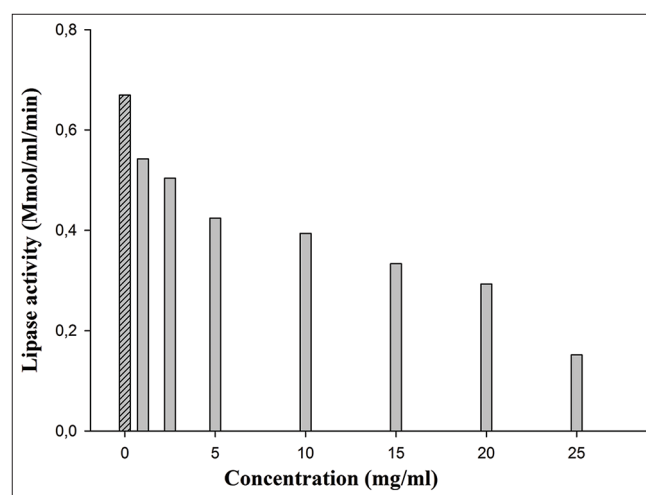


Figure 3: Pancreatic lipase activity graph with and without extract of the aqueous extract of the 180-212μm fraction of the fruits of *D. glomerata*

Table 4: Food intake, weight gain/ lost and faecal lipid of rats at end of hypolipidemic test

Groups	Weight gain/ lost (g)	Food intake (g/day)	Faecal lipid (%)
CNo	8.26±1.23 ^a	23.72±2.50 ^a	7.66±1.02 ^a
CN	8.35±1.71 ^a	22.57±2.22 ^a	9.32±2.11 ^a
CP	9.50±2.07 ^a	22.86±2.43 ^a	8.64±2.05 ^a
FT	-12.05±2.52 ^b	23.82±2.67 ^a	14.97±2.10 ^b

CNo: normal control, CN: negative control, CP: positive control, FT: powder fraction 212 – 180μm. Mean ± SD followed by different letters (a–b) in the same column are significantly different ($p < 0.05$).

Table 5: Organ-to-body weight ratios of rats at end of hypolipidemic test

Groups	Liver	Kidney	Pancreas	Testis	Lungs	Heart
CNo	3.32±0.06 ^a	0.57±0.09 ^a	0.64±0.19 ^a	0.46±0.64 ^a	0.53±0.02 ^a	0.29±1.01 ^a
CN	4.43±0.53 ^b	0.61±0.10 ^a	0.81±0.20 ^a	0.82±0.02 ^a	0.59±0.03 ^a	0.48±1.02 ^a
CP	4.52±0.21 ^b	0.73±0.09 ^a	0.90±0.07 ^a	1.12±0.05 ^a	0.56±0.10 ^a	0.40±1.01 ^a
FT	3.45±0.31 ^a	0.93±0.08 ^a	0.91±0.06 ^a	1.01±0.20 ^a	0.62±0.02 ^a	0.39±1.01 ^a

CNo: normal control, CN: negative control, CP: positive control, FT: powder fraction 212 – 180μm. Mean ± SD followed by different letters (a–b) in the same column are significantly different ($p < 0.05$).

Table 6: Total cholesterol, triglycerides, HDL and LDL cholesterol levels of rats fed with powder fractions 212 – 180 μm of *D. glomerata*

Groups	Triglyceride	Total cholesterol	HDL-cholesterol	LDL-cholesterol
CNo	136.45 ± 3.61 ^b	108.00 ± 0.92 ^b	63.15 ± 1.77 ^c	17.56 ± 0.06 ^b
CN	193.70 ± 3.10 ^d	127.00 ± 0.57 ^d	41.20 ± 0.71 ^a	47.06 ± 1.89 ^c
CP	144.40 ± 2.26 ^c	103.55 ± 0.92 ^a	58.80 ± 0.71 ^b	15.87 ± 1.17 ^{ab}
FT	127.40 ± 0.99 ^a	109.65 ± 0.92 ^b	70.15 ± 1.06 ^d	14.02 ± 0.06 ^a

CNo: normal control, CN: negative control, CP: positive control, FT: powder fraction 212 – 180μm. Mean ± SD followed by different letters (a–d) in the same column are significantly different ($p < 0.05$).

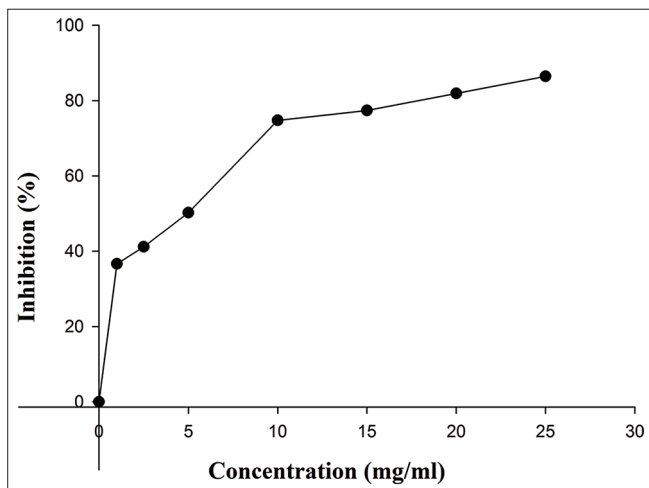


Figure 4: Curve of the percentage inhibition of pancreatic lipase activity by the aqueous extract of the 180-212 μ m fraction of the fruits of *D. glomerata*

fat absorption and lipogenic enzymes and increase fat excretion. In fact, *D. glomerata* fruit contains polyphenols¹⁵ which can inhibit pancreatic lipase activity and lipid absorption thus helps to manage weight. Reduction of blood lipid levels observed could be explained by polyphenols (flavonoids, tannins) contained in powder fractions of *D. glomerata*. In fact, polyphenols could inhibit pancreatic lipase and facilitate excretion of triglycerides, polyphenols could also form complexes with cholesterol and bile acids and cause their excretion in feces,²³ reduction of HMG-CoA reductase activity by polyphenols is another possible mechanism.

Concerning hypolipidemic test, significant reduction in the body weight of rats treated with the 180-212 μ m fraction of *D. glomerata* powder could be explained by its high content of bioactive compounds. This result is in agreement with the study by Kuate *et al.*¹³ which shows a reduction in body weight in obese individuals (30-40 kg / m²) after treatment (8 weeks) with 200 mg of *D. glomerata*. Several studies have reported that the reduction in weight gain is associated with the consumption of foods rich in phenolic compounds which act according to several mechanisms including: the suppression of fat absorption by the intestine, the inhibition of differentiation from pre-adipocytes to adipocytes and stimulation of apoptosis of, mature adipose tissues.^{24, 25} Reduction of levels of blood lipids could be also due to the bioactive compounds in the 180-212 μ m fraction of *D. glomerata*. These bioactive compounds can act according to several mechanisms:²⁶ the modification of lipoprotein metabolism by reducing plasma triglycerides and Apo B concentrations, the reduction of cholesterol absorption by interaction with cholesterol transporters present on the membrane of certain intestinal cells, complexation of bile acids (necessary for the synthesis of cholesterol).

Another possible mechanism of bioactive compounds may be the inhibition of pancreatic lipase. Several authors have reported that polyphenols have the ability to inhibit pancreatic lipase, an enzyme that ensures the hydrolysis of triglycerides into monoglycerides, diglycerides and free fatty acids to be absorbed by the intestine.²⁷ The inhibition will cause the malabsorption of lipids in general and those of triglycerides in particular and consequently their excretions and their plasma levels decrease.²⁷ Lipase activity is very affected by the extract of the plant fraction, this result can be explained by the fact that polyphenols can bind to pancreatic lipase and modify its structure.²⁸ Zaidi²⁹ also found dose-dependent activity using extracts from *Rhamnus alaternus* leaves.

CONCLUSION

Results obtained from the present study indicate that powder of fruits of *D. glomerata* have significant antihyperlipidemic activities which depend on powder fractions. Fraction 180-212 μ m exhibits hypolipidemic effect. Inhibition of pancreatic lipase is one of mechanisms which could explain the effects obtained.

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