To,

The Editor

Asian Journal of Medical Sciences

**Sub:** Submission of Manuscript for publication

Dear Sir,

We intend to publish an article entitled **“**Resting and post exercise Heart Rate Variability in preobese individuals: a comparative study**”** in your journal as an **Original Article**.

On behalf of all the contributors, I will act as the corresponding author.

We also declare that the manuscript has been seen and approved by all authors and would give any additional information which may be helpful to the Editor.

Upon acceptance by Asian Journal of Medical Sciences, all copyright ownership for the article is transferred to Asian Journal of Medical Sciences. We, the undersigned co-authors of this article, have contributed significantly to and share in the responsibility for above. The undersigned stipulate that the material submitted to Asian Journal of Medical Sciences is new, original and has not been submitted to another publication for concurrent consideration.

We also attest that any human and /or animal studies undertaken as part of the research from which this manuscript was derived are in compliance with regulation of our institution(s) and with generally accepted guidelines governing such work.

We further attest that we have herein disclosed any and all financial or other relationships which could be construed as a conflict of interest and that all sources of financial support for this study have been disclosed and are indicated in the acknowledgement. This statement must be signed by all the major co-authors.

Thanking you,

Yours’ sincerely,

Dr. Meenakshi Sinha

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