BACTERIOLOGICAL CHANGES OF BURN WOUNDS WITH TIME AND THEIR ANTIBIOGRAM

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Abstract: A prospective study was carried out in 42 burn patients admitted in burn unit of Bir Hospital over a period of six months from September 2011 to February 2012 to evaluate time-related changes in aerobic bacterial colonization and their susceptibility pattern. Periodic swabs were taken from the burn wound on 1st, 2nd, 3rd and 4th weeks to see the changing pattern of organisms during hospital stay of patients. Wound swabs obtained from the burn patients were subjected to microbiological analysis. The isolates were identified by standard microbiological techniques and their antibiotic susceptibility was determined by using Kirby-Bauer disk diffusion techniques. In the present study burn injury was highest in the age group 25-34 years (28.6%). Male to female ratio was 1:1.5. Fire was the major cause of burn (78.6%) followed by scald burn (7.1%). Among the 168 samples, single organism was isolated in 47.6% samples and mixed organisms in 39.9% and no growth in 12.5%. A total of 215 bacterial species were isolated from 168 samples in which Pseudomonas aeruginosa accounted for the highest percentage 45.6% followed by Staphylococcus aureus (19.1%), Acinetobacter spp. (17.7%) and coagulase negative Staphylococci (CONS) (5.6%). Gram negative bacteria were the dominating bacteria all over the study period and exhibited lower sensitivity to most of the antibiotic used. Furthermore, P. aeruginosa was least sensitive to most antibiotics used. Amikacin was the drug of choice for most Gram negative bacteria and vancomycin was found to be susceptible drug for Gram positive organisms (S. aureus and CONS). Continuous survey and analysis of changing microbial flora and their antibiogram in burn patients help in timely detection and control of spread of infection and also help to review effective antibiotic policies.

Keywords: Burn; Burn wounds infection; P. aeruginosa; Antibiotics resistance.

INTRODUCTION

The skin is an essential component of the nonspecific immune system, protecting the host from potential pathogens in the environment (Chalise et al., 2008). Thermal burns are burn to the skin caused by any external heat source; other types of burn include radiation burns, chemical burns and electrical burns (Chalise et al., 2008; Lawerence and Florencia, 2008). Burns remain a significant public health problem in term of morbidity, long-term disability and mortality throughout the world; especially in economic developing countries (Ekrami and Kalantar, 2007). Despite major advances in the care of burn patients, infectious complications remain an important cause of morbidity and death. Furthermore, wound invasion still represents a major cause of infection in burn intensive care units (Santucci et al., 2003). Burn patients are at a high risk for infection as a result of the nature of the burn injury itself, the immunecompromising effects of burn, prolonged hospital stays and intensive diagnostic and therapeutic procedures (Lari and Alaghehbandan, 2000).

Burn patients have to stay for long period in the hospital and many intravascular and other devices are put in them. Hence they are at greater risk of acquiring hospitalacquired infection. The organisms that predominate as causative agents of burn wound infection in any burn treatment facility change over time. Gram positive organisms are initially prevalent during hospital stay of patients; then gradually become superseded by gram negative opportunists that appear to have a greater propensity to invade (Pruitt 1984). Infection in burn is not only important in being responsible for death but it is also an important factor in the prolongation of hospitalization time and delay in skin grafting. It is therefore essential for every burn institution to determine the time-related changes in predominant flora and antimicrobial sensitivity profile (Ulku et al., 2004).

The data on the changes in microbial profile in burn wound with respect to time are limited. Rapidly emerging nosocomial and community acquired pathogens and the problem of multi-drug resistance necessitates periodic review of isolation patterns and antibiogram in the burn

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ward. Although eradication of infection in burn patients is impossible, a well conducted surveillance; infection control and prevention programme can help reduce the incidence, mortality rates, length of hospitalization and associated costs. The present study is undertaken to study the time related change in micro flora in burn wounds of the burn patients from a tertiary care medical hospital.

METHODS

Samples were collected over a period of six months from September 2011 to February 2012. The microbial colonization of wounds was studied weekly from the date of admission upto the 4th week of hospitalization. Periodic wound swabs were collected at 1st, 2nd, 3rd, and 4th weeks of hospital stay. So during the period the total number of samples from 42 patients was 168. The sampling procedure included collection of swab from deep area of burn wound site prior to any cleansing. In each sampling procedure, the bandages were removed, the remnants of topical antimicrobial agents were scraped away and the wounds were swabbed before washing and applying new topical antimicrobial agents. Puswere collected by using sterile cotton tipped swabs. Specimens were immediately transferred to sterile test tube. In case of collection of sample from dry surface, swabs were moistened with sterile normal saline. After collection, tubes were plugged properly, labeled and carried promptly to the microbiology laboratory. Of two samples taken from each patient, one was used for Gram stain and other for culture (Collee et al., 1999). All wound swab specimens were inoculated on Blood Agar (BA) plate, MacConkey agar (MA) and Nutrient agar (NA) and incubated at 37°C for 18-24 hours (Benson, 2001; Cheesbrough, 2006). Preliminary identification of bacterial isolates were done using colony morphology and characteristics (like pigmentation, haemolysis pattern on blood agar) and also by Gram staining whenever necessary. Conventional biochemical tests from peptone suspensions of the isolates were performed from primary cultures for final identification of the isolates. In brief, Gram negative rods were identified by performing of a series of biochemical tests, namely: catalase test, oxidase test, oxidative-fermentative (OF) test, methyl-red (MR) test, Voges-Proskauer (VP) test, indole test, motility test, hydrogen sulphide (H₂S) production test, triple sugar iron (TSI) reactions, citrate utilization test, and urease test. Gram-positive cocci were identified based on their preference of growth on BA and NA followed by catalase test, oxidase test, OF test and coagulase test (Benson 2001; Cheesbrough 2006). Mueller Hinton Agar (MHA) was used for determining the sensitivity of bacteria by using Kirby-Bauer disk diffusion technique (CLSI 2006).

RESULTS AND DISCUSSION

During the six months of prospective study, the total of 42 patients with a new burn incident were investigated at the burns center. Age wise distribution of patient ranges from 16 to 79 years (mean 38.9, median 33.5, SD 18.9). Incidence of burn was more common in female (60%) as compared to male (40%). Studying the site of burn accident on the body of burn patients, the highest percentage of burn affected was extremities and genitalia 13 (31%). The total body surface area (TBSA) burn range with 15% to 90%; 20-39% burn category included the highest percentage of patients (50.0%). Flame burns resulted in 33 (78.6%) cases followed by scald 3 (7.1%), electrical 3 (7.1%), lightening 2 (4.8%) and acid 1 (2.4%) burns. Majority of burn patients were third degree (full-thickness) burn 28 (67%) and second degree (partial-thickness) burn 12 (28%). First degree burn 2 (5%) accounted for the least number of burn among total patients.

The overall percentage of positive cultures was 87.5% in comparison to the no growth 12.5%. A total of 215 bacterial isolates were identified from 168 pus swabs: *P. aeruginosa* accounted for the highest percentage 98 (45.6%) from the burn wounds followed by *S. aureus* 41 (19.1%) and *Acinetobacter* spp. 38 (17.7%). Meanwhile, CONS, *Klebsiella* spp., *E. coli, Proteus* spp., *Citrobacter* spp. and *Enterobacter* spp. represent the lowest isolated microorganisms and account for 38 (17.7%) isolates. *P. aeruginosa* accounted for the highest percentage 98 (45.6%) from the burn wounds followed by *S. aureus* 41 (19.1%) and *Acinetobacter* spp. 38 (17.7%). Also, *P. aeruginosa* was dominating bacteria in both single and mixed infections (Table 1).

P. aeruginosa 22 (38.6%), *Acinetobacters*pp. 12 (21%) and *S. aureus* 11 (19.2%) were the most prevalent isolates on 1st week culture (pus 1). There was a slight increase in the number of *P. aeruginosa* 28 (50%) while the number of *Acinetobacter* spp. 10 (17.8%) and *S. aureus* 11 (19.6%) remain almost similar from day 1st to 3rd week (pus 3). *Acinetobacter* spp. 6 (13.3%) and *S. aureus* 6 (13.3%) decreased significantly but *P. aeruginosa* 26 (57.8%) remained predominating bacteria from 3rd to 4th week (pus 4). *Klebsiella* spp. and *E. coli* decreases from 3 (5.3%) and 2 (3.5%) to 1 (2.2%) respectively whereas *Citrobacter* spp., *Enterobacter* spp. and *Proteus* spp. were absent at 4th week (pus 4) of culture (Table 2).

	Types o	f infection			
Organisms	Mixed	l	Organisms	Single	
	No.	%		No.	%
P. aeruginosa +Acinetobacter spp.	19	12.9	P. aeruginosa	47	32.0
P. aeruginosa + S. aureus	10	6.8	S. aureus	20	13.6
P. aeruginosa+ CONS	7	4.8	CONS	3	2.0
P. aeruginosa+ E. coli	3	2.0	Acinetobacter spp.	10	6.8
P. aeruginosa + Klebsiella spp.	4	2.7	Klebsiella spp.	0	0
P. aeruginosa + Citrobacter spp.	2	1.4	E. coli	0	0
P. aeruginosa + Proteus spp.	4	2.7	Citrobater spp.	0	0
P. aeruginosa + Enterobacter spp.	1	0.7	Enterobacter spp.	0	0
<i>P. aeruginosa</i> + <i>S. aureus</i> + <i>Klebsiella</i> spp.	1	0.7	Proteus spp.	0	0
S. aureus + Acinetobacter spp.	4	2.7			
S. aureus + CONS	1	0.7			
S. aureus + E. coli	1	0.7			
S. aureus + Proteus spp.	1	0.7			
S. aureus + Klebsiella spp.	3	2.0			
Acinetobacter spp. + CONS	1	0.7			
<i>Acinetobacter</i> spp. + <i>Enterobacter</i> spp.	1	0.7			
<i>Acinetobacter</i> spp. + <i>Citrobacter</i> spp.	1	0.7			
<i>Acinetobacter</i> spp. + <i>E. coli</i>	2	1.4			
Proteus spp. + E. coli	1	0.7			
Fotal	67	45.6		80	54.4

Table 1: Prevalence of bacterial isolates with types of infections.

Organism			Time	of sampling	g (week)				p-value
	First		Secon	d	Third	1	Fourth	1	
	No.	%	No.	%	No.	%	No.	%	
P. aeruginosa	22	38.6	22	38.6	28	50.0	26	57.8	
S. aureus	11	19.2	13	22.8	11	19.6	6	13.3	
CONS	3	5.3	2	3.5	2	3.6	5	11.1	
Acinetobacter spp.	12	21.0	10	17.5	10	17.8	6	13.3	
Klebsiella spp.	3	5.3	3	5.3	1	1.8	1	2.2	0.749
E. coli	2	3.5	1	1.8	3	5.4	1	2.2	
Citrobater spp.	1	1.8	2	3.5	-	-	-	-	
Enterobacter spp.	1	1.8	1	1.8	-	-	-	-	
Proteus spp.	2	3.5	3	5.3	1	1.8	-	-	
Total	57	100	57	100	56	100	45	100	

P. aeruginosa was least sensitive to most of the antibiotic used. However, it was found to be highly sensitive to polymyxin B as it is evident by only 1% resistance. Similarly, almost all (90-97%) *Acinetobacter* spp. was resistant to cotrimoxazol, cefixime and cefotaxime whereas it was more sensitive to amikacin (71.1%) and chloramphenicol (63.2%). In addition, the members of family enterobacteriaceae were found to be sensitive to amikacin, whereas most of them were resistant to cefixime (Table 3).

The antibiotic sensitivity pattern of *S. aureus* showed that most isolates were more sensitive to chloramphenicol (80.5%) and levofloxacin (80.5%). Similarly, almost all isolates of *S. aureus* were found to be susceptible for vancomycin (99.0%). On the other hand, CONS were least sensitive to cotrimoxazole (8.3%), gentamycin (16.7%) whereas no isolate of CONS was resistant to vancomycin. In addition, they offered moderately sensitive to levofloxacin (66.7%) and ciprofloxacin (58.3%) (Table 4).

Antimicrobial sensitivity of *P. aeruginosa* recovered from patient's samples was lower than other isolates. *P. aeruginosa* was found to be resistant to most of antimicrobials used. It was found that the sensitivity pattern of most of the antibiotics used desreased from 1st to 4th week of culture and at the end of 4th week, most of the isolates of *P. aeruginosa* were resistant to all antibiotics except polymyxin B. All isolate of *P. aeruginosa* were sensitive to polymyxin B in contrast, no isolates of *P. aeruginosa* was sensitive to cefixime and cotrimoxazole at 4th week of culture (Table 5).

Acinetobacter spp.were least sensitive (<20%) to half of the antibiotics during the 1st week of the culture. Also, they were completely resistant to three-fourth of the antibiotics which include gentamycin, cefotaxime, cefixime, cotrimoxazol, ciprofloxacin and levofloxacin at the end of 4th week. Amikacin was the most effective antibiotic for *Acinetobacter* spp. followed by chloramphenicol (Table 6).

Cefixime was the least effective drug against most of *S. aureus* isolated from all samples but vancomycin, chloramphenicol and levofloxacin were the effective drugs against most of *S. aureus* from all samples. There was no significant change in sensitivity patterns of antibiotics all over the four weeks (Table 7).

Table 3: Antibiotics sensitiv	vitv '	pattern (of Gram	negative	bacteria.

Organisms				Antibi	otics - No	. (%)			
	AK	GEN	CFM	СТХ	С	СОТ	CIP	LE	PB
P. aeruginosa	35	14	9	24	22	27	20	20	97
n= 98	(35.7)	(14.3)	(9.2)	(24.5)	(22.4)	(27.6)	(20.4)	(20.4)	(99.0)
Acinetobacter spp.	27	12	1	3	24	2	7	15	-
n= 38	(71.1)	(31.6)	(2.6)	(7.9)	(63.2)	(5.3)	(18.4)	(39.5)	
<i>Klebsiella</i> spp.	6	3	1	2	1	3	3	3	-
n= 8	(75.0)	(37.5)	(12.5)	(25.0)	(12.5)	(37.5)	(37.5)	(37.5)	
E. coli	6	2	1	1	1	3	4	5	-
n= 7	(85.7)	(28.6)	(14.3)	(14.3)	(14.3)	(42.9)	(57.1)	(71.4)	
Ctrobacter spp.	3	3	0	2	2	1	2	2	-
n= 3	(100)	(100)	(0)	(66.7)	(66.7)	(33.3)	(66.7)	(66.7)	
Enterobacter spp.	2	1	0	1	2	1	1	1	-
n=2	(100)	(50)	(0)	(50)	(100)	(50)	(50)	(50)	
Proteus spp.	6	6	2	5	5	4	6	6	-
n= 6	(100)	(100)	(33.3)	(83.4)	(83.4)	(66.7)	(100)	(100)	

Table 4: Antibiotic sensitivity pattern of Gram positive bacteria.

Antibiotics	S. aureus	(n =41)	CONS (n= 12)	
	No.	%	No.	%
Amikacin	14	34.5	5	41.7
Gentamicin	17	41.5	2	16.7
Cefixime	9	22.0	5	41.7
Cefotaxime	21	51.2	5	41.7
Chloramphenicol	33	80.5	4	33.3
Co-trimoxazole	15	36.6	1	8.3
Ciprofloxacin	25	61.0	7	58.3
Levofloxacin	33	80.5	8	66.7
Erythromycin	22	53.7	5	41.7
Vancomycin	40	97.6	12	100.0
Oxacillin	19	46.3	3	25.0

Table 5: Antibiotic sensitivity pattern of *P. aeruginosa*.

Antibiotics		Т	ime of sampling (w	eek)	
	First	Second	Third	Fourth	Total
	n=22	n=22	n=28	n=26	n=98
	No. (%)	No. (%)	No. (%)	No. (%)	No. (%)
Amikacin	10 (45.5)	10 (45.5)	9 (32.1)	6 (23.1)	35 (35.7)
Gentamicin	4 (18.2)	5 (22.7)	3 (10.7)	2 (7.3)	14 (14.3)
Cefixime	4 (18.2)	4 (18.2)	1 (3.6)	0 (0)	9 (9.2)
Cefotaxime	7 (31.8)	6 (27.3)	6 (21.4)	5 (19.2)	24 (24.5)
Chloramphenicol	9 (40.9)	7 (31.8)	6 (21.4)	4 (15.4)	26 (26.5)
Co-trimoxazole	8 (36.4)	19 (86.4)	0 (0)	0 (0)	27 (27.6)
Ciprofloxacin	6 (27.3)	6 (27.3)	3 (10.7)	5 (19.2)	20 (20.4)
Levofloxacin	4 (18.2)	9 (40.9)	4 (14.3)	5 (19.2)	22 (22.4)
Polymixin B	22 (100)	22 (100)	27 (96.4)	26 (100)	97 (99.0)

Table 6: Antibiotic sensitivity pattern of Acinetobacter spp.

Antibiotics	Time of sampling (week)							
	First	Second	Third	Fourth	Total			
	n=12	n=10	n=10	n=6	n= 38			
	No. (%)	No. (%)	No. (%)	No. (%)	No. (%)			
Amikacin	7 (58.3)	8 (80.0)	8 (80.0)	4 (66.3)	27 (71.1)			
Gentamicin	4 (33.3)	4 (40.0)	4 (40.0)	0 (0)	12 (31.6)			
Cefixime	0 (0)	0 (0)	1 (10.0)	0 (0)	2 (5.3)			
Cefotaxime	1 (8.3)	1 (10.0)	1 (10.0)	0 (0)	3 (7.9)			
Chloramphenicol	9 (75.0)	6 (60.0)	7 (70.0)	2 (33.3)	24 (63.2)			
Co-trimoxazole	1 (8.3)	1 (10.0)	0 (0)	0 (0)	2 (5.3)			
Ciprofloxacin	2 (16.7)	3 (30.0)	2 (20.0)	0 (0)	7 (18.4)			
Levofloxacin	6 (50.0)	6 (60.0)	3 (30.0)	0 (0)	15 (39.5)			

Table 7: Antibiotic sensitivity pattern of S. aureus.

Antibiotics	Time of sampling (week)							
	First	Second	Third	Fourth	Total			
	n=11	n=13	n=11	n=6	n=41			
_	No. (%)	No. (%)	No. (%)	No. (%)	No. (%)			
Amikacin	3 (27.3)	5 (38.5)	3 (27.3)	3 (50.0)	14 (34.1)			
Gentamicin	7 (63.6)	3 (23.1)	5 (45.5)	2 (33.3)	17 (41.5)			
Cefixime	2 (18.2)	3 (23.1)	3 (27.3)	1 (16.7)	9 (22.0)			
Cefotaxime	6 (54.5)	6 (46.2)	5 (45.5)	4 (66.7)	21 (51.2)			
Chloramphenicol	9 (81.8)	10 (76.9)	9 (81.8)	5 (83.3)	33 (80.5)			
Co-trimoxazole	4 (36.4)	4 (30.8)	4 (36.4)	3 (50.0)	15 (36.6)			
Ciprofloxacin	7 (63.6)	7 (53.8)	7 (63.6)	3 (50.0)	25 (61.0)			
Levofloxacin	8 (72.7)	11 (84.6)	8 (72.7)	5 (83.3)	33 (80.5)			
Vancomycin	10 (91.0)	13 (100)	11 (100)	6 (100)	40 (97.6)			
Oxacillin	7 (63.6)	5 (38.5)	4 (36.6)	3 (50.0)	19(46.3)			

In this study an increase burn number among female (58.5%) compared to male (41.5%) is observed. This may be attributed to the facts that female in Nepal mostly spend their time in kitchen which increases risks of burn accidents. This is in agreement with similar study in Iran (Panjeshahin et al, 2001) and in contradict with studies from Iran (Alaghehbandan et al., 2001) and Palestine (Silfen et al., 2000) in which males were the victims of burns more frequently than females. Extremities and genitalia were the most common sites of burn in Nepal, which may be due to the cultural habit of wearing more cloths especially females and the cloths made of easily flammable cotton. Flame burn (78.6%) was the major cause of burn accidents followed by scald (7.1%)and electrical (7.1%). This may be explained based on the facts that many families of Nepal use poor quality kerosene lamps for lightening; kerosene or open wood fires for cooking and warming as they cannot afford safer heating and lighting devices and stoves. This finding was correlated with other study in Iran (Panjeshahin et al., 2001).

Infection with one or more organisms was present in 87.5% cases in this study. This result was similar to the study conducted in Bangladesh (Saha et al., 2011). The high infections may be due to the cross contamination of the bacteria within or between the patients through contact, air or lack of filtration of air in the burn ward. P. aeruginosa was the most common isolate from burn wound culture which coincides with previous reports (Agnihotri et al., 2004; Nasser et al., 2003; Singh et al., 2003) but is in contrast to other studies which report S. aureus as predominant organism (Komolafe et al., 2003; Lesseva and Hadjiiski, 1996). The difference may be because of the disparity in sampling procedure i.e. in this study there was periodic sampling but that was a cross sectional. Also half of the burn patients were referred from other hospitals after few days stayed.

Gram negative bacteria continued to become the dominant isolates in all four weeks. This finding is in contrast with the studies done in Turkey (Erol *et al.*, 2004) and Nepal (Chalise *et al.*, 2008). Prevalence of *P. aeruginosa* in the burn wards may be due to the fact that organism thrives in a moist environment (Atoyebi*et al.*, 1992). *S. aureus* (19.2%)was the third most predominant organism after *Acinetobacter* spp (21%) in the first week which decreased gradually to 13.3% in fourth week of the hospitalization while CONS increased from 5.3% to 11.1% during those period. Several studies have consistently suggested that CONS should be considered a significant pathogen in both burn patients and critically ill surgical patients (Vindenes and Bjerknes, 1995).

Increasing antimicrobial resistance among burn wound isolates is a matter of concern, with limited treatment options available for multidrug-resistant strains (Agnihotori *et al.*, 2004). Gram negative organisms were least sensitive to most of the antibiotics used. Amikacin (52.5%) was found to be most effective antimicrobial

agent for Gram negative bacteria. The result was similar to the other studies in Brazil (Macedo and Santos, 2005) and Iran (Bojary Nasrabadi and Hajia, 2012). Gram positive bacteria exhibited least sensitive to cefixime (26.4%) and cotrimoxazole (30.2%) while they were highly sensitive to vancomycin (98.8%). Cefixime and cotrimoxazole were found to be least effective drugs for both Gram negative bacteria and Gram negative bacteria rendering them ineffective for use.

P. aeruginosa was least sensitive to cotrimoxazol, chloramphenicol, cefixime, ciprofloxacin, levofloxacin and gentamycin. The sensitivity pattern gradually decreased from 1st week to 4th week of the culture which may be due to the ability of *Pseudomonas* to adapt the hospital environment or improper treatment therapy. Polymyxin B was found to be highly sensitive (99%) against *Pseudomonas*. Similar least sensitivity of antibiotics in *Pseudomonas* has been reported in Hunt and Purdue (1992). Also, other non-enterobacteriaceae like *Acinetobacter* spp. showed low levels of sensitivity to most antibiotics, as also shown in another study (Guggenheim *et al.*, 2009). Almost all isolates of *Acinetobacter* spp. were completely resistant to most antibiotics used at the 4th week of culture.

S. aureus isolates from burn wounds exhibited low sensitive against cefixime (22%), amikacin (34.5%) and cotrimoxazol (36.6%). This was similar to report elsewhere (Kehinde et al., 2003). Vancomycin proved to the most effective antibiotic exhibiting 97.6% sensitivity to S. aureus. Other antibiotics sensitive to S. aureus were levofloxacin (80.5%), chloramphenicol (80.5%) and ciprofloxacin (61.0%). CONS were least sensitive to cotrimoxazole (8.3%), gentamycin (16.7%) whereas all isolates of CONS was sensitive to vancomycin, this was similar to the previous study (Sloos and Dijkshoorn, 2000). In addition, they offered high sensitivity to levofloxacin (66.7%) and ciprofloxacin (58.3%). There were not significant changes in the sensitivity pattern of antibiotics of S. aureus. This may be the reason of decreasing the isolation of S. aureus from 2nd week to 4th week of culture. However, the sensitivity pattern of CONS decreased rapidly, which resulted in, complete resistant of six antibiotics in 2nd week of culture and then remained fluctuated through the study period.

CONCLUSION

In conclusion, Gram negative bacteria were the dominating bacteria all over the study period specially *P. aeruginosa* and most of which were multidrug resistant. Amikacin was the drug of choice for most Gram negative bacteria and vancomycin was found to be effective against Gram positive bacteria (*S. aureus* and coagulase negative staphylococci). Present investigation seem to be helpful in providing useful guidelines for choosing effective therapy against isolates from burn patients.

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